



5 Courses

**Introduction to Integrative
Therapies and Healing
Practices**

Guided Imagery

Herbal Medicine

**Aromatherapy: Clinical Use
of Essential Oils**

**Mindfulness in Integrative
Healthcare**



Feb 24, 2024

Kobusinge Martha

has successfully completed the online, non-credit Specialization

Integrative Health and Medicine

This specialization for health providers offers an essential background on various integrative therapies, including information on application, mechanism of action, and evidence of benefit, as well as safety and quality considerations. By completing this specialization, you now have the skills to: 1) Assess patient or client need and desire for integrative therapies; 2) Research the evidence on benefits and risk for use of specific integrative therapies; 3) Educate patients or clients about safety and quality concerns; 4) Partner with patients or clients on developing a plan of integrative care that fits their needs and preferences; and 5) Administer the therapy or advise about its use.

Mary Jo Kreitzer, PhD,
RN, FAAN
Director, Earl E. Bakken
Center for Spirituality &
Healing
Professor, School of
Nursing, University of
Minnesota

The online specialization named in this certificate may draw on material from courses taught on-campus, but the included courses are not equivalent to on-campus courses. Participation in this online specialization does not constitute enrollment at this university. This certificate does not confer a University grade, course credit or degree, and it does not verify the identity of the learner.

Verify this certificate at:

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