



AMERICAN  
PSYCHOLOGICAL  
ASSOCIATION



PsycLearn®

Sep 4, 2024

**Shania Yoonesi**

has successfully completed

**Less Stress, Better Health**

an online non-credit course authorized by American Psychological Association and  
offered through Coursera

*Kyle Smith*

Dr. N. Kyle Smith  
Content Manager  
American Psychological Association

COURSE  
CERTIFICATE



Verify at:

<https://coursera.org/verify/CJRG7R6A772V>

Coursera has confirmed the identity of this individual and  
their participation in the course.