

## MARTIN HAGGER – CURRICULUM VITAE MAY, 2022

### PERSONAL DETAILS AND CONTACT

Martin St. John Hagger, BA (Hons) (*Loughborough*), PhD (*Loughborough*), Dip Psych (*Open*), PhD (*Jyväskylä*)

Professor of Health Psychology  
Psychological Sciences  
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### EDUCATION

May 1991

**International Baccalaureate**, United World College, Singapore

June 1994

**BA (Hons.) in PE and Sports Science**, Loughborough University, UK

November 1998

**PhD in PE and Sports Science**, Loughborough University, UK

December 2001

**Postgraduate Diploma in Psychology**, Open University, UK

May 2014

**PhD in Sport and Health Sciences**, University of Jyväskylä, Finland

### ACADEMIC POSTS

02/01/1999 – 09/30/2001

**Postdoctoral Research Fellow**, Department of Psychology, University of Sheffield, UK

10/01/2001 – 01/31/2002

**Senior Research Officer**, Department of Psychology, University of Essex, UK

02/01/2002 – 01/21/2006

**Lecturer (Assistant Professor)**, Department of Psychology, University of Essex, UK

02/01/2006 – 04/30/2011

**Reader and Associate Professor**, School of Psychology, University of Nottingham, UK

04/01/2011 – 06/30/2019

**Professor of Psychology**, School of Psychology, Curtin University, Australia

10/30/2013 – 10/30/2018

**John Curtin Distinguished Professor**, Curtin University, Australia

05/01/2016 – 10/30/2020

**Finnish Distinguished Professor (FiDiPro)**, Faculty of Sport and Health Sciences,

University of Jyväskylä, Jyväskylä, Finland

11/01/2020 –

**Visiting Professor (Behavior Change)**, Faculty of Sport and Health Sciences, University of Jyväskylä, Jyväskylä, Finland

07/01/2019 –

**Professor of Health Psychology**, Department of Psychological Sciences, University of California, Merced, USA

07/01/2021 –

**Chair, Graduate Programs in Psychology**, Department of Psychological Sciences, University of California, Merced, USA

### VISITING AND HONORARY POSTS

06/01/2011 – 07/31/2011

**Visiting Professor**, University of Bordeaux, Bordeaux, France

04/01/2014 – 05/31/2014

**Adjunct Professor**, School of Applied Psychology, Griffith University, Australia

07/14/2014 – Present

**Adjunct Professor**, School of Human, Health and Social Sciences, Central Queensland University, Australia

11/17/2014 – 12/01/2014

**Visiting Professor**, Université Grenoble Alpes, Grenoble, France

09/15/2015 – 09/27/2015

**Visiting Professor**, Education University of Hong Kong, Hong Kong

04/15/2016 – 07/04/2016

**Visiting Professor**, Sapienza University of Rome, Rome, Italy

03/01/2017 – 03/31/2017

**Kennedy Y. H. Wong Distinguished Visiting Professor**, Hong Kong Baptist University, Hong Kong

09/01/2018 – 09/21/2018

**Visiting Professor**, Université Paris Nanterre, Paris, France

## **CITATION METRICS (May, 2022)**

Google Scholar: <http://scholar.google.com.au/citations?user=-5rAFa8AAAAJ&hl=en>

ORCID: <http://orcid.org/0000-0002-2685-1546>

ResearchGate: [http://www.researchgate.net/profile/Martin\\_Hagger/](http://www.researchgate.net/profile/Martin_Hagger/)

ResearcherID/Publons: <http://www.researcherid.com/rid/G-5211-2012>

Social psychology network: <http://www.socialpsychology.org/member/martin-hagger>

Indicator	Google Scholar	Web of Science® Publons®	Scopus®
Total citations	38,836	16,544	17,648
i10-index	342	263	270
h-index	97	61	62

Highly cited articles:

Clarivate Analytics Web of Science® *Highly Cited* articles: 17†

Clarivate Analytics Web of Science® *Hot Papers*: 2Δ

†Publication which has been, or is currently, marked as a *Highly Cited Paper* by Clarivate Analytics Web of Science® receiving enough citations to place it the top 1% of its academic field based on a highly cited threshold for the field and publication year, see *List of Publications* for details.

ΔPublication which has been, or is currently, marked as a *Hot Paper* by Clarivate Analytics Web of Science® receiving enough citations to place it in the top 0.1% of papers in its academic field, see *List of Publications* for details.

## **EDITORIAL BOARDS AND SERVICE OF PEER-REVIEWED SCHOLARLY PERIODICALS**

### **Editorships and Editorial Boards**

Role	Journal	Period	2020* Impact Factor
Editor-in-Chief	<i>Health Psychology Review</i>	2011-2019	7.812
Editor-in-Chief	<i>Psychology of Sport and Exercise</i>	2007-2011	4.785
Editor-in-Chief	<i>Stress and Health</i>	2014-2019	3.519
Senior Editor (Health Psychology)	<i>Social Science and Medicine</i>	2021-	4.634
Associate Editor	<i>Frontiers in Psychology (Social &amp; Personality Psychology)</i>	2016-2018	2.990
Associate Editor	<i>Stress and Health</i>	2009-2013	3.519
Associate-Editor	<i>Psychology and Health</i>	2006-2010	3.073
Senior Editor	<i>Health Psychology Bulletin</i>	2017-	–
Editorial Board Member	<i>Atherosclerosis</i>	2017-	5.162
Editorial Board Member	<i>Annals of Behavioral Medicine</i>	2015-	4.908
Editorial Board Member	<i>Brain and Behavior</i>	2014-	2.708
Editorial Board Member	<i>Behavioral Sciences</i>	2020-	–
Editorial Board Member	<i>British Journal of Health Psychology</i>	2006-	3.231
Editorial Board Member	<i>Frontiers in Psychology (Social &amp; Personality Psychology)</i>	2015-2016	2.990
Editorial Board Member	<i>Frontiers in Psychology (Movement Science &amp; Sport Psychology)</i>	2010-2018	2.990
Editorial Board Member	<i>International Journal of Behavioral Medicine</i>	2018-	2.229
Editorial Board Member	<i>International Review of Sport and Exercise Psychology</i>	2008-	20.652
Editorial Board Member	<i>Journal of Behavioral Medicine</i>	2009-2014	2.960
Editorial Board Member	<i>Journal of Sport and Exercise Psychology</i>	2013-2014	3.016
Editorial Board Member	<i>Methods in Psychology</i>	2020-	–
Editorial Board Member	<i>Psychological Bulletin</i>	2019-	17.737
Editorial Board Member	<i>Psychology and Health</i>	2010-	3.073

Role	Journal	Period	2020* Impact Factor
Editorial Board Member	<i>Psychology, Health, and Medicine</i>	2007-	2.423
Editorial Board Member	<i>Psychology of Sport and Exercise</i>	2012-2014	4.785
Editorial Board Member	<i>Social Science and Medicine</i>	2020-2021	4.634
Editorial Board Member	<i>Stress and Health</i>	2021-	3.519
Editorial Board Member	<i>Social Psychology</i> , Hogg and Vaughan	2003-2004	-

\*Journal Citation Reports (Clarivate Analytics, 2020)

### **Peer Reviewer for the Following Journals:**

Acta Psychologica; Addiction Research and Theory; American Journal of Psychology; Annals of Behavioral Medicine; Applied Psychology an International Review; Applied Psychology Health and Well Being; Atherosclerosis; Behavioral Sciences; Brain and Behavior; British Journal of Educational Psychology; British Journal of Health Psychology; British Journal of Psychology; British Journal of Social Psychology; Canadian Journal of Behavioral Science; Clinical Psychology Review; Cognition and Emotion; Consciousness and Cognition; Contemporary Educational Psychology; Current Directions in Psychological Science; Educational Psychology; Emotion; European Journal of Health Psychology; European Journal of Personality; European Journal of Psychology of Education; European Journal of Social Psychology; European Physical Education Review; Exercise and Sport Sciences Reviews; Experimental and Clinical Psychopharmacology; Frontiers in Movement Science and Sport Psychology; Frontiers in Psychology; Frontiers in Public Health; Handbook of Sport Psychology; Health Education Research; Health Expectations; Health Promotion Practice; Health Psychology; Health Psychology Review; Implementation Science; International Journal of Behavioral Development; International Journal of Behavioral Medicine; International Journal of Behavioral Nutrition and Physical Activity; International Journal of Psychology; International Journal of Sport and Exercise Psychology; International Journal of Sport Psychology; International Review of Sport and Exercise Psychology; Journal of Adolescence; Journal of Applied Gerontology; Journal of Applied Social Psychology; Journal of Applied Sport Psychology; Journal of Articles in Support of the Null Hypothesis; Journal of Behavioral Medicine; Journal of Child Psychology and Psychiatry; Journal of Educational Psychology; Journal of Experimental Education; Journal of Experimental Psychology General; Journal of Experimental Psychology HPP; Journal of Experimental Social Psychology; Journal of Health Psychology; Journal of Men's Health; Journal of Personality; Journal of Personality and Social Psychology; Journal of Psychosomatic Research; Journal of Research in Personality; Journal of Social and Clinical Psychology; Journal of Sport and Exercise Psychology; Journal of Sports Sciences; Journal of Theoretical Social Psychology; Learning and Individual Differences; Mental Health and Prevention; Methods in Psychology; Motivation and Emotion; Motivation Science; New Ideas in Psychology; Nutrients; Pain; Pediatric Exercise Science; Perceptual and Motor Skills; Personality and Individual Differences; Personality and Social Psychology Bulletin; Personality and Social Psychology Review; Perspectives on Psychological Science; Physical Education and Sport Pedagogy; PLoS Medicine; PLoS One; PNAS; Preventive Medicine; Preventive Medicine Reports; Psycho-Oncology; Psychological Bulletin; Psychological Reports; Psychological Science; Psychology and Health; Psychology of Sport and Exercise; Psychology, Health and Medicine; Psychosomatic Medicine; Public Health; Research Quarterly for Exercise and Sport; Review of Educational Research; Review of General Psychology; Sage Open; Scandinavian Journal of Medicine and Science in Sports; Scandinavian Journal of Psychology; Self and Identity; Social and Personality Psychology Compass; Social Cognition; Social Cognitive and Affective Neuroscience; Social Psychological and Personality Science; Social Psychology; Social Science and Medicine; Sport and Exercise Psychology Review; Sport Exercise and Performance Psychology; Stress and Health; Teaching and Teacher Education; Trends in Cognitive Sciences; Trials; Work and Stress; WWM Primary Care Research.

### **Peer Reviewer for the Funding Organizations:**

Australian Research Council (ARC); British Academy; Cancer Research UK; Economic and Social Research Council (ESRC), UK; European Research and Advisory Board; Fonds Wetenschappelijk Onderzoek (FW) Flanders, Belgium; Israel Science Foundation, Israel; Israeli National Institute for Health Policy, Israel; Medical Research Council, UK; National Health and Medical Research Council (NHMRC), Australia; National Institute of Education, Singapore; National Institute of Health Research (NIHR), UK; National Science Foundation, USA; Nuffield Foundation, UK; Puerto Rico Science, Technology and Research Trust; SSHRCC; Social Sciences and Humanities Research Council (SSHRC), Canada; Wellcome Trust, UK; Warwick and West Midlands Primary Care Research, UK; ZonMw, Netherlands.

### **GUEST EDITOR OF JOURNAL SPECIAL ISSUES**

- Guest Editor Special Issue of *Behavioral Sciences*: "Health Behavior Change: Theories, Methods, and Interventions", forthcoming 2022 (with Dr. Kyra Hamilton).

- Guest Editor Special Issue of *Social Psychology*: “Ego depletion and Self-Control: Conceptual and Empirical Advances”, volume 50, issue 5-6, September 2019 (with Dr. Junhua Dang).
- Guest Editor Special Issue of *Australian Psychologist*: “The State of Health Psychology in Australia”, volume 49, issue 2, April 2014 (with Dr. Kyra Hamilton).
- Guest Editor Special Issue of *Psychology and Health*: “Physical Activity Research Showcasing Theory into Practice”, volume 25, issue 1, January 2010.
- Guest Editor Special Issue of *British Journal of Health Psychology*: “Theoretical Integration in Health Psychology”, volume 14, issue 2, May 2009.
- Guest Editor Special Issue of *Psychology of Sport and Exercise*: “Advances in Self-Determination Theory Research in Sport and Exercise Psychology”, volume 8, issue 5, September 2007 (with Prof. Nikos Chatzisarantis).

## **POSITIONS OF RESPONSIBILITY AND SERVICE TO PROFESSION**

2004-2007	<b>Honorary Treasurer</b> , <i>British Psychological Society, Division of Sport and Exercise Psychology</i>
2005-present	<b>International Scholar</b> , <i>Self-Determination Theory</i> , <a href="http://www.selfdeterminationtheory.org">www.selfdeterminationtheory.org</a>
2006	<b>Chair of Organizing Committee</b> , <i>British Psychological Society Division of Health Psychology Annual Conference 2006</i> , University of Essex, UK
2006-2007	<b>Member</b> , <i>BPS Division of Health Psychology Conference Scientific Committee</i>
2007-2008	<b>Chair</b> , <i>British Psychological Society (BPS), Division of Health Psychology</i>
2007-2009	<b>Panel Member</b> , <i>NICE Program Development Group for Physical Activity and Children</i>
2010	<b>Lead Author</b> , <i>BPS response to House of Lords’ Science and Technology Committee Call for Evidence on Behaviour Change</i>
2010-2011	<b>Founding Member</b> , <i>British Society for the Psychology of Individual Differences</i>
2010-2015	<b>Member</b> , <i>UK Economic and Social Research Council (ESRC) Peer Review College</i>
2013-2015	<b>Member Research Committee</b> , <i>Healthway (The Western Australian Health Promotion Foundation – Government of Western Australia)</i>
2013-2019	<b>Panel Member</b> , <i>Alcohol Advertising Review Board</i> ( <a href="http://www.alcoholadreview.com.au/">http://www.alcoholadreview.com.au/</a> )
2014	<b>Member</b> , <i>International Society of Behavioral Medicine Congress Scientific Committee</i>
2014	<b>Scientific Committee Member</b> , <i>International Congress of Behavioral Medicine</i>
2017	<b>Panel Member</b> , <i>Centre for Research Excellence in Clinical Research Funding, National Health and Medical Research Council</i>
2019	<b>Member of Scientific Committee</b> , <i>FEPSAC Congress, Munster, Germany, 2019</i>
2020	<b>Co-Chair</b> , <i>Theories and Techniques of Behavior Change Special Interest Group, Society of Behavioral Medicine</i>

## **MEMBERSHIP OF LEARNED SOCIETIES**

- American Psychological Association, Division 38 (Health Psychology) (2014-Present)
- Australasian Society of Health and Behavioural Medicine (2012-Present)
- British Psychological Society, Chartered Health and Sport and Exercise Psychologist (2002-2012)
- European Health Psychology Society (2008-Present)
- European Association of Experimental Social Psychology (2007-2010)
- Health Professions Council UK, Registered Health and Sport and Exercise Psychologist (2009-2012)
- Social and Personality and Health Network (2015-Present)
- Society for Personality and Social Psychology (2002-2012)
- Social Psychology Network (2008-Present)
- Society for the Study of Motivation (2010-Present)
- UK Society of Behavioural Medicine (2006-2010)
- Accredited Sport Scientist with the British Association of Sport and Exercise Sciences (BASES) (2000-2009)

## **EXTERNAL EXAMINING**

### **External Examiner for Degree Programs**

- External examiner for BSc in Psychology (Young and Community Development) in the Faculty of Psychology and Education, University of Malaysia Sabah (2015)
- External examiner for Degrees in Sport and Exercise Sciences in the School of Sport and Exercise Sciences at University of Birmingham (2010-2011)
- External examiner for Degrees in Psychology in the School of Psychology at University of Keele (2009-2011)
- External examiner for Degrees in Psychology in the School of Psychology at University of Plymouth (2008-2011)

- External examiner for periodic review of Degrees in Psychology in the Department of Psychology at University of Central Lancashire (2008)
- External examiner for Degrees in Sport and Exercise Sciences in the School of Social, Health, and Natural Sciences at University of Sunderland (2007-2011)
- External examiner for MSc in Active Recreation and Health, at the University of Wales, Newport (2005-2009)

#### **External Examiner/Reader for PhD Theses**

**Ahmad Ali**, Brunel University, UK, 29.06.2003; **Tawfeeq Albakry**, University of Exeter, UK, 08.09.2006; **Erika Borkoles**, University of Hull, UK, 10.06.2010; **Ruth Boat**, Loughborough University, UK, 11.10.2016; **Tracy Brickell**, University of Southern Queensland, Australia, 09.12.2002; **Eugene Cheong**, National Institute of Education, Singapore, 21.04.2011; **Peter Chua**, University of Western Australia, Australia, 25.03.2012; **Michelle Curran**, University of Southern Queensland, Australia, 28.05.2012; **Junhua Dang**, Lund University, Sweden, 17.10.2017; **Melfy Eddosary**, University of Exeter, UK, 15.04.2010; **Kyra Hamilton**, Queensland University of Technology, Australia, 09.06.2011; **Gareth Hollands**, King's College, London, UK, 11.12.2009; **Magdalena Katomeri**, Plymouth University, UK, 27.06.2008; **Yohannes Keflemariam**, La Trobe University, Australia, 07.11.2012; **Andre Koka**, Tartu University, Estonia, 15.06.2006; **Emily Kothe**, University of Sydney, Australia, 10.03.2012; **Coral Boon San Lim**, National Institute of Education, Singapore, 02.11.2012; **Marisa Loft**, University of Auckland, New Zealand, 08.06.2011; **Tanya Osicka**, Deakin University, Australia, 10.09.2016; **Erin Pearson**, Victoria University, Australia, 11.12.2006; **Kirby Sainsbury**, University of Sydney, Australia, 20.07.2013; **Timothy Schofield**, UNSW, Australia, 15.06.2014; **Silje Skar**, University of Aberdeen, UK, 03.12.2010; **Erica Thomas**, Worcester University, UK, 18.01.2010; **Ian Taylor**, University of Birmingham, UK, 29.08.2008; **Rosemary Walsh**, Flinders University, Australia, 07.10.2016.

#### **Internal Examiner/Thesis Chair/Thesis Committee Roles**

Date	Candidate	University	Role
06.02.2012	Kylie Heritage	Curtin University	Internal examiner
30.10.2009	Nadja Heym	University of Nottingham	Internal examiner
23.08.2007	Jane Ward	University of Nottingham	Internal examiner
2020	Bianca Hinojosa	University of California, Merced	Faculty advisory committee
2020	Sara Fleszar-Pavlović	University of California, Merced	Candidacy/dissertation committee

#### **RESEARCH FUNDING**

2000	UK Sport, £500 to represent UK Sport at the European College of Sport Science Congress, Jyväskylä, Finland, July 19-24, 2000
2002-2003	University of Essex Research Promotion Fund, £4,711 for "Implementing intentions to drink carbohydrate-electrolyte solutions during exercise" (PI).
2003-2007	ESRC 1 + 3 Studentship award for Jemma Harris, £30,000 for "Effects of global and contextual self-determined motivation on health behaviour" (PI). Results published as in articles in <i>Personality and Social Psychology Bulletin</i> , <i>Motivation &amp; Emotion</i> , and <i>Journal of Applied Biobehavioral Research</i> . PhD completed in November 2007.
2007-2009	European Research Advisory Board, €105,000 for "A psychosocial intervention to reduce high-risk single-session alcohol (binge) drinking among company employees in a workplace setting in four European nations" (PI) with Vello Hein (Tartu University, Estonia), Magnus Lindwall (University of Gothenburg, Sweden) and Taru Lintunen (University of Jyväskylä, Finland).
2008-2009	Leverhulme Trust, £87,000 for "On the origins and nature of ego-energy: Effects of choice on self-control" (PI) with co-CI Nikos Chatzisarantis (Plymouth University, UK).
2009-2012	Singapore Ministry of Education AcRF Tier 2 funds S\$506,000 (£214,000) for "Understanding human self-control and decision making" (CI) with Nikos Chatzisarantis (National Institute of Education, Singapore).
2009-2013	ESRC CASE award- PhD project, £30,000 for "Integrating Prospect Theory (framing effects) and the Common Sense Model of illness to improve medication compliance in glaucoma patients" (CI) with Prof. Eamonn Ferguson (University of Nottingham, UK, PI), and Drs. Anthony King and Alex Foss (Queens Medical Centre, Nottingham, UK).

2009-2010	Department of Health/Government Office of the East Midlands, £3,998 for “Review of regional print media reporting of alcohol-related harm” (PI).
2010-2011	Alcohol Education and Research Council, £39,359 for “The cost of alcohol: The advocacy for a minimum price per unit in the UK” (PI) with co-PIs Prof Justine Schneider (University of Nottingham, UK), Prof Rob Baggott (De Montfort University, UK), and Dr Gillian Penny (University of Northampton, UK).
2010	British Psychological Society Undergraduate Research Assistantship Scheme, £1,600 for “Glucose as a mediator of self-control in the delay of gratification paradigm in children” (PI) with Leung Chung-Ming (University of Nottingham, UK).
2012	PsyLife Small Grant Scheme, AUS\$4631.20 for “Perfectionism and Willpower: Evidence that Perfectionists are Resistant to the Deleterious Effects of Self-Control Resource Depletion” (PI) with Sarah J. Egan (Curtin University, Australia, CI).
2012	PsyLife Small Grant Scheme, AUS\$1984.80 for “Effect of Chewing Glucose-Infused and Sugar-Free Gum on Willpower” (PI) with Derwin K. C. Chan (Curtin University, Australia, CI).
2012-2013	Government of Australia, Anti-Doping Research Programme, AUS\$120,693.10 for “Generating and using evidence to develop anti-doping educational materials for young athletes in different sports” (PI) co-investigators Robert Donovan (Curtin University, Australia), James Dimmock (University of Western Australia, Australia), Matt Burgin (Western Australia Institute of Sport, Australia), Vanessa Lentillon-Kaestner (University of Lausanne, Switzerland), and Sarah Hardcastle (University of Brighton, UK).
2012-2013	Australian Research Council, Discovery Project (#DP130103277), AUS\$95,834 for “Advancing the science of willpower: Investigating the mechanisms and processes of self-control” (PI) Jonathan Foster (Curtin University, UK), Eric Vanman (University of Queensland, Australia), and Michael Smith (Northumbria University, UK).
2012-2013	Healthway (the Western Australian Health Promotion Foundation) Health Promotion Research Grant, AUS\$156,000 for “Minimum pricing for alcohol: what does the WA public think?” (PI) Natasha Carragher (University of New South Wales, Australia), Mike Daube and Tanya Chikritzhs (Curtin University, Australia), and Adam Lonsdale (Oxford Brookes University, UK).
2013-2014	Government of Western Australia, Department of Sport and Recreation, AUS\$56,680.06 for “ <i>Developing Champions</i> Participant Evaluation Tool (DC-PET) Development” (PI) with Prof. Marian Tye (Curtin University, Australia).
2014	School of Psychology and Speech Pathology Research Award, AU\$5,000 for “Common sense model of illness representation: A psychometric evaluation of the revised illness perception questionnaire for different types of diseases” (CI) with Derwin K. C. Chan (Curtin University, Australia, PI) and Nikos L. D. Chatzisarantis (Curtin University, Australia).
2014	School of Psychology and Speech Pathology Research Award, AU\$5,000 for “Ego-depletion and anti-doping in sport: Does reduced self-control impair athletes’ awareness to banned performance-enhancing substances?” (CI) with Nikos Ntoumanis (Curtin University, Australia, PI), Nikos L. D. Chatzisarantis (Curtin University, Australia), and Derwin K. C. Chan (Curtin University, Australia, CI).
2014	School of Psychology and Speech Pathology Research Award, AU\$5,021 for “Health Behaviour Change in Colorectal Cancer Survivors: A qualitative Study exploring the factors influencing physical activity and healthy eating among colorectal cancer survivors” (CI) with Sarah J. Hardcastle (Curtin University, Australia, PI) and Moira O’Connor (Curtin University, Australia).
2014	School of Psychology and Speech Pathology Research Award, AU\$4,800 for “Exploring Western Australian’s causal beliefs about factors that lead to binge drinking using focus group interviews and cognitive structural modelling” (CI) with David A. Keatley (Curtin University, Australia, PI), Sarah J. Hardcastle (Curtin University, Australia) and Vanessa Allom (Curtin University, Australia).
2014	Health Collaborative Research Network (HCRN) travel award AUS\$2,800 for “The science behind ‘willpower’: Neural mechanisms” and “Identifying factors related to hazardous pre-drinking in young

people” visits to Queensland University of Technology, Central Queensland University and University of Queensland, Brisbane, Australia with Prof. Katy White (Queensland University of Technology, Australia), Dr. Amanda Rebar (Central Queensland University, Australia), and Dr. Eric Vanman (University of Queensland, Australia).

- 2014 Health Collaborative Research Network (HCRN) travel award AUS\$3,600 for “Extending the health self-control model to include the construct of habit” and “Continuation of the neural bases of self-control project” visits to Griffith University, Central Queensland University and University of Queensland, Brisbane, Australia with Dr. Kyra Hamilton (Griffith University, Australia), Dr. Amanda Rebar (Central Queensland University, Australia), and Dr. Eric Vanman (University of Queensland, Australia).
- 2014-2015 Behavioural Basis of Health, Griffith University and Research Allocation Fund (RAF) grant, Curtin University, AUS\$ 10,182 for “Identifying the behaviour modification strategies most effective in changing the ‘big four’ health-promoting behaviours: increasing physical activity, healthy eating, alcohol reduction, and smoking cessation” (PI) with Kyra Hamilton (Griffith University, Australia).
- 2014-2015 International Atherosclerosis Society and Pfizer, AUS\$346,338 for “Translational Research for Improving the Care of FH: The Ten Countries Study” (CI) (Grant ID: 10839501) with Prof. Gerald F Watts (Australia) (PI), Prof. David R Sullivan (Australia), Prof. Stephen Nicholls (Australia), Prof. Raul Santos (Brazil), Prof. Shizuya Yamashita (Japan), Prof. Brian Tomlinson (Hong Kong), Prof. Jie Lin (China), Prof. Peter George (New Zealand), Prof. A David Marais (South Africa), Prof. Jeong Euy Park (South Korea), Prof. Michael Livingston (International FH Foundation) and Prof. Eric Sijbrands (Netherlands).
- 2015-2016 St. John of God Healthcare, AUS\$20,000 for PhD scholarship for Chloe Maxwell-Smith on a project entitled “The promotion of health behaviour change in colorectal cancer survivors” (CI) with Sarah J. Hardcastle (PI) and Nik Zeps (St. John of God Healthcare and Curtin University, Australia).
- 2015-2017 Health Collaborative Research Network (HCRN), AUS\$50,000 (HCRN), AUS\$25,000 (Faculty of Health Sciences, Curtin University), AUS\$50,000 (School of Psychology and Speech Pathology, Curtin University) for “The PATHS study: Physical Activity Tailored intervention in Hospital Staff: A randomized controlled trial investigating the feasibility, acceptability and efficacy of web-based intervention” (PI), co-investigators Corneel Vandelanotte (Central Queensland University, Australia), Amanda Rebar (Central Queensland University, Australia) and Ben Gardner (King’s College, London, UK).
- 2015 Menzies Health Institute Queensland, AU\$12,000 for “Investigating the impact of alcohol-related drowning prevention interventions: a systematic literature review” (CI) with Kyra Hamilton (Griffith University, Australia, PI) and Amy Peden (RLSA).
- 2015 British Academy Small Research Grants £10,000 for “Time perspective effects in persuasion and behaviour change” (CI) with Sheina Orbell (University of Essex, UK, PI)
- 2016-2020 The Finland Distinguished Professor Programme (FiDiPro) Fellowship funded by Tekes, €777,337 for “Motivation: Theory- and Evidence-Based Interventions to Increase Physical Activity” (PI) with Taru Lintunen (University of Jyväskylä), Ilkka Vuori (University of Tampere), Nelli Hankonen (University of Tampere, Finland), Asko Härkönen (Kisakallio Sports Institute, Finland), Joni Kettunen (Firstbeat Technologies OY, Finland), Kari Keskinen (Finnish Society of Sport Sciences, Finland), Jari-Erik Nurmi (University of Jyväskylä, Finland), Tuomo Rossi (University of Jyväskylä, Finland), Pekka Sivonen (Zedoscan OY, Finland), and Antti Uutela (National Institute of Health and Welfare, Finland).
- 2016 Center for Effective Global Action (CEGA) and the Berkeley Initiative for Transparency in the Social Sciences (BITSS) Social Science Meta-Analysis and Research Transparency (SSMART) grant US\$28,437 for “Development of an Integrated Theoretical Model of Condom Use for Young People in Sub-Saharan Africa” (CI) with Cleo Protogerou (University of Cape Town, South Africa, PI) and Blair Johnson (University of Connecticut, USA).
- 2016 Royal Life Saving Society – Australia (RLSA) and School of Applied Psychology, Griffith University AU\$14,000 for “A review of personal, social, and environmental factors associated with lifejacket wear in adults and children” (CI) with Kyra Hamilton (Griffith University, Australia, PI) and Amy Peden (RLSA).



2017-2018	HK Health and Medical Research Foundation (HMRF) HK\$99,840 for “Building a theory-driven smartphone application for monitoring and promoting orthopaedic patients’ motivation and adherence to medical regimen in Hong Kong: A pilot randomised controlled trial” (CI) with Derwin C. K. Chan (University of Hong Kong, Hong Kong, PI), Yung S.-H. P. (Chinese University of Hong Kong, Hong Kong), Macfarlane, D. (University of Hong Kong, Hong Kong), Kam M. M. (Chinese University of Hong Kong, Hong Kong), and Chris Lonsdale (Australian Catholic University, Australia).
2017-2018	World Anti-Doping Agency (WADA) Target Social Science Research Grant Program US\$64,975 for “Developing an evidence-based smartphone application for monitoring and promoting athletes’ awareness to unintentional doping” (CI) with Derwin C. K. Chan (University of Hong Kong, Hong Kong, PI), Gucciardi, D. (Curtin University, Australia), and Yung S.-H. P. (Chinese University of Hong Kong, Hong Kong).
2018-2020	Finland Ministry of Education and Culture €410,908 for “Using Physical Education to Promote out-of-School Physical Activity in Lower Secondary School Students: A Randomized Controlled Intervention Based on Behavioural Theory” (PI) with Taru Lintunen, Mary Chasandra, and Mirja Hirvensalo (University of Jyväskylä, Finland).
2017-2019	HK Health and Medical Research Foundation (HMRF) HK\$729,320 for “Promoting influenza prevention for elderly people in Hong Kong: A Health Action Process Approach” (CI) with Chungqing Zhang (Hong Kong Baptist University, Hong Kong, PI), Joseph Tak Fai Lau (Chinese University of Hong Kong, Hong Kong), Pak-Kwong Chung (Hong Kong Baptist University, Hong Kong), Yanping Duan (Hong Kong Baptist University, Hong Kong), and Derwin C. K. Chan (University of Hong Kong, Hong Kong).
2017	Royal Life Saving Society Australia (RLSA) and School of Applied Psychology, Griffith University, AU\$7,210 for “Effects of message framing in drowning prevention communication: A temporal and self-regulatory framework” (CI) with Kyra Hamilton (Griffith University, PI), Amy Peden (RLSA), and Jacob Keech (Griffith University).
2017-2018	International Olympic Committee Advanced Olympic Research Grant Programme, US\$13,248 for “Self-compassion as a fundamental deterrent to using performance enhancing drugs” (CI) with Nikos L. D. Chatzisarantis (Curtin University, PI).
2017	Royal Life Saving Society Australia (RLSA) and MenziesHIQ 2017 Incentive Quality Development Scheme, AU\$20,000 for “Changing driver behaviour during floods: Testing a novel e-health intervention using implementation imagery” (CI) with Kyra Hamilton (Griffith University, PI) and Amy Peden (RLSA).
2018	Seed Fund for Translational and Applied Research, University of Hong Kong, HK\$110,800 for “Developing an mHealth platform for the promotion of public awareness to antimicrobial resistance” (CI) with Derwin Chan (University of Hong Kong, PI), Ching Lung Cheung (University of Hong Kong, CI), and Daniel Churchill (University of Hong Kong, CI).
2019-2021	Foundation for Polish Science, 897,562 PLN (AU\$332,111.40) for “A theory-based online-delivered intervention to promote weight loss maintenance: a within-person randomised controlled trial” (CI) with Dominika Kwasnicka (Curtin University, CI), Eleanor Quested (Curtin University, CI), Felix Naughton (University of East Anglia, UK, CI), and Aleksandra Luszczynska (University of Colorado, Colorado Springs, CI).
2019-2021	Health and Medical Research Fund, Hong Kong Food and Health Bureau, HK\$927,360 for “Effectiveness of a theory-driven smartphone application on orthopaedic patients’ motivation and adherence to medical regimen in Hong Kong: A randomised controlled trial” (grant # 16172201) (CI) with Derwin Chan (University of Hong Kong, PI), Patrick Shu-Hang Yung (Chinese University of Hong Kong, CI), Thomson Wai Lung Wong (University of Hong Kong, CI), Chris Lonsdale (Australian Catholic University, CI), and Parco Ming Fai Siu (University of Hong Kong, CI).
2019-2020	Griffith University (Health)/The Hong Kong Polytechnic University (Faculty of Health and Social Sciences) Collaborative Research Grants Scheme, AU\$25,030 for “Development of a novel imagery intervention to change implicit theories about willpower: Evaluation in Australian and Chinese university students” (CI) with Kyra Hamilton (Griffith University, PI), Shimin Zhu (HK Polytechnic University, PI), Jacob Keech (Griffith University, CI), Melanie Zimmer-Gembeck (Griffith University, CI), and Hector Tsang (HK Polytechnic University, CI).



2019-2020	Sanitarium Health Food Company, AU\$83,293.12 for “The role of conscious and non-conscious processes on children’s food choices” (CI) with Kyra Hamilton (Griffith University, PI).
2019-2021	2019 Health Group Seed Grant Scheme, Griffith University, AU\$75,936.32 for “Improving caregiver oral self-care and healthy dietary habits for young Indigenous children: Developing a culturally specific oral health promotion model” (CI) with Kyra Hamilton (Griffith University, PI), Newell W. Johnson (Griffith University, CI), Maree Toombs (University of Queensland, CI), Jeroen Kroon (Griffith University, CI), and Lauren Williams (Griffith University, CI).
2020	Alliance for a Cavity Free Future (ACFF) Community Grant, AU\$9,600.00 for “Developing a culturally specific oral health promotion model for First Peoples children” (CI) with Kyra Hamilton (Griffith University, PI), Newell W. Johnson (Griffith University, CI), Maree Toombs (University of Queensland, CI), Jeroen Kroon (Griffith University, CI), and Lauren Williams (Griffith University, CI).
2020-2023	HK Research Grants Council General Research Fund (GRF) HK\$1,076,226 for “A blended intervention to promote physical activity, health, and work productivity among office employees using intervention mapping: A cluster randomized controlled trial” (CI) with Gemma Gao (Hong Kong Baptist University, Hong Kong, PI), Xiangyan Chen (Hong Kong Polytechnic University, Hong Kong), Siu Ming Fong (University of Hong Kong), Wendy Yajun Huang (Hong Kong Baptist University, Hong Kong), and Chunqing Zhang (Hong Kong Baptist University, Hong Kong).
2021-2027	Academy of Finland, Competitive Funding to Strengthen University Research Profiles (Profi 6), €5.7M with €842 000 for “The behaviour change, health, and well-being across the lifespan – from basic research to implementation (BC-Well)” strategic area to develop the University of Jyväskylä into a world class center of research in behavior change, Co-PI with Taru Lintunen (Faculty of Sport and Health Sciences, University of Jyväskylä), Juha Holma (Faculty of Education and Psychology, University of Jyväskylä), and Tiina Parviainen (Jyväskylä Centre for Interdisciplinary Brain Research).
2022-2023	Finland Ministry of Education, Science, and Culture, Sport Science Grants, €135 000 for “A collaborative theory-based intervention to promote physical activity among sedentary parents and their children (ProAct)” Lead-PI with Keegan Knittle (Faculty of Sport and Health Sciences, University of Jyväskylä, Finland), Taru Lintunen (Faculty of Sport and Health Sciences, University of Jyväskylä, Finland), Juho Polet (Faculty of Sport and Health Sciences and Faculty of Psychology and Education, University of Jyväskylä, Finland), Mary Hassandra (School of Physical Education, Sport and Dietetics Science, University of Thessaly, Greece), Motse Ruiz (Faculty of Sport and Health Sciences, University of Jyväskylä, Finland), Arto Laukkanen (Faculty of Sport and Health Sciences, University of Jyväskylä, Finland), Jekatarina Schneider (Centre for Appearance Research, University of the West of England, UK), Hanna-Marie Toivonen (Faculty of Sport and Health Sciences, University of Jyväskylä, Finland), Ryan Rhodes (Exercise Science, Physical and Health Education, University of Victoria, Canada), Stuart J. H. Biddle (Centre for Health Research, Central Queensland University, Australia), Kiasa Aunola (Faculty of Psychology and Education, University of Jyväskylä, Finland), Derwin K. C. Chan (Faculty of Education and Human Development, Education University of Hong Kong, Hong Kong), Kyra Hamilton (School of Applied Psychology, Griffith University, Australia), Nelli Hankonen (Faculty of Social Sciences, University of Tampere, Finland), Virpi-Lisa Kykyri (Faculty of Psychology and Education, University of Jyväskylä, Finland), Tommi Kärkkäinen (Faculty of Information Technology, University of Jyväskylä, Finland), and Arja Säakslahti (Faculty of Sport and Health Sciences, University of Jyväskylä, Finland)

PI = Principal Investigator

CI = Co-Investigator

## **EARLY CAREER/GRADUATE STUDENT MENTORSHIP**

### **Line Manager of Postdoctoral Researchers** (*N* = 16)

**Derwin Chan** (2013-2015); **Maria Chassandra** (2017-2019); **Rachael Glassey** (2014); **David Keatley** (2013-2015); **Svietlana Kamarova** (2009-2012); **Severine Koch** (2014-2015); **Dominika Kwasnicka** (2015-2017); **Arto Laukkanen** (2017-2020); **Adam Lonsdale** (2010-2011); **Alexander Montasem** (2002-2003); **Juho Polet** (2018-2021); **Greg Ruthenbeck** (2019-2021); **Katerina Schneider** (2019-2020); **Chris Stiff** (2008-2009); **Chantelle Wood** (2008-2009); **John Zadra** (2014).

### **Host of Visiting Professors** (*N* = 6)

**Charles Abraham** (University of Exeter, UK, 2013); **Kyra Hamilton** (Griffith University, Australia, 2013, 2022); **Vello Hein** (2004, Tartu University, Estonia); **Andre Koka** (2005, Tartu University, Estonia); **Nikos Ntoumanis** (University of Birmingham, UK, 2013); **Ihsan Sari** (2021, Sakarya University of Applied Sciences, Turkey)

**Advisor of PhD Students – Current** (*N* = 11)

**Jessica Balla** (year 2); **Thaís Benoit** (year 2); **Zoe Griffiths** (year 2); **Kaylyn McAnally** (year 3); **Rabia Majeed** (year 1, recipient of a Fulbright Scholarship); **Lauren McKinley** (year 3, recipient of the ‘hot chalk’ scholarship, co-supervised with Kyra Hamilton, Griffith University); **Heidi Pasi** (year 6, Finnish National scholarship, co-supervised with Prof. Taru Lintunen, University of Jyväskylä); **Juho Polet** (year 5, Finnish Ministry of Education, co-supervised with Prof. Taru Lintunen); **Sabryna Sas** (year 3, co-supervised with Dr. Kyra Hamilton, Griffith University); **Danielle Simpson** (year 2); **Sun Yan** (year 2, co-supervised with Dr. Gemma Gao, Hong Kong Baptist University).

**Advisor of PhD Students – Completed** (*N* = 26)

**Daniel Brown** (completed June 2020, co-supervised with Dr. Kyra Hamilton and Prof. Shirley Morrissey); **Kim Caudwell** (completed June 2017, funded by an Australian Postgraduate Award (APA), co-supervised with Dr. Barbara Mullan); **Derwin Chan** (completed August 2012, recipient of University of Nottingham International Scholarship Award; Currently Assistant Professor, School of Public Health, University of Hong Kong, Hong Kong); **Joanne Cranwell** (completed November 2013, co-supervised with Dr. Steve Benford and Dr. Robert Haughton, University of Nottingham; Currently Assistant Professor in the Department for Health, University of Bath, UK); **Saeideh Botlani Esfahani** (completed 2019, co-supervised with Dr. Sebely Pal); **Ashley Fenner** (completed May 2014; funded by CAFAP research project, co-supervised with Prof. Leon Straker and Dr. Melissa Davis); **Judith Hancock** (completed May 2013, co-supervised with Dr. Katherine Brown and Prof. Louise Wallace, Coventry University); **Jemma Harris** (completed November 2007; Currently Senior Lecturer (Assistant Professor) in the School of Psychology, University of East London); **Anne Hattar** (completed July 2016, co-supervised with Dr. Sebely Pal); **Caroline Henderson** (completed March 2007, co-supervised with Prof. Sheina Orbell, University of Essex); **Monica Jane** (completed October, 2017, co-supervised with Dr. Sebely Pal); **Sviatlana Kamarova** (completed July 2016, recipient of Curtin Strategic International Research Scholarship (CIPRS) award, co-supervised with Prof. Nikos Chatzisarantis; Current Postdoctoral Researcher in the School of Physiotherapy and Exercise Science, Curtin University, Australia); **David Keatley** (completed November 2012; Currently Senior Lecturer (Assistant Professor), School of Psychology, Murdoch University, Australia); **Jacob Keech** (completed August 2019, co-supervised with Drs. Kyra Hamilton and Frances O’Callaghan; Currently postdoctoral researcher at Griffith University); **Maria Kyriakaki** (completed October 2007, co-supervised with Prof. Sheina Orbell, University of Essex); **Nick Lee** (completed March 2018, co-supervised with Prof. Nikos Chatzisarantis, Curtin University); **Stephanie MacDonald** (completed December 2013, co-supervised with Prof. Eamonn Ferguson, University of Nottingham and Drs. Anthony King and Alexander Foss, Queens Medical Centre, Nottingham; Currently Teaching Associate in the School of Psychology, University of Nottingham, UK); **Lynne McCormack** (completed November 2010, co-supervised with Prof. Stephen Joseph, University of Nottingham; Currently Associate Professor in the School of Psychology, University of Newcastle, Australia); **Carine Meslot** (completed December 2016, recipient of a scholarship from Université Grenoble Alpes, co-supervised with Dr. Aurélie Gauchet and Dr. Benoît Allenet; Currently postdoctoral researcher at University of Manchester, UK); **Sarah McLachlan** (completed September 2010; Currently Research Associate in the Institute of Primary Care and Health Sciences, Keele University, UK); **Susette Moyers** (completed August 2021, currently postdoctoral researcher at Oklahoma State University, USA); **Giulia Panetta** (completed November 2013 with Ellen Townsend, University of Nottingham); **Linda Pannekoek** (completed June 2015, recipient of CIPRS award, co-supervised with Prof. Jan Piek, Curtin University; Currently Advisor to the Health and Disability Intelligence Group, Ministry of Health, Wellington, New Zealand); **Panagiotis Rentzelas** (completed July 2009; currently Associate Professor in Department of Psychology, Birmingham City University, UK); **Daniel Phipps** (completed March 2022, co-supervised with Drs. Kyra Hamilton and Prof. Shirley Morrissey, Griffith University; Currently postdoctoral researcher at Griffith University); **Deming Wang** (completed March 2018, co-supervised with Prof. Nikos Chatzisarantis; Currently Senior Lecturer (Assistant Professor), School of Psychology, James Cook University, Singapore); **Juliana Zabatiero** (completed July 2016, recipient of CIPRS award, co-supervised with Drs. Kylie Hill, Anne Smith, and Daniel Gucciardi; Currently Sessional Academic in the School of Physiotherapy and Exercise Science, Curtin University, Perth, Western Australia).

**Advisor of Undergraduate Research Assistants (PSY-195 Course Credit, UC Merced) – Current** (*N* = 18)

**Raven Burton** (1 semester, 2021); **Sydney Carson** (3 semesters, 2020-2021); **Chiara de Leon** (1 semester, 2020-2021); **Jessica Garcia** (3 semesters, 2020-2021); **Carolina Hernandez** (4 semesters, 2020-2021); **Isabel Hernandez** (2 semesters, 2021); **Jacob Markarian** (1 semester, 2021); **Carolina Hernandez** (4 semesters, 2020-2021); **Neida Carlos Tovar** (2 semesters, 2021); **Joseph Marquez** (2 semesters, 2021); **Mercedes Pena** (4 semesters, 2020-2021); **Wesley**

**Porter** (3 semesters, 2020-2021); **Katie Rosman** (4 semesters, 2020-2021); **Amandeep Sandhu** (1 semester, 2021); **Priya Sandhu** (3 semesters, 2020-2021); **Nicholas Soto** (1 semester, 2021); **Daniel Tiapon** (1 semester, 2021).

#### Advisor of Undergraduate Research Assistants – Previous (N = 7)

**Elizabeth Arteaga** (2 semesters, 2020); **Kate Bryan** (3 semesters, 2019-2020); **Delainey Conger** (UC Berkeley, 2 semesters, 2020-2021); **Nancy Rodas de Leon** (1 semester, 2021); **Kelsey Severson** (3 semesters, 2020-2021); **Michael Vang** (3 semesters, 2020-2021); **Lauren van Till** (CSU Stanislaus, 1 semester, 2021).

#### Honors Projects - Current

**Mercedes Pena** (UC Merced, 2020-2021)

#### Honors Projects - Previous (N = 94)

**Dan Aldis** (University of Essex, 2003-2004); **Amy Alexander** (University of Nottingham, 2008-2009); **Despina Anagnostopoulou** (University of Essex, 2002-2003); **Melissa Anderson** (University of Essex, 2003-2004); **Rabia Arif** (University of Essex, 2002-2003); **Emma Bailey** (University of Nottingham, 2006-2007); **Sanjay Bhogaita** (University of Nottingham, 2010-2011); **Jake Brazier** (University of Essex, 2004-2005); **Vicky Burt** (University of Nottingham, 2007-2008); **Caitlyn Butler** (Curtin University, 2014); **Lizzie Button** (University of Essex, 2004-2005); **Lloyd Campbell** (University of Essex, 2001-2002); **Kim Caudwell** (Curtin University, 2012); **Gemma Carter** (University of Nottingham, 2007-2008); **Jane Chapman** (University of Nottingham, 2008-2009); **Lizzie Charlton** (University of Nottingham, 2008-2009); **Laura Clarke** (University of Essex, 2003-2004); **Alison Clayton** (University of Nottingham, 2006-2007); **Tessa Clifton** (Curtin University, 2013); **Michelle Cook** (University of Essex, 2004-2005); **Felicity Cowdrey** (University of Nottingham, 2008-2009); **Paul Cubitt** (University of Essex, 2003-2004); **Chris Dickenson** (University of Essex, 2004-2005); **Jonathan Dong** (Curtin University, 2016); **Julie Dweck** (University of Nottingham, 2006-2007); **Mel Edwards** (University of Nottingham, 2007-2008); **Michigan England** (Curtin University, 2018); **Paul Farrow** (University of Essex, 2004-2005); **Camilla Fell** (University of Nottingham, 2006-2007); **Rosa Ferdosian** (Curtin University, 2014); **Fotini Fotiadu** (University of Essex, 2002-2003); **Sophia Georgopoulou** (University of Nottingham, 2006-2007); **Katy Green** (University of Essex, 2002-2003); **Jo Hanks** (University of Nottingham, 2008-2009); **Isabelle Harris** (University of Nottingham, 2008-2009); **Jemma Harris** (University of Essex, 2002-2003); **Anna Hassan** (Curtin University, 2014); **Alyssa Lum Hor Yue** (Curtin University, 2018); **Abigail Howarth** (University of Nottingham, 2009-2010); **Catherine Hingley** (Curtin University, 2014); **Jo Hudson** (University of Nottingham, 2006-2007); **Clare Jakeman** (University of Essex, 2002-2003); **Louise Jupp** (University of Essex, 2003-2004); **Rachel Kershaw** (University of Nottingham, 2007-2008); **Sam Kotadia** (University of Essex, 2002-2003); **Maria Kyriakaki** (University of Essex, 2003-2004); **Amy Lamb** (University of Nottingham, 2010-2011); **Chris Laundry** (Curtin University, 2012); **Eamonn Leaver** (Curtin University, 2011); **Natalie LeBrun** (University of Essex, 2004-2005); **Ellen Legge** (Curtin University, 2012); **Chung Ming Leung** (University of Nottingham, 2010-2011); **Jo Leung** (University of Nottingham, 2009-2010); **Emma Lewis** (University of Nottingham, 2009-2010); **Rachel Liow** (Curtin University, 2018); **Heidi Love** (University of Essex, 2004-2005); **Maria Maratheftis** (University of Essex, 2003-2004); **Helen Marshall** (University of Essex, 2003-2004); **Foteini Mavromiti** (University of Essex, 2002-2003); **Amanda Meney** (Curtin University, 2014); **Laura Merrony** (University of Essex, 2003-2004); **Anna Michalska** (Curtin University, 2016); **Emma Mills** (University of Nottingham, 2008-2009); **Steven Molloy** (University of Essex, 2001-2002); **Stephanie Morris** (University of Nottingham, 2010-2011); **Rebecca Moul** (University of Nottingham, 2007-2008); **Laura Mouat** (Curtin University, 2014); **Megan Orchard** (Curtin University, 2012); **Kimberley Parker** (Curtin University, 2014); **Shetal Patel** (University of Essex, 2002-2003); **Florence Page** (University of Nottingham, 2007-2008); **Irine Pandis** (University of Essex, 2002-2003); **Konstantina Papadaki** (University of Nottingham, 2010-2011); **Joanna Phanis** (University of Essex, 2002-2003); **Panos Rentzelas** (University of Essex, 2003-2004); **Natalie Richardson** (Curtin University, 2014); **Julie Savage** (Curtin University, 2012); **Helen Scard** (University of Essex, 2002-2003); **Amie Smith** (University of Nottingham, 2008-2009); **Hannah Sumner** (University of Nottingham, 2009-2010); **Josefin Sundin** (University of Essex, 2001-2002); **Brigitte Swimer** (University of Nottingham, 2010-2011); **Yi-Ling Soong** (University of Nottingham, 2006-2007); **Andy Stevenson** (University of Nottingham, 2006-2007); **Ella Strickland** (Curtin University, 2014); **Isabel Sweetman** (University of Nottingham, 2008-2009); **Jenny Turner** (University of Nottingham, 2006-2007); **Chloe Wainwright** (University of Nottingham, 2009-2010); **Catherine Wandas** (University of Essex, 2001-2002); **Serena Williams** (University of Nottingham, 2006-2007); **Emma Winch** (University of Essex, 2002-2003); **Clare Wood** (University of Nottingham, 2007-2008); **Ging Wong** (Curtin University, 2013); **Ozgur Yalchin** (Curtin University, 2013)

#### Advisor of Master's Degree Students (N = 10)

**Emma Burton** (Curtin University, 2014); **Angela Caroll** (Curtin University, 2012); **Erika Davies** (University of Essex, 2003-2004); **Jemma Harris** (University of Essex, 2003-2004); **Caroline Henderson** (University of Essex, 2002-2003); **Sook Fern Mok** (Curtin University, 2012); **Anne-Marie Murphy** (Curtin University, 2014); **Alexander Montasem**

(University of Essex, 2002-2003); **Polina Starovoitova** (Curtin University, 2014); **Ayesha Shivji** (University of Essex, 2002-2003).

#### **Advisor of Interns and Visiting Scholars** (*N* = 16)

**Birgitte Westerskov Dalgas** (Southern Denmark University, Denmark, 2022); **Simon Davey** (University of Hertfordshire, UK, 2013); **Kirstin Esser** (German Sport University, Germany, 2012); **Federica Galli** (University of Rome “La Sapienza”, Italy, 2018); **Laura Girelli** (University of Rome “La Sapienza”, Italy, 2014); **Helen Josaar** (University of Tartu, Estonia, 2010); **Tanja Kristic** (German Sport University, Germany, 2009); **Karina Limburg** (Westfälische Wilhelms-Universität Münster, Germany, 2013); **Carine Meslot** (Université Alpes Grenoble, France, 2016); **Ihsan Sari** (Sakaraya University, Turkey, 2022); **Eline Smit** (Maastricht University, the Netherlands, 2009); **Sarwat Sultan** (Bahauddin Zakariya University, Pakistan, 2012-2013); **Nina te Pas** (University of Maastricht, the Netherlands, 2012); **Amelia Turrell** (University of Kent, 2015-2016); **Nadine Trost** (University of Maastricht, 2015); **Maria Zwienenberg** (University of Bordeaux, 2015)

#### **KEYNOTE AND INVITED PRESENTATIONS**

<b>Date(s)</b>	<b>Type</b>	<b>Organization/Meeting</b>	<b>Venue</b>
<b>International</b>			
Aug 21-25, 2018	Master lecture	Master Lecture, European Health Psychology Society (EHPS) Congress	Galway, Ireland
Jun 26-30, 2018	State-of-the-art lecture	State-of-the-Art lecture, International Conference on Applied Psychology (ICAP) Congress	Montréal, Canada
Jul 10-14, 2017	Keynote	Keynote speaker, International Society of Sport Psychology (ISSP) 14 <sup>th</sup> World Congress of Sport Psychology	Sevilla, Spain
Oct 21-22, 2016	Keynote	12th European Network of Young Specialists in Sport Psychology (ENYSSP) Conference	Warsaw, Poland
Jan 28, 2016	Invited speaker	Social, Personality, and Health Network Pre-Conference	San Diego, CA, USA
Jun 4-6, 2015	Keynote	International Society of Behavioural Nutrition and Physical Activity Conference	Edinburgh, UK
Aug 7-10, 2014	Keynote	Asian and South Pacific Association of Sport Psychology Conference	Tokyo, Japan
Jul 8-13, 2014	Transversal keynote	International Conference on Applied Psychology (ICAP) Congress	Paris, France
May 12-14, 2014	Keynote	Société Française de Psychologie du Sport International Conference of Sport Psychology	Nice, France
Mar 23-25, 2012	Invited speaker	Familial Hypercholesterolaemia and Genetic Dyslipidaemia Satellite Meeting (International Atherosclerosis Society Conference)	Manly Beach, Sydney
Nov, 20-12, 2009	Keynote	5th European Network of Young Specialists in Sport Psychology (ENYSSP) Conference	Bolzano, Italy
Jun 21-24, 2007	Keynote	University Professors' European Meeting	Rome, Italy
<b>National</b>			
Sep 29, 2022	Keynote	German Association for Behavioral Medicine Conference 2022	Salzburg, Austria

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Mar 24, 2022	Keynote	Nordic Conference in Health Behavior Change	Helsinki, Finland/Virtual
Dec 14, 2021	Keynote	International Stoke Mandeville Plastic Reconstructive Surgery Symposium	Virtual meeting
Nov 14, 2021	Keynote	Australian Psychological Society College of Health Psychologists Conference, 2021	Virtual conference
Oct 22, 2021	Invited Speaker	Sustaining Behavior Change: The Greatest Challenge in Promoting Good Health Conference (Colorado Nutrition and Obesity Research Center; Anschutz Health and Wellness Center, University of Colorado; Nutrition Obesity Research Center, University of Alabama)	Virtual conference
Oct 1	Keynote	Italian Society of Health Psychology (SIPSA) National Conference: Metamorphosis of Health Psychology between Tradition and Innovation	Virtual conference
Oct 25-26, 2016	Keynote	Finnish Health Psychology Congress	Helsinki, Finland
Aug 17-18, 2016	Keynote	Pedaforum Congress	Jyväskylä, Finland
May 27-29, 2016	Keynote	Italian Society for Sport Psychology (AIPS) Congress	Bologna, Italy
Apr 20-23, 2015	Keynote	6 <sup>th</sup> International Sports Medicine and Sports Science Conference	Putrajaya, Malaysia
Jun 12-13, 2013	Keynote	Finnish Sports Science Congress	Jyväskylä, Finland
Apr 1-2, 2012	Keynote	Education and Sport Education Conference	Macau
Jun 2-4, 2011	Keynote	German National Sport Science Conference	Cologne, Germany
Oct 19-22, 2011	Keynote	Australian Conference of Science & Medicine in Sport	Freemantle, Australia
Mar 25-26, 2010	Invited speaker	Société Française de Psychologie du Sport National Conference	Lyon, France
May 25-28, 2010	Invited speaker	International Congress on Physical Education and Sport Science (ICPESS)	Singapore
Nov 12, 2010	Invited speaker	3rd Aseptic Non-Touch Technique (ANTT) National Conference	Kings Cross, London, UK
Mar 7, 2008	Keynote	British Psychological Society Division of Health Psychology Scotland Annual Conference	Edinburgh, UK
May 9-11, 2008	Keynote	Keynote presentation to British Psychological Society Northern Ireland Branch Annual Conference	Co Armagh, Republic of Ireland

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#### **INVITED WORKSHOPS AND SEMINARS**

- 2014 SYNERGY expert meeting on “Implementation Intention and Action Planning Interventions in Health Psychology”, Innsbruck, Austria, 25-26 August, 2014
- 2016 European Association of Social Psychology Summer School, Leader on “Behaviour Change” Workstream, University of Exeter, UK, 1-12 August, 2016

## **AWARDS AND HONOURS**

- 1997 Young Investigators Award, European College of Sport Science (ECSS) Annual Congress, Copenhagen, Denmark
- 2013 Researcher of the Year Award 2013, Faculty of Health Sciences, Curtin University
- 2012-2015 Highest impact publication in Faculty of Health Sciences for Field of Research Code 1117 Human Movement/Psychology 1701
- 2014 Elected Fellow of European Health Psychology Society (EHPS)
- 2014 Distinguished Health Psychology Contribution Award, Health Psychology Division (Division 8), International Association of Applied Psychology (IAAP)
- 2014 Distinguished International Affiliate of Division 38 (Health Psychology) of the American Psychological Association
- 2014 Delivered Occasional Address, Curtin University Graduation Ceremony for Faculty of Health Sciences, the Forum, Curtin Bentley Campus, February 8, 2014
- 2017 Nominated for Curtin Research Impact and Engagement Award
- 2019 Elected Fellow of the Society of Experimental Social Psychology (SESP)
- 2020 Elected Fellow of the Society for Personality and Social Psychology (SPSP)
- 2020 Clarivate Analytics Web of Science *Highly Cited Researcher* Award for being ranked in the top 1% of citations in cross-field
- 2020 Ranked 28<sup>th</sup> most influential researcher in *Sport Sciences* in Ioannidis, J. P. A., Boyack, K. W., & Baas, J. (2020). Updated science-wide author databases of standardized citation indicators. *PLoS Biology*, 18(10), e3000918. <https://doi.org/10.1371/journal.pbio.3000918>

## **PUBLIC ENGAGEMENT ACTIVITIES AND CONSULTATION**

- Hagger, M. S.** (September 15, 2011). The cost of alcohol: The advocacy for a minimum price per unit of alcohol in the UK. Invited presentation to the British Science Association Festival, Science Media Centre, Bradford, UK.
- Hagger, M. S.** (September 16, 2011). The cost of alcohol: The advocacy for a minimum price per unit of alcohol in the UK. Invited presentation at the Alcohol Research UK Launch Event, Royal Society of Arts, London, UK.
- Hagger, M. S.** (November 22, 2013). The science of health behaviour. Inaugural speech at the Health Psychology and Behavioural Medicine (HPBM) Research Group Launch and Networking Meeting, Hyatt Regency, Perth, Australia.
- Hagger, M. S.** (October 29, 2014). Developments on people’s beliefs about minimum pricing for alcohol and causes of binge drinking. Invited presentation to the Behavioural Research in Alcohol Breakfast Networking Meeting, Matilda Bay, Perth, Australia.
- Hagger, M. S.** (September 26-29, 2016). Capacity building workshop for development and implementation of mental simulation approach as health promotion strategies for prevention of non-communicable diseases (physical activity). Workshop presented to the Health Promotion Division, Ministry of Health, Malaysia funded by the World Health Organization.

**Hagger, M. S.** (September-November, 2016). Guidelines on changing behaviour using mental imagery and mental simulation for health educators. Development of guidelines on behaviour change for Health Promotion Division, Ministry of Health, Malaysia funded by the World Health Organization.

**Hagger, M. S.** (February 13-17, 2017). Capacity building workshop for development and implementation of mental simulation approach as health promotion strategies for prevention of non-communicable diseases (physical activity). Workshop presented to the Health Promotion Division, Ministry of Health, Malaysia funded by the World Health Organization.

**Hagger, M. S.** (May 14-15, 2019). Why and how do interventions work? Evaluating mechanisms of impact. Keynote presentation presented at the 1<sup>st</sup> Behavior Change Science and Policy (BeSP) Symposium, University of Helsinki, Finland.

## **UNIVERSITY SERVICE**

### **University Administration and Service Roles**

2002-2004	<b>Associate Dean for Accommodation</b> , Bertrand Russell Hall, Wivenhoe Park, University of Essex
2004-2006	<b>Associate Dean for Accommodation</b> , South Courts, Wivenhoe Park, University of Essex
2007-2009	<b>Elected Member</b> , University of Nottingham Senate representing Faculty of Science
2008-2011	<b>Warden</b> , Southwell and Melton Halls of Residence, Jubilee Campus, University of Nottingham
2011-2013	<b>Director</b> , RECAP and PsyLIFE Research Centres, Curtin University
2014	<b>Acting Dean of Research</b> , Faculty of Health Sciences, Curtin University
2014-2015	<b>Psychology Discipline Champion</b> for Excellence in Research for Australia (ERA) Working Group, Curtin University
2020-2021	<b>Member</b> , UC Merced Education and Behavior Change Work Group, UC Merced with the role to advise on planning a campus communication model to return to in-person instruction and research post-COVID-19 shutdown
2021-2023	<b>Chair</b> , Committee on Committees (CoC), UC Merced
2021-2023	<b>Voting Member</b> , Divisional Council (DivCo), UC Merced
2021-2023	<b>Merced Representative</b> , University Committee on Committees (UCOC), University of California

### **Departmental/School Administration and Service Roles**

2012-2015	<b>Director of Research</b> , School of Psychology, Curtin University
2012-2015	<b>Chair</b> , Research and Development Committee, School of Psychology, Curtin University
2012-2016	<b>Member</b> , School Executive Committee, Curtin University
2013-2014	<b>Chair</b> , Search Committee, Lecturer/Senior Lecturer (Assistant/Associate Professor) Positions in Psychology, Curtin University
2013-2014	<b>Chair</b> , Development and design, <a href="#">Psychology Experimental Research Laboratories at Curtin (PERL-C)</a> , Curtin University
2013-2016	<b>Founder and Director</b> , Health Psychology and Behavioural Medicine (HPBM) Research Group, School of Psychology, Curtin University
2019-present	<b>Committee Chair/Committee Member/Voting Panel*</b> , Academic Promotion and Merit Committee, Department of Psychological Sciences, University of California, Merced
2020-present	<b>Committee Member</b> , Faculty Seed Grants Committee, Department of Psychological Sciences, University of California, Merced
2020	<b>Organizing Committee Member</b> , UC Health Psychology Consortium Meeting
2020-2021	<b>Associate Chair, Graduate Program</b> , Department of Psychological Sciences, UC Merced
2021-2022	<b>Chair, Graduate Program in Psychological Sciences</b> , Department of Psychological Sciences, University of California, Merced

### **\*Faculty Academic Promotion and Merit Service at UC Merced (Case Numbers)**

Year	Committee Type and Role								
	Promotion			Mid-Career Review			Merit Review		
	Chair	Committee Member	Voting Only	Chair	Committee Member	Voting Only	Chair	Committee Member	Voting Only
2019-2020	0	0	1	0	0	0	1	2	2
2020-2021	1	0	0	1	0	1	1	0	6
2021-2022	1	0	2	0	1	1	1	3	5



## **TEACHING RESPONSIBILITIES**

### **University of Essex, UK**

2002-2006	Course convenor	PS111 Discovering Psychology PS486 Social Psychology of Exercise and Sport
2002-2006	Teaching staff	PS459 Social Psychology and Health Related Behaviour
	Member	Staff-Student Liaison Committee

### **University of Nottingham, UK**

2006-2011	Chair	Personality, Social Psychology, and Health Research Group
2006-2009	Course convenor	C83MPR Research Project C82SAD Social and Developmental Psychology C83SPE Social Psychology of Exercise and Sport
2006-2011	Course convenor:	PhD Studentship Interview Panel
2008-2011	Panel Member	Student Liaison
2009-2011	Co-Ordinator	Staff-Student Liaison Committee
2009-2011	Member	

### **University of Sheffield, UK**

2008-2011	Visiting Lecturer	Social Psychology Course on Master's Program in Clinical Psychology (MRCPsych), Academic Clinical Psychiatry
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### **Curtin University, Australia**

2011-2019	Member	School of Psychology and Speech Pathology PhD Candidacy Committee
2012-2013	Teaching Faculty	PSY212 Social Psychology
2012-2019	Teaching Faculty	PSY212 Social Psychology PSY723 Social and Behavioral Health PSY491 Psychology Honors Dissertation

### **Open University, UK**

2001	Associate lecturer	D309 Cognitive Psychology
2001-2004	Tutor	D309 Cognitive Psychology Residential School
2005-2015	Tutor	DD303 Cognitive Psychology Residential School

### **University of Jyväskylä, Finland/University of Leipzig, Germany**

2011-2014	'Third Country' Visiting Scholar	Erasmus-Mundus European Master's in Sport and Exercise Psychology Program (EMSEP)
2020-2021	Development faculty	Master's Degree program in the Psychology of Physical Activity (PsyAct)

### **University of California, Merced, USA**

2019-present	Instructor of Record	PSY-126 Science of Behavior Change
2020-present	Instructor of Record	PSY-290 Theories of Behavior Change
2019-present	Teaching Faculty	PSY-200A Professional Seminar
2019-2020	Guest Faculty	PSY-125 Cognition Affect & Emotion
2021-present	Guest Faculty	PSY-191-Culminating Experience
2019-present	Guest Faculty	PSY-209 Health Behavior
2019-present	Advisor	PSY-195 Psychology Research Undergraduate Upper Division
2019-present	Advisor	PSY-295 Psychology Research Graduate
2020	Advisor	UROC/SURI Summer Undergraduate Internship

## LIST OF PUBLICATIONS

### JOURNAL ARTICLES IN PEER-REVIEWED JOURNALS (in first-author alphabetical order by year)

\*Graduate student (PhD/MSc) advisee of Martin S. Hagger

†Publication which has been, or is currently, marked as a *Highly Cited Paper* by Clarivate Analytics Web of Science at any one time receiving enough citations to place it the top 1% of its academic field based on a highly cited threshold for the field and publication year

#### In Press

1. Galli, F., Chirico, A., Mallia, L., Alivernini, F., Manganelli, S., Zelli, A., **Hagger, M. S.**, & Lucidi, F. (2022). Identifying determinants of neuro-enhancement substances: Application of an integrated theoretical model. *European Journal of Health Psychology*.
2. **Hagger, M. S.** (in press). Meta-analysis. *International Review of Sport and Exercise Psychology*. <https://doi.org/10.1080/1750984X.2021.1966824>
3. **Hagger, M. S.**, Cheung, M. W. L., Ajzen, I., & Hamilton, K. (in press). Perceived behavioral control moderating effects in the theory of planned behavior: A meta-analysis. *Health Psychology*. <https://doi.org/10.1037/hea0001153>
4. **Hagger, M. S.**, & Hamilton, K. (in press). Predicting COVID-19 booster vaccine intentions. *Applied Psychology: Health and Well-Being*. <https://doi.org/10.1111/aphw.12349>
5. †**Hagger, M. S.**, & Orbell, S. (in press). The common sense model of illness self-regulation: A conceptual review and proposed extended model. *Health Psychology Review*. <https://doi.org/10.1080/17437199.2021.1878050>
6. **Hagger, M. S.**, Smith, S. R., \*Keech, J. J., \*Moyers, S. A., & Hamilton, K. (in press). Predicting physical distancing over time during COVID-19: Testing an integrated model. *Psychology & Health*. <https://doi.org/10.1080/08870446.2021.1968397>
7. Hamilton, K., & **Hagger, M. S.** (2022). The Vaccination Concerns in COVID-19 Scale (VaCCS): Development and validation. *PLoS ONE*. <https://doi.org/10.1371/journal.pone.0264784>
8. Hardcastle, S. J., Maxwell-Smith, C., & **Hagger, M. S.** (in press). Predicting physical activity Change in cancer survivors: An application of the Health Action Process Approach. *Journal of Cancer Survivorship*. <https://doi.org/10.1007/s11764-021-01107-6>
9. \*Moyers, S. A., & **Hagger, M. S.** (in press). Physical activity and sense of coherence: A meta-analysis. *International Review of Sport and Exercise Psychology*. <https://doi.org/10.1080/1750984X.2020.1846068>
10. Smith, S. R., **Hagger, M. S.**, Keech, J. J., Moyers, S. A., & Hamilton, K. (in press). Improving hand hygiene behavior using a novel theory-based intervention during the COVID-19 pandemic. *Annals of Behavioral Medicine*.

#### 2022

1. **Hagger, M. S.** (2022). Developing an open science 'mindset'. *Health Psychology and Behavioral Medicine*, 10(1), 1-21. <https://doi.org/10.1080/21642850.2021.2012474>
2. **Hagger, M. S.**, & Hamilton, K. (2022). Social cognition theories and behavior change in COVID-19: A conceptual review. *Behaviour Research and Therapy*, 154, 10495. <https://doi.org/10.1016/j.brat.2022.104095>
3. Kalajas-Tilga, H., Hein, V., Koka, A., Tilga, H., Raudsepp, L., & **Hagger, M. S.** (2022). Application of the trans-contextual model to predict change in leisure time physical activity. *Psychology & Health*, 37(1), 62-86. <https://doi.org/10.1080/08870446.2020.1869741>
4. Kalajas-Tilga, H., Hein, V., Koka, A., Tilga, H., Raudsepp, L., & **Hagger, M. S.** (2022). Trans-contextual model predicting change in out-of-school physical activity: A one-year longitudinal study. *European Physical Education Review*, 28(2), 463-481. <https://doi.org/10.1177/1356336X211053807>

5. Kaushal, N., Berlin, K., & **Hagger, M. S.** (2022). Determinants of virtual exercise equipment use: An integrated model investigation. *Journal of Sport & Exercise Psychology*, 44(1), 42-51. <https://doi.org/10.1123/jsep.2021-0143>
6. Kekäläinen, T., Tammelin, T. H., **Hagger, M. S.**, Lintunen, T., Hyvärinen, M., Kujala, U. M., Laakkonen, E. K., & Kokko, K. (2022). Personality, motivational, and social cognition predictors of leisure-time physical activity. *Psychology of Sport and Exercise*, 59, 102135. <https://doi.org/10.1016/j.psychsport.2022.102135>
7. Kókai, L. L., Ó Ceallaigh, D. T., Wijtzes, A. I., Roeters van Lennep, J. E., **Hagger, M. S.**, Cawley, J., Rohde, K. I. M., van Kippersluis, H., & Burdorf, A. (2022). A randomized controlled trial protocol for an app-based physical activity intervention (i2be). *BMJ Open*, 12(1), e053711. <https://doi.org/10.1136/bmjopen-2021-053711>
8. Kókai, L. L., van der Bijl, M. F., **Hagger, M. S.**, Ó Ceallaigh, D. T., Rohde, K. I. M., van Kippersluis, H., van Lennep, J. E. R., & Wijtzes, A. I. (2022). Perceived determinants of physical activity among women with prior severe preeclampsia: A qualitative assessment. *BMC Women's Health*, 22, 133. <https://doi.org/10.1186/s12905-022-01692-3>
9. Phipps, D. J., **Hagger, M. S.**, & Hamilton, K. (2022). Evidence that habit moderates the implicit belief-behavior relationship in health behaviors. *International Journal of Behavioral Medicine*, 29(1), 116–121. <https://doi.org/10.1007/s12529-021-09975-z>
10. Sas, S. V., Hamilton, K., & **Hagger, M. S.** (2022). "The best laid plans": Do individual differences in planfulness moderate effects of implementation intention interventions? *Behavioral Sciences*, 12(2), 47. <https://doi.org/10.3390/bs12020047>
11. \*Wang, D., Ziano, I., **Hagger, M. S.**, & Chatzisarantis, N. L. D. (in press). Loudness perceptions influence feelings of interpersonal closeness and protect against detrimental psychological effects of social exclusion. *Personality and Social Psychology Bulletin*, 48(4), 566-581.. <https://doi.org/10.1177/01461672211015896>

## **2021**

12. Barkoukis, V., Chatzisarantis, N. L. D., & **Hagger, M. S.** (2021). Effects of a school-based intervention on motivation for out-of-school physical activity participation. *Research Quarterly for Exercise and Sport*, 92(3), 477-491. <https://doi.org/10.1080/02701367.2020.1751029>
13. Brown, D. J., Charlesworth, J.-P., **Hagger, M. S.**, & Hamilton, K. (2021). A dual-process model applied to two health-promoting nutrition behaviours. *Behavioral Sciences*, 11(12), 170. <https://doi.org/10.3390/bs11120170>
14. Chatzisarantis, N. L. D., \*Kamarova, S., Twomey, C., Hansen, G. L., Harris, M., Windus, J., Bateson, A., & **Hagger, M. S.** (2021). Relationships between health promoting activities, life satisfaction, and depressive symptoms in unemployed individuals. *European Journal of Health Psychology*, 28(1), 1-12. <https://doi.org/10.1027/2512-8442/a000058>
15. **Hagger, M. S.**, & Hamilton, K. (2021). General causality orientations in self-determination theory: Meta-analysis and test of a process model. *European Journal of Personality*, 35(5), 710-735. <https://doi.org/10.1177/0890207020962330>
16. **Hagger, M. S.**, & Hamilton, K. (2021). Effects of socio-structural variables in the theory of planned behavior: A mediation model in multiple samples and behaviors. *Psychology & Health*, 36(3), 307-333. <https://doi.org/10.1080/08870446.2020.1784420>
17. †**Hagger, M. S.**, Zhang, C. Q., Kangro, E.-M., Ries, F., Wang, J. C. K., Heritage, B., & \*Chan, D. K. C. (2021). Trait self-control and self-discipline: Structure, validity, and invariance across national groups. *Current Psychology*, 40(3), 1015-1030. <https://doi.org/10.1007/s12144-018-0021-6>
18. Hamilton, K., \*Keech, J. J., Peden, A. E., & **Hagger, M. S.** (2021). \*Changing driver behavior during floods: Testing a novel e-health intervention using implementation imagery. *Safety Science*, 136, 105141. <https://doi.org/10.25904/5d1ae6272cd32>

19. Kaushal, N., Bérubé, B., **Hagger, M. S.**, & Bherer, L. (2021). Investigating the role of self-control beliefs in predicting exercise behavior: A longitudinal study. *British Journal of Health Psychology*, 24(4), 1155-1175. <https://doi.org/10.1111/bjhp.12525>
20. \*Keech, J. J., **Hagger, M. S.**, & Hamilton, K. (2021). \*Changing stress mindsets with a novel imagery intervention: A randomized controlled trial. *Emotion*, 21(1), 123-136. <https://doi.org/10.1037/emo0000678>
21. \*Keech, J. J., Orbell, S., **Hagger, M. S.**, O'Callaghan, F. V., & Hamilton, K. (2021). Psychometric properties of the stress control mindset measure in university students from Australia and the UK. *Brain and Behavior*, 11, e01963. <https://doi.org/10.1002/brb3.1963>
22. Kwasnicka, D., ten Hoor, G. A., van Dongen, A., Gruszczyńska, E., **Hagger, M. S.**, Hamilton, K., Hankonen, N., Heino, M. T. J., Kotzur, M., Noone, C., Rothman, A. J., Toomey, E., Warner, L. M., Kok, G., Peters, G.-J., & Luszczynska, A. (in press). Promoting scientific integrity through open science in health psychology: Results of the Synergy expert meeting of the European Health Psychology Society. *Health Psychology Review*, 15(3), 333-349. <https://doi.org/10.1080/17437199.2020.1844037>
23. Kwasnicka, D., ten Hoor, G. A., Hekler, E., **Hagger, M. S.**, & Kok, G. (2021). Proposing a new approach to funding behavioural interventions using iterative methods. *Health Psychology Review*, 36(7), 787-791. <https://doi.org/10.1080/08870446.2021.1945061>
24. Lee, A., S. Y., Standage, M., **Hagger, M. S.**, & \*Chan, D. K. C. (2021). Predictors of in-school and out-of-school sport injury prevention: A test of the trans-contextual model. *Scandinavian Journal of Medicine & Science in Sports*, 31(1), 215-225. <https://doi.org/10.1111/sms.13826>
25. Lee, A., S. Y., Standage, M., **Hagger, M. S.**, & \*Chan, D. K. C. (2021). Applying the trans-contextual model to promote sport injury prevention behaviours among secondary school students. *Scandinavian Journal of Medicine & Science in Sports*, 31(9), 1840-1852. <https://doi.org/10.1111/sms.14002>
26. Limburg, K., Bodill, K., Watson, H. J., Kane, R. T., **Hagger, M. S.**, & Egan, S. J. (2021). Validity of the compulsive exercise test in regular exercisers. *Eating Disorders*, 29(5), 447-462. <https://doi.org/10.1080/10640266.2019.1677130>
27. \*Maxwell-Smith, C., **Hagger, M. S.**, Kane, R. T., Cohen, P. A., Tan, J., Platell, C., Makin, G. B., Saunders, C., Nightingale, S., Lynch, C., Sardelic, F., McCormick, J., & Hardcastle, S. J. (2021). Psychological correlates of physical activity and exercise preferences in metropolitan and non-metropolitan cancer survivors. *Psycho-Oncology*, 30(2), 221-230. <https://doi.org/10.1002/pon.5553>
28. \*Pasi, H., Lintunen, T., Leskinen, E., & **Hagger, M. S.** (2021). Predicting school students' physical activity intentions in leisure-time and school recess contexts: Testing an integrated model based on self-determination theory and theory of planned behavior. *PLoS ONE*, 16(3), e0249019. <https://doi.org/10.1371/journal.pone.0249019>
29. \*Polet, J. J., Schneider, J., Hassandra, M., Lintunen, T., Laukkanen, A., Hankonen, N., Hirvensalo, M., Tammelin, T. H., Hamilton, K., & **Hagger, M. S.** (2021). Predictors of school students' leisure-time physical activity: An extended trans-contextual model using Bayesian path analysis. *PLoS ONE*, 16(11), e0258829. <https://doi.org/10.1371/journal.pone.0258829>
30. Protogerou, C., Leroy, F., & **Hagger, M. S.** (2021). Beliefs and experiences of individuals following a zero-carb diet. *Behavioral Sciences*, 11(12), 161. <https://doi.org/10.3390/bs11120161>
31. Toivonen H.-M., Hassandra, M., Wright, P. M., **Hagger, M. S.**, Hankonen, N., Laine, K., & Lintunen, T. (2021). Feasibility of a responsibility-based leadership training program for novice physical activity instructors. *Frontiers in Psychology*, 12, 648235. <https://doi.org/10.3389/fpsyg.2021.648235>
32. Toivonen, H.-M., Wright, P. M., Hassandra, M., **Hagger, M. S.**, Hankonen, N., Hirvensalo, M., Talvio, M., Gould, S., Kalaja, S., Tammelin, T., Laine, K., & Lintunen, T. (2021). Training programme for novice physical activity instructors using teaching personal and social responsibility (TPSR) model: A programme development and protocol. *International Journal of Sport and Exercise Psychology*, 19(2), 159-178. <https://doi.org/10.1080/1612197X.2019.1661268>

33. Vohs, K. D., Schmeichel, B. J., Lohmann, S., Gronau, Q. F., Finley, A., Ainsworth, S. E., Alquist, J. L., Baker, M. D., Brizi, A., Bunyi, A., Butschek, G. J., Campbell, C., Capaldi, J., Cau, C., Chambers, H., Chatzisarantis, N. L. D., Christensen, W. J., Clay, S. L., Curtis, J., De Cristofaro, V., del Rosario, K., Diel, K., Doğruol, Y., Doi, M., Donaldson, T. L., Eder, A. B., Ersoff, M., Eyink, J., R., Falkenstein, A., Fennis, B. M., Findley, M. B., Finkel, E. J., Forgea, V., Frieese, M., Fuglestad, P., Garcia-Willingham, N. E., Geraedts, L. F., Gervais, W. M., Giacomantonio, M., Gibson, B., Gieseler, K., Gineikiene, J., Gloger, E. M., Gobes, C. M., Grande, M., **Hagger, M. S.**, Hartsell, B., Hermann, A., D., Hidding, J. J., Hirt, E. R., Hodge, J., Hofmann, W., Howell, J. L., Hutton, R. D., Inzlicht, M., James, L., Johnson, E., Johnson, H. L., Joyce, S., M., Joye, Y., Kaben, J. H., Kammrath, L. K., Kelly, C. N., Kissell, B. L., Koole, S. L., Krishna, A., Lam, C., Lee, K. T., Lee, N., Leighton, D., Loschelder, D. D., Maranges, H. M., Masicampo, E. J., Mazara, Jr., K., McCarthy, S., McGregor, I., Mead, N. L., Mendes, W. B., \*Meslot, C., Michalak, N. M., Milyavskaya, M., Miyake, A., Moeini-Jazani, M., Muraven, M., Nakahara, E., Patel, K., Petrocelli, J. V., Pollak, K. M., Price, M. M., Ramsey, H. J., Rath, M. A., Robertson, J. A., Rockwell, R., Russ, I. F., Salvati, M., Saunders, B., Scherer, A., Schütz, A., Schmitt, K. N., Segerstrom, S. C., Serenka, B., Sharpinskyi, K., Shaw, M., Sherman, J., Song, Y., Sosa, N., Spillane, K., Stapels, J., Stinnett, A. J., Strawser, H. R., Sweeny, K., Theodore, D., Tonnu, K., van Oldenbeuving, Y., vanDellen, M. R., Vergara, R. C., Walker, J. S., Waugh, C. E., Weise, F., Werner, K. M., Wheeler, C., White, R., A., Wichman, A. L., Wiggins, B. J., Wills, J. A., Wilson, J. H., Wagenmakers, E. J., & Albarracín, D. (in press). A multi site pre-registered paradigmatic test of the ego depletion effect. *Psychological Science*, 32(10), 1566-1581. <https://doi.org/10.1177/0956797621989733>

## **2020**

34. \*Brown, D. J., **Hagger, M. S.**, & Hamilton, K. (2020). The mediating role of constructs representing reasoned-action and automatic processes on the past behavior-future behavior relationship. *Social Science & Medicine*, 258, 113085. <https://doi.org/10.1016/j.socscimed.2020.113085>
35. \*Chan, D. K. C., Lee, A., S. Y., Macfarlane, D., **Hagger, M. S.**, & Hamilton, K. (2020). Validation of the swimming competence questionnaire for children. *Journal of Sports Sciences*, 38(14), 1666-1673. <https://doi.org/10.1080/02640414.2020.1754724>
36. \*Chan, D. K. C., Stenling, A., Yusainy, C., Hikmiah, Z., Ivarsson, A., **Hagger, M. S.**, Rhodes, R. E., & Beauchamp, M. R. (in press). Consistency tendency and the theory of planned behavior: A randomized controlled crossover trial in a physical activity context. *Psychology & Health*, 35(6), 665-684. <https://doi.org/10.1080/08870446.2019.1677904>
37. \*Chan, D. K. C., Tang, C. W. T., Gucciardi, D. F., Ntoumanis, N., Dimmock, J. A., Donovan, R. J., Hardcastle, S. J., & **Hagger, M. S.** (2020). Psychological and behavioural factors of unintentional doping: A preliminary systematic review. *International Journal of Sport and Exercise Psychology* 8(3), 273-295. <https://doi.org/10.1080/1612197X.2018.1450095>
38. \*Chan, D. K. C., Zhang, L., Lee, A. S. Y., & **Hagger, M. S.** (2020). Reciprocal relations between autonomous motivation from self-determination theory and social cognition constructs from the theory of planned behavior: A cross-lagged panel design in sport injury prevention. *Psychology of Sport and Exercise*, 48, 101660. <https://doi.org/10.1016/j.psychsport.2020.101660>
39. González-Cutre, D., Romero-Elías, M., Jiménez-Loaisa, A., Beltrán-Carrillo, V. J., & **Hagger, M. S.** (2020). Testing the need for novelty as a candidate need in basic psychological needs theory. *Motivation and Emotion*, 44(2): 295-314. <https://doi.org/10.1007/s11031-019-09812-7>
40. **Hagger, M. S.** (2020). Redefining habits and linking habits with other implicit processes. *Psychology of Sport and Exercise*, 46, 101606. <https://doi.org/10.1016/j.psychsport.2019.101606>
41. **Hagger, M. S.**, \*Keech, J. J., & Hamilton, K. (2020). Managing stress during the COVID-19 pandemic and beyond: Reappraisal and mindset approaches. *Stress and Health*, 36(3), 396-401. <https://doi.org/10.1002/smi.2969>
42. **Hagger, M. S.**, \*Moyers, S., \*McAnally, K., & \*McKinley, L. E. (2020). Known knowns and known unknowns on behavior Change interventions and mechanisms of action. *Health Psychology Review*, 14(1), 199-212. <https://doi.org/10.1080/17437199.2020.1719184>
43. **Hagger, M. S.**, Smith, S. R., \*Keech, J. J., \*Moyers, S. A., & Hamilton, K. (2020). Predicting social distancing intention and behavior during the COVID-19 pandemic: An integrated social cognition model. *Annals of Behavioral Medicine*, 54(10), 713-727. <https://doi.org/10.1093/abm/kaa073>

44. Hamilton, K., van Dongen, A., & **Hagger, M. S.** (2020). An extended theory of planned behavior for parent-for-child health behaviors: A meta-analysis. *Health Psychology, 39*(10), 863-878. <https://doi.org/10.1037/hea0000940>
45. Hamilton, K., Gibbs, I., \*Keech, J. J., & **Hagger, M. S.** (2020). Reasoned and implicit processes in heavy episodic drinking: An integrated dual process model. *British Journal of Health Psychology, 25*(1), 189-209. <https://doi.org/10.1111/BJHP.12401>
46. Hamilton, K., Demant, D., Peden, A. E., & **Hagger, M. S.** (2020). A systematic review of human behaviour in and around floodwater. *International Journal of Disaster Risk Reduction, 47*, 101561. <https://doi.org/10.1016/j.ijdrr.2020.101561>
47. Hamilton, K., Smith, S. R., \*Keech, J. J., \*Moyers, S. A., & **Hagger, M. S.** (2020). Application of the health action process approach to social distancing behavior during COVID-19. *Applied Psychology: Health and Well-Being, 12*(4), 1244-1269. <https://doi.org/10.1111/aphw.12231>
48. Kaushal, N., Keith, N., Aguiñaga, S., & **Hagger, M. S.** (2020). Social cognition and socioecological predictors of home-based physical activity intentions, planning, and habits during the COVID-19 pandemic. *Behavioral Sciences, 10*(9), 133. <https://doi.org/10.3390/bs10090133>
49. \*Keech, J. J., Cole, K. L., **Hagger, M. S.**, & Hamilton, K. (2020). The association between stress mindset and physical and psychological wellbeing: Testing a stress beliefs model in police officers. *Psychology & Health, 35*(11), 1306-1325. <https://doi.org/10.1080/08870446.2020.1743841>
50. Knittle, K., Heino, M. T. J., Marques, M. M., Stenius, M., Beattie, M., Ehbrecht, F., **Hagger, M. S.**, Hardeman, W., & Hankonen, N. (2020). The compendium of self-enactable techniques to Change and self-manage motivation and behaviour v1. 0. *Nature Human Behavior, 4*, 215–223. <https://doi.org/10.1038/s41562-019-0798-9>
51. Kwasnicka, D., Luszczynska, A., **Hagger, M. S.**, Quested, E., Pagoto, S., Verboon, P., Robinson, S., Januszewicz, A., Idziak, P., Palacz-Poborczyk, I., & Naughton, F. (2020). A theory-based digital intervention to promote weight loss and weight loss maintenance (Choosing Health): Protocol for a randomised controlled trial. *BMJ Open, 10*, e040183. <https://doi.org/10.1136/bmjopen-2020-040183>
52. Lee, A. S. Y., Yung, P. S. H., Mok, K.-M., **Hagger, M. S.**, & \*Chan, D. K. C. (2020). Psychological processes of ACL-patients' post-surgery rehabilitation: A prospective test of an integrated theoretical model. *Social Science & Medicine, 244*, 112646. <https://doi.org/10.1016/j.socscimed.2019.112646>
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Chatzisarantis, N. L. D., **Hagger, M. S.**, Biddle, S.J.H. and Sage, L. (2003). The influences of continuation intentions on execution of social behaviour within the theory of planned behaviour. Paper presented at the 11<sup>th</sup> European Congress of Sport Psychology (FEPSAC), University of Copenhagen, Copenhagen, Denmark, July 22-27, 2003.

Chatzisarantis, N. L. D., **Hagger, M. S.** & Biddle, S.J.H. (2003). The influences of perceived autonomy support on physical activity within the theory of planned behaviour. Paper presented at the 2003 British Psychological Society Division of Health Psychology Conference, Staffordshire University, Stafford, UK, September 3-5, 2003.

**Hagger, M. S.**, Chatzisarantis, N., Culverhouse, T. and Biddle, S.J.H. (2003). The processes by which perceived autonomy support in physical education promotes leisure-time physical activity intentions and behaviour: A trans-contextual model. Paper presented at the 11<sup>th</sup> European Congress of Sport Psychology (FEPSAC), University of Copenhagen, Copenhagen, Denmark, July 22-27, 2003.

**Hagger, M. S.** & Orbell, S. (2003). Illness representations and specific emotional responses in women attending for colposcopy following a positive cervical smear test. Paper presented at the 2003 British Psychological Society Division of Health Psychology Conference, Staffordshire University, Stafford, UK, September 3-5, 2003.

- Hagger, M. S.**, Chatzisarantis, N., Culverhouse, T. and Biddle, S.J.H. (2003). Motivating young people to participate in physical activity across different contexts: Implications for physical educators, sports managers and leaders. Paper presented at the 11<sup>th</sup> European Sport Management Congress, Stockholm, Sweden, September 10-13, 2003.
- Hagger, M. S.** & Orbell, S. (2003). A review of the self-regulation model. Paper presented at the 2003 European Society of Health Psychology Conference, Kipriotis Conference Centre, Kos, Greece, September 24-27, 2003.
- Hagger, M. S.**, Orbell, S. & O'Sullivan, I. (2003). Comparison of Illness Representations and Specific Emotional Responses in Cancer Screening Patients: Results from Cervical and Colorectal Screening Programmes. Paper presented at the 2003 European Society of Health Psychology Conference, Kipriotis Conference Centre, Kos, Greece, September 24-27, 2003.
- \*Harris, J. & **Hagger, M. S.** (2003). Evaluating the influence of basic psychological needs and the perceived locus of causality in the theory of planned behaviour in an exercise context. Paper presented at the 2003 British Psychological Society Division of Health Psychology Conference, Staffordshire University, Stafford, UK, September 3-5, 2003.

## **2004**

- Hagger, M. S.** & Armitage, C.J. (2004). The influence of perceived loci of control and causality in the theory of planned behavior in a leisure-time exercise context. Paper presented at the 2004 European Society of Health Psychology Conference, University of Helsinki, Helsinki, Finland, June 21-23, 2004.
- Hagger, M. S.** & \*Rentzelas, P. (2004). The influence of perceived loci of control and causality in the theory of planned behavior in a leisure-time exercise context. Paper presented at the 2004 British Psychological Society Social Psychology Section Conference, Liverpool University, Liverpool, September 1-3, 2004.
- Hagger, M. S.** & Chatzisarantis, N. L. D. (2004). Social physique anxiety and physical self-esteem: Discriminant validity, autoregressive and reciprocal effects, and relations with physical activity behavior. Paper presented at the 2004 Congress of the European College of Sports Science, Clermont Ferrand, France, July 3-6, 2004.
- Hagger, M. S.**, Chatzisarantis, N. L. D., Culverhouse, T., & Biddle, S.J.H. (2004). The processes by which perceived autonomy support in physical education promotes leisure-time physical activity intentions and behavior: A trans-contextual model. Paper presented at the 2004 British Psychological Society Division of Health Psychology Conference, Queen Margaret University College, Edinburgh, UK, September 8-10, 2004.

## **2005**

- Hagger, M. S.**, Chatzisarantis, N. L. D., Griffin, M., & Thatcher, J. (2005). Injury representations, coping, emotions, and functional outcomes in athletes with sport-related injuries: A test of self-regulation theory. Paper presented at the 2005 European Health Psychology Society Conference, National University of Ireland, Galway, Ireland, August 31-September 3, 2005.
- Hagger, M. S.** (2005). Physical self-esteem in exercise and dieting behaviour. Paper presented at the 2005 British Psychological Society Division of Health Psychology Conference, Coventry University, Coventry, UK, September 7-9, 2005.
- Hagger, M. S.** (2005). Meta-analysis in sport and exercise psychology research. Paper presented at the International Society of Sports Psychology XI World Congress of Sport Psychology, Sydney, Australia, August 15-19, 2005.
- Hagger, M. S.** (2005). Cross-cultural issues in physical self-esteem. Paper presented at the International Society of Sports Psychology XI World Congress of Sport Psychology, Sydney, Australia, August 15-19, 2005.
- Hagger, M. S.** (2005). Meta-analysis in sport and exercise psychology research. Paper presented at the 2005 BASES conference, Loughborough University, Loughborough, UK, September 4-7, 2005.

## **2006**

- Hagger, M. S.** (2006). Health psychology. Paper presented at the UEL Challenge and Change Conference 2006, University of East London, London, UK, January 13, 2006.



**Hagger, M. S.** (2006). What do we really know about 'common sense' models of illness?: A closer look at relationships and mechanisms. Paper presented as part of invited symposium: *Advances in illness perception research and practice* at the British Psychological Society Annual Conference 2006, Cardiff, UK, March 30-April 1, 2006.

**Hagger, M. S.** (2006). Can teachers really motivate school children to be active in leisure time? Studying autonomous motivation across contexts. Paper presented as part of invited symposium: *Theories of participation in sport and exercise* at the 2006 Congress of the European College of Sports Science, Lausanne, Switzerland, July 5-8, 2006.

**Hagger, M. S.** (2006). Self-identity and the theory of planned behaviour in health-related and general behavioural contexts: Between- and within-participants analyses. Paper presented at the 2006 British Psychological Society Division of Health Psychology Conference, University of Essex, Colchester, UK, September 13-15, 2006.

\*Henderson, C., Orbell, S., & **Hagger, M. S.** (2006). Does the activation of a specific illness schema result in the automatic activation of coping strategies specific for that illness? Paper presented at the 2006 British Psychological Society Division of Health Psychology Conference, University of Essex, Colchester, UK, September 13-15, 2006.

\*Rentzelas, P. & **Hagger, M. S.** (2006). Cross-cultural individualist and collectivist group norms and group members evaluations for three different cultures. Paper presented at the 2006 British Psychological Society Division of Social Psychology Conference, University of Birmingham, Edgbaston, Birmingham, UK, September 13-15, 2006.

## **2007**

Chatzisarantis, N. L. D. & **Hagger, M. S.** (2007). Effects of an intervention based on self determination theory on physical activity participation. Paper presented at the 12th European Congress of Sport Psychology (FEPSAC), University of Thessaly, Halkidiki, Greece, September 4-9, 2007.

**Hagger, M. S.** (2007). Fostering autonomous motivation in physical education and leisure time contexts: A trans-contextual model of motivation. Paper presented at the 3<sup>rd</sup> International Conference on Self-Determination Theory, York University, Toronto, Ontario, Canada, May 24-27, 2007.

**Hagger, M. S.** (2007). Promoting physical activity for health: From theory to practice. Paper presented at the University Professors' European Meeting, University of Rome, Rome, Italy, June 22, 2007.

**Hagger, M. S.** (2007). Cross-cultural generalizability of the theory of planned behavior among young people in a physical activity context. Paper presented at the 2007 Congress of the European College of Sports Science, Jyväskylä, Finland, July 11-14, 2007.

**Hagger, M. S.** (2007). Aspects of identity and their influence on intentional behavior: Comparing effects for three health behaviors. Paper presented at the 13th Biennial Meeting of the International Society for the Study of Individual Differences (ISSID), Giessen, Germany, July 22-27, 2007.

**Hagger, M. S.** (2007). Assumptions in sport and exercise psychology: Impact upon research quality at the macro-level. Paper presented at the 12th European Congress of Sport Psychology (FEPSAC), University of Thessaly, Halkidiki, Greece, September 4-9, 2007.

**Hagger, M. S.** (2007). Cross-cultural generalizability of the theory of planned behavior among young people in a physical activity context. Paper presented at the 2007 British Psychological Society Division of Health Psychology Conference, University of Nottingham, Nottingham, UK, September 12-14, 2007.

**Hagger, M. S.**, Aşçı, F. H., Lindwall, M., Hein, V., Mülazımoğlu-Ballı, O., Tarrant, M., Pastor Ruiz, Y., Sell, V. (2007). Social physique anxiety in five European nations. Paper presented at the 2007 European Health Psychology Society Conference, Maastricht University, Maastricht, the Netherlands, August 15-18, 2007.

Lindwall, M., **Hagger, M. S.**, & Asci, H. (2007). Introducing the Physical Self-Perception Profile – Revised: Psychometric examination in three samples from Great Britain, Sweden and Turkey. Paper presented at the 2007 Congress of the European College of Sports Science, Jyväskylä, Finland, July 11-14, 2007.

## **2008**

- Chatzisarantis, N. L. D. & **Hagger, M. S.** (2008). The combined effects of implementation intentions and self concordance on physical activity behavior reconsidered. Paper presented at the British Psychological Society, Division of Sport & Exercise Psychology Inaugural Conference 2008, BPS Offices, London, UK, December 11-12, 2008.
- Chatzisarantis, N. L. D. & **Hagger, M. S.** (2008). Mindfulness and the intention-behaviour relationship within the theory of planned behaviour. Paper presented at the Joint European Health Psychology Society and British Psychological Society Division of Health Psychology Annual Conference 2008, University of Bath, Bath, UK, September 9-11, 2008.
- Hagger, M. S.** (2008). "Less is more, more or less" Theoretical integration in health psychology: Eliminating redundancy and complimentary explanations. Keynote address presented at the British Psychological Society, Division of Health Psychology Scotland, Edinburgh, Scotland, UK, March 7, 2008.
- Hagger, M. S.** (2008). "Less is more, more or less" Theoretical integration in health psychology: Eliminating redundancy and complimentary explanations. Keynote address presented at the 2008 Annual Conference of the British Psychological Society Northern Ireland Branch, Carlingford, Ireland, May 9-11, 2008.
- Hagger, M. S.** (2008). Re-evaluating the synergistic effects of implementation intentions and self-concordance on behaviour. Paper presented at the 15<sup>th</sup> General Meeting of the European Association of Experimental Social Psychology (EAESP), June 10-14, 2008.
- Hagger, M. S.** (2008). Statutory regulation Update. PsyPAG BREATHE workshop, London, UK, July 14-15, 2008
- Hagger, M. S.** (2008). Gender and age effects in social physique anxiety. Paper presented at the Joint European Health Psychology Society and British Psychological Society Division of Health Psychology Annual Conference 2008, University of Bath, Bath, UK, September 9-11, 2008.
- Hagger, M. S.** (2008). The trans-contextual model: How supporting self-determined motivation in PE can enhance motivation for physical activity in leisure time. Paper presented at the British Psychological Society, Division of Sport & Exercise Psychology Inaugural Conference 2008, BPS Offices, London, UK, December 11-12, 2008.
- McLachlan, S. & **Hagger, M. S.** (2008). An extended theory of planned behaviour: chronically-accessible motives and physical activity. Paper presented at the Joint European Health Psychology Society and British Psychological Society Division of Health Psychology Annual Conference 2008, University of Bath, Bath, UK, September 9-11, 2008.

## **2009**

- Hagger, M. S.** (2009). Motivation and leisure-time physical activity. Keynote presentation at the Leisure Studies Association Conference, Canterbury Christ Church University, Canterbury, Kent, UK, July 7-9, 2009.
- Hagger, M. S.** (2009). Statutory Regulation. Workshop presented at the British Psychological Society, Division of Health Psychology, Postgraduate Subcommittee Training Workshop, July 24, 2009.
- Hagger, M. S.** (2009). Integrating the theory of planned behaviour and self-determination theory in health behaviour: A meta-analysis. Paper presented at the 23<sup>rd</sup> Annual Conference of the European Health Psychology Society 2009, Pisa, Italy, September 23-26, 2009.
- Hagger, M. S.** (2009). Producing papers from your PhD. Workshop presented at the Higher Education Academy at York, Postgraduates who Teach (PGwT) Training Workshop, Sheffield, November 2, 2009.
- Hagger, M. S.** (2009). Intrinsic motivation and self-determination in exercise – autonomy support as a means to Change exercise behaviour. Keynote address presented at the European Network of Young Specialists in Sport Psychology Conference, Bolzano, Italy, November 20-21, 2009.
- Hagger, M. S.** & Chatzisarantis, N. L. D. (2009). Integrative approaches to self-determined motivation. Paper presented as part of invited symposium: *Intrinsic motivation and self-determination in health and well-being* at the British Psychological Society Annual Conference 2009, Brighton, UK, April 1-3, 2009.

- Hagger, M. S.** & Chatzisarantis, N. L. D. (2009). Integrating the theory of planned behaviour and self-determination theory in physical activity and health-related behaviours: a meta-analysis. Paper presented at the International Society of Sport Psychology (ISSP) 12th World Congress of Sport Psychology, Marrakesh, Morocco, June 17-21, 2009.
- Hagger, M. S.** & Chatzisarantis, N. L. D. (2009). Curtain call for the question of causality: quantitative methodological approaches in exercise psychology and the inference of causality. Paper presented at the International Society of Sport Psychology (ISSP) 12th World Congress of Sport Psychology, Marrakesh, Morocco, June 17-21, 2009.
- Hagger, M. S.** & Chatzisarantis, N. L. D. (2009). How to publish your first article. Workshop presented at the International Society of Sport Psychology (ISSP) 12th World Congress of Sport Psychology, Marrakesh, Morocco, June 17-21, 2009.
- Hagger, M. S.** & \*Montasem, A. (2009). Implementing intentions to drink a carbohydrate-electrolyte solution during exercise. Paper presented at the British Psychological Society Division of Health Psychology Annual Conference 2009, Aston University, Birmingham, UK, September 9-11, 2009.
- Hagger, M. S.**, Stevenson, A., Gaspar, P. & Ferreira, J. P. (2009). Culture, gender, and age effects in social physique anxiety and physical self-esteem. Paper presented at the International Society of Sport Psychology (ISSP) 12th World Congress of Sport Psychology, Marrakesh, Morocco, June 17-21, 2009.
- \*Keatley, D. A. & **Hagger, M. S.** (2009). Implicit processes and self-determination theory. Paper presented at the British Psychological Society Annual Conference 2009, Brighton, UK, April 1-3, 2009.
- Lindwall, M., Asci, F. H., Palmeira, A. & **Hagger, M. S.** (2009). Gender differences in the relationship of competence-importance discrepancies of physical self domains and global self-esteem: Results from a four country study. Paper presented at the International Society of Sport Psychology (ISSP) 12th World Congress of Sport Psychology, Marrakesh, Morocco, June 17-21, 2009.
- Lonsdale, A. & **Hagger, M. S.** (2009). A theory-based intervention to reduce high-risk single-session alcohol (binge) drinking among employees in a workplace setting – A preliminary report. Paper presented at the British Psychological Society Annual Conference 2009, Brighton, UK, April 1-3, 2009.
- Sanchez, X. & **Hagger, M. S.** (2009). Getting my first peer-reviewed publication or the art of becoming an expert in re-submitting manuscripts. Workshop presented at the International Society of Sport Psychology (ISSP) 12th World Congress of Sport Psychology, Marrakesh, Morocco, June 17-21, 2009.
- Sanchez, X. & **Hagger, M. S.** (2009). Getting that first peer-reviewed paper published!. Workshop presented at the European Network of Young Specialists in Sport Psychology Conference, Bolzano, Italy, November 20-21, 2009.
- Wood, C., Stiff, C., Chatzisarantis, N. L. D. & **Hagger, M. S.** (2009). The nature of ego-energy: effects of choice on self-control. Paper presented at the British Psychological Society Annual Conference 2009, Brighton, UK, April 1-3, 2009.

## **2010**

- Hagger, M. S.** (2010). Theoretical integration in health psychology. Paper presented at the French National Association of Sport Psychology Annual Conference, "Du sport à la santé ... ou de la santé au sport?" Lyon, France, March 25-26, 2010.
- Hagger, M. S.** (2010). The motivational continuum: Consistency in the literature and developing a measure of integrated regulation from first principles. Paper presented at the 4<sup>th</sup> International Conference on Self-Determination Theory, University of Ghent, Ghent, Belgium, May 13-16, 2010.
- Hagger, M. S.** (2010). Integrating theories to Change physical activity behaviour in young people. Paper presented at the III International Conference of Physical Education and Sports Science (ICPESS 2010), National Institute of Education, Singapore, May 25-28, 2010.
- Hagger, M. S.** (2010). Getting health psychology research published. Workshop presented at the British Psychological Society Division of Health Psychology Health Psychology Postgraduate Conference, University of Middlesex, Hendon, UK, July 15-16, 2010.

- Hagger, M. S.** (2010). Curtain call for causality: Inference of causality and implications for 'normal science'. Paper presented at the 15th Annual Congress of European College of Sport Science, Antalya, Turkey, July 23-27, 2010.
- Hagger, M. S.** (2010). \*Changing clinical behaviour: Impossible dream or achievable prize? Invited paper presented at the Antiseptic Non-Touch Technique (ANTT) National Conference organized by the Association of Safe Aseptic Practice (ASAP), King's Cross, London, November 12, 2010.
- Hagger, M. S.** (2010). On herding cats: An editor's view of marshalling authors, boards and referees to best effect. Roundtable discussion at Taylor & Francis Academy X: Researchers as Content Champions, Blemheim Palace, Woodstock, UK, December 8, 2010.
- Hagger, M. S. & Lonsdale, A.** (2010). A theory-based intervention to reduce alcohol drinking in excess of guideline limits in undergraduate students using online and pen-and-paper communication methods. Paper presented at the Conference on Student Alcohol Misuse, University of Northampton, Northampton, UK, March 30, 2010.
- Hagger, M. S. & Lonsdale, A.** (2010). An intervention to reduce alcohol consumption in undergraduate students using implementation intentions and mental simulations: A cross-national study. Paper presented at the Conference on Student Alcohol Misuse, University of Northampton, Northampton, UK, March 30, 2010.
- Hagger, M. S. & Lonsdale, A.** (2010). A theory-based intervention to reduce alcohol drinking in undergraduate students: online and pen-and-paper methods. Paper presented at the British Psychological Society Division of Health Psychology Annual Conference 2010, Queen's University, Belfast, Belfast, UK, September 15-17, 2010.
- Hagger M. S., Lonsdale, A., Koka, A., Hein, V., \*Pasi, H., Lintunen, T., & Chatzisarantis, N. L. D.** (2010). An intervention to reduce alcohol consumption in undergraduate students using implementation intentions and mental simulations: A cross-national study. Paper presented at the 24th Annual Conference of the European Health Psychology Society 2010, Cluj, Romania, September 1-3, 2010.
- Jacobs, N., **Hagger, M. S., Streukens, S., De Bourdeaudhuij, I., & Claes, N.** (2010). Testing an integrated model of the theory of planned behaviour and self-determination theory for different energy-balance related behaviours and intervention intensities. Paper presented at the 24th Annual Conference of the European Health Psychology Society 2010, Cluj, Romania, September 1-3, 2010.
- Kangro, E. N. & **Hagger, M. S.** (2010). The effects of trait-self-control on the relationship between health-related intentions and behaviour. Paper presented at the 24th Annual Conference of the European Health Psychology Society 2010, Cluj, Romania, September 1-3, 2010.
- Sanchez, X. & **Hagger, M. S.** (2010). Getting my first paper published. Workshop presented at the British Psychological Society, Division of Sport & Exercise Psychology Inaugural Conference 2010, London, UK, December 9-10, 2010.

## **2011**

- Brown, K. E., Purewal, E. & **Hagger, M. S.** (2011). Psychosocial effects of the Human Papilloma Virus (HPV) vaccine: Examining antecedents of cervical screening attendance. Paper presented at the 25<sup>th</sup> Annual Conference of the European Health Psychology Society 2011, Crete, Greece, September 20-14, 2011.
- \*Chan, D. K. C. & **Hagger, M. S.** (2011). Rehabilitation and prevention for sport injury: Integrating self-determination theory and the theory of planned behaviour. Paper presented at the 13<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Madiera, Portugal, July 12-17, 2011.
- Chatzisarantis, N. L. D.. & **Hagger, M. S.** (2011). Effects of an intervention based on trans-contextual model on leisure-time physical activity participation. Paper presented at the 13<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Madiera, Portugal, July 12-17, 2011.
- Hagger, M. S.** (2011). \*Changing clinical behaviour: Impossible dream or achievable prize? Invited paper presented at the Infection Prevention and Control Link Representatives Study Day organized by the Sherwood Forest Hospitals NHS Foundation Trust, King's Mill Hospital, Mansfield, UK, January 18, 2011.

- Hagger, M. S.** (2011). An intervention strategy to tackle alcohol consumption in the Midlands: Theoretical, design and practical recommendations from trials in students and company employees. Keynote address presented at the 7<sup>th</sup> Midlands Health Psychology Network Conference, University of Derby, Derby, UK, February 10, 2011.
- Hagger, M. S.** (2011). A theory-based intervention to reduce alcohol consumption and binge drinking in undergraduate students using implementation intentions and mental simulations: a cross-national study. Paper presented at the German National Conference of Sport Psychology, University of Cologne, Cologne, Germany, June 4, 2011.
- Hagger, M. S.** (2011). Cross-lagged panel designs in exercise psychology: Strengths and weaknesses. Paper presented at the 13<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Madiera, Portugal, July 12-17, 2011.
- Hagger, M. S.** (2011). Innovative theoretical integration in sport and exercise psychology: Advancing knowledge and implications for practice. Paper presented at the 13<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Madiera, Portugal, July 12-17, 2011.
- Hagger, M. S.** (2011). Promoting kids' sport and physical activity in physical education contexts: Can it really make a difference outside of school?" Keynote address presented at the 2011 Australian Conference of Science and Medicine in Sport, Freemantle, Perth Western Australia, October 19-22, 2011.
- Hagger, M. S.** (2011). Binge drinking: Research into "Changing alcohol behaviour and policy. Invited presentation at the 2011 WA State Psychology Conference, Freemantle, Western Australia, November 6-7, 2011.
- Hagger, M. S.** & Chatzisarantis, N. L. D. (2011). A review and meta-analysis of the transcontextual model. Paper presented at the 13<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Madiera, Portugal, July 12-17, 2011.
- Hagger, M. S.** & \*Keatley, D. A. (2011). Assessing the predictive validity of implicit and explicit measures of autonomous motivation for physical activity behaviour. Paper presented at the 13<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Madiera, Portugal, July 12-17, 2011.
- Hagger, M. S.**, Sanchez, X., Weed, M. (2011). Getting that first manuscript published. Workshop presented at the 13<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Madiera, Portugal, July 12-17, 2011.
- Hagger, M. S.**, Wood, C., Stiff, C. & Chatzisarantis, N. L. D. (2011). Self-regulation and self-control in exercise: The strength-energy model. Paper presented at the 13<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Madiera, Portugal, July 12-17, 2011.
- Hagger, M. S.** & \*Panetta, G. (2011). Effects of chronic inhibition and ego-depletion on eating behaviour: A test of the strength model and the role of trait self-control. Paper presented at the British Psychological Society Division of Health Psychology Annual Conference 2011, University of Southampton, Southampton, UK, September 14-16, 2011.
- Hagger, M. S.**, Lonsdale, A. & Chatzisarantis, N. L. D. (2011). Effectiveness of a brief intervention using mental simulations in reducing alcohol consumption in corporate employees. Paper presented at the 25<sup>th</sup> Annual Conference of the European Health Psychology Society 2011, Crete, Greece, September 20-14, 2011.
- Hagger, M. S.** Lonsdale, A., Hein, V., Koka, A., \*Pasi, H., Lintunen, T. & Chatzisarantis, N. L. D. (2011). A theory-based intervention to reduce alcohol consumption and binge drinking in undergraduate students using implementation intentions and mental simulations: a cross-national study. Paper presented at the Curtin Health Innovation Research Institute Conference 2011, Curtin University, Perth, Western Australia, November 24, 2011.
- Hancock, J., Brown, K. E. & **Hagger, M. S.** (2011). Identifying safer sex behaviours and variables to target in an intervention: An online cross-sectional study. Paper presented at the British Psychological Society Division of Health Psychology Annual Conference 2011, University of Southampton, Southampton, UK, September 14-16, 2011.
- Jacobs, N., **Hagger, M. S.**, Streukens, S., De Bourdeaudhuij, I., & Claes, N. (2011). Testing an integrated model of the theory of planned behaviour and self-determination theory for different energy-balance related behaviours and intervention intensities. Paper presented at the 13<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Madiera, Portugal, July 12-17, 2011.

\*Pasi, H., Lintunen, T. & **Hagger, M. S.** (2011). Autonomous motives and self-reported physical activity during the school day and leisure-time. Paper presented at the 13<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Madiera, Portugal, July 12-17, 2011.

## **2012**

\*Chan, D. K. C., **Hagger, M. S.** & Fung, Y. K. (2012). The effects of implicit motivation for myopia prevention: A preliminary test of the trans-contextual model. Paper presented at the 26<sup>th</sup> Annual Conference of the European Health Psychology Society 2012, Prague, Czech Republic, August 21-25, 2012.

**Hagger M. S.** (2012). Psycho-social aspects of familial hypercholesterolaemia. Paper presented at the Familial Hypercholesterolemia and Genetic Dyslipidaemia Satellite Meeting (ISA - FH2012), Manly Beach, Sydney, Australia, March 23-25, 2012.

**Hagger M. S.** (2012). A theory-based intervention to reduce alcohol consumption and binge drinking in undergraduate students using implementation intentions and mental simulations: a cross-national study. Paper presented at the Education and Sport Education conference 2012, Macao, China, March 31 - April 2, 2012.

**Hagger M. S.**, Leaver, E., Esser, K., Leung, M. C. & Chatzisarantis, N. L. D. (2012). Cigarette cravings deplete smokers' self-control resources: A test from a self-control resource depletion perspective. Paper presented at the British Psychological Society Division of Health Psychology Annual Conference 2012, Liverpool, UK, September 5-7, 2012.

**Hagger M. S.**, Lonsdale, A., Hein, V., Koka, A., \*Pasi, H., Lintunen, T., & Chatzisarantis, N. L. D. (2012). A theory-based intervention to reduce alcohol consumption and binge drinking in undergraduate students using implementation intentions and mental simulations: a cross-national study. Paper presented at the Australian Society of Behavioural Health and Medicine (ASBHM) conference 2012, Melbourne, Australia, February 8-10, 2012.

**Hagger, M. S.** & \*Panetta, G. (2012). Effects of chronic inhibition and ego-depletion on eating behaviour: A test of the limited resource model. Paper presented at the 26<sup>th</sup> Annual Conference of the European Health Psychology Society 2012, Prague, Czech Republic, August 21-25, 2012.

\*Keatley, D. A., Clarke, D. D. & **Hagger, M. S.** (2012). Role of implicit and explicit motivation across health behaviours. Paper presented at the 26<sup>th</sup> Annual Conference of the European Health Psychology Society 2012, Prague, Czech Republic, August 21-25, 2012.

\*Keatley, D. A., Clarke, D. D., Ferguson, E. & **Hagger, M. S.** (2012). The effects of implicit measures of self-determination theory, and priming of motivation on goal-directed behaviour. Paper presented at the 26<sup>th</sup> Annual Conference of the European Health Psychology Society 2012, Prague, Czech Republic, August 21-25, 2012.

\*MacDonald, S., **Hagger, M. S.**, King, A., Foss, A. & Ferguson, E. (2012). Using message framing and the common sense model to predict intentions to vaccinate against influenza. Paper presented at the 26<sup>th</sup> Annual Conference of the European Health Psychology Society 2012, Prague, Czech Republic, August 21-25, 2012.

## **2013**

\*Chan, D. K. C., & **Hagger, M. S.** (2013). Psychological and behavioural variables in the context of sport injury: Are you measuring what you think you are measuring? Paper presented at the 13<sup>th</sup> ISSP World Congress of Sport Psychology. Beijing, China, July 21-26, 2013.

\*Chan, D. K. C., & **Hagger, M. S.** (2013). Applying the trans-contextual model to understand behavioural beliefs and adherence of injury prevention and safety in sport. Paper presented at the 13<sup>th</sup> ISSP World Congress of Sport Psychology. Beijing, China, July 21-26, 2013.

\*Chan, D. K. C., **Hagger, M. S.**, Hardcastle, S., Lentillon-Kaestner, V., Dimmock, J., & Donovan, R. J. (2013, July). Salient beliefs of doping and anti-doping: A qualitative investigation in Western Australia. Paper presented at the 13<sup>th</sup> ISSP World Congress of Sport Psychology. Beijing, China, July 21-26, 2013.

Descamps, G., Le Nair, C. & **Hagger, M. S.** (2013). Stress, coping and addictive drug use among college students. Paper presented at the 27<sup>th</sup> Annual Conference of the European Health Psychology Society 2013, Bordeaux, France, July 16-20, 2013.

- Descamps, G., Simon, R. & **Hagger, M. S.** (2013). The influence of body-related-beliefs on sportsmen's body image and muscle dysmorphia: The role of body malleability. Paper presented at the 27<sup>th</sup> Annual Conference of the European Health Psychology Society 2013, Bordeaux, France, July 16-20, 2013.
- Hagger, M. S.** (2013). Self-control and willpower: research on mechanisms and applications in exercise and health psychology. Keynote address at the Finland Sport Science Conference, Jyväskylä, Finland, June 12-13, 2013.
- Hagger, M. S.** (2013). The importance of being earnest: Trial registration and full disclosure in publishing in health psychology. Paper presented at the 27<sup>th</sup> Annual Conference of the European Health Psychology Society 2013, Bordeaux, France, July 16-20, 2013.
- Hagger M. S.** (2013). Perceptions and behavioural responses of smokers to the introduction of cigarette plain packaging: A qualitative study. Paper presented at the Environmental Health Australia 38<sup>th</sup> National Conference, Perth, Australia, September 24-26, 2013.
- Hagger M. S.,** \*Caudwell, K. M. & Chatzisarantis, N. L. D. (2013). Predicting undergraduate 'predrinking' alcohol behaviour: Application of an integrated motivational model. Paper presented at the British Psychological Society Division of Health Psychology Annual Conference 2013, Brighton, UK, September 11-13, 2013.
- Hagger, M. S.,** & \*Chan, D. K. C. (2013). Longitudinal designs and causal modeling for investigating behavioural and psychological patterns of sport injury: Can correlations infer causation? Paper presented at the 13th ISSP World Congress of Sport Psychology. Beijing, China, July 21-26, 2013.
- Hagger, M. S.,** & \*Chan, D. K. C. (2013). The virtues of mixed methods research for providing converging evidence: Experiences and recommendations. Paper presented at the 13th ISSP World Congress of Sport Psychology. Beijing, China, July 21-26, 2013.
- Hagger, M. S.,** & \*Chan, D. K. C., & (2013). Psychological behaviour-Change techniques in interventions to promote sport and physical activity in young people: A conceptual review. Paper presented at the 13th ISSP World Congress of Sport Psychology. Beijing, China, July 21-26, 2013.
- Hagger, M. S.,** \*Chan, D. K. C., \*Keatley, D., Hardcastle, S., Lentillon-Kaestner, V., Dimmock, J., & Donovan, R. J. (2013). The avoidance of taking banned performance enhancing substances in sport: A perspective from self-determination theory. Paper presented at the 13th ISSP World Congress of Sport Psychology. Beijing, China, July 21-26, 2013.
- Hagger M. S.** Leaver, E., Esser, K., Leung, C.-M. Te Pas, N., \*Keatley, D. A., Chatzisarantis, N. L. D. (2013). Cigarette cravings deplete smokers' self-control resources: a test from a self-control resource depletion perspective. Paper presented at the Australian Society of Behavioural Health and Medicine (ASBHM) conference 2013, Newcastle, Australia, February 6-8, 2013.
- \*Keatley, D. A., **Hagger, M. S.** & Heym, N. (2013). The role of implicit measures of motivation in health, relationships, and well-being. Paper presented at the 27<sup>th</sup> Annual Conference of the European Health Psychology Society 2013, Bordeaux, France, July 16-20, 2013.
- Luszczynska, A., **Hagger, M. S.,** Schwarzer, R., Webb, T. L., de Wit, J. B. F. (2013). Implementation intentions, planning and behaviour Change: Proposal for the way forward. Roundtable discussion at the 27<sup>th</sup> Annual Conference of the European Health Psychology Society 2013, Bordeaux, France, July 16-20, 2013.
- 2014**
- \*Chan, D. K. C., Yang, S. X., Du, X., Chatzisarantis, N. L. D. & **Hagger, M. S.** (2014). The effects of teachers' autonomy support on students' prevention of H1N1 influenza in China. Paper presented at the 13th International Congress of Behavioral Medicine, Groningen, the Netherlands, August 20-23, 2014.
- \*Chan, D. K. C., Yang, S. X., Du, X., Chatzisarantis, N. L. D. & **Hagger, M. S.** (2014). Teachers' autonomy support and students' motivation and intention of preventing H1N1 Influenza. Paper presented at the 28<sup>th</sup> Annual Conference of the European Health Psychology Society 2014, Innsbruck, Austria, August 26-30, 2014.

- Chatzisarantis, N. L. D. & **Hagger, M. S.** (2014). The virtues of field experiments in testing mechanisms and building evidence in behavioral medicine. Paper presented at the 13th International Congress of Behavioral Medicine, Groningen, the Netherlands, August 20-23, 2014.
- \*Caudwell, K. M. & **Hagger, M. S.** (2014). Thinking about pre-drinking: Developing an integrated theoretical model to predict alcohol pre-drinking in Australian undergraduates. Paper presented at the Australian Society of Behavioural Health and Medicine (ASBHM) conference 2014, Auckland, New Zealand, February 12-14, 2014.
- Descamps, G., Berjot, S., Le Nair, C. & **Hagger, M. S.** (2014). Prediction of college students' health behaviour: the relevance of mediation models. Paper presented at the 5th French National Association of Sport Psychology International Congress of Sport Psychology, Nice, France, May 12-14, 2014.
- Hagger, M. S.** (2014). Self-control and willpower: Research on mechanisms and applications in exercise and health psychology. Keynote address at the 5th French National Association of Sport Psychology International Congress of Sport Psychology, Nice, France, May 12-14, 2014.
- Hagger, M. S.** (2014). Self-regulation, self-control, motivation, and health behaviour: from theory to intervention. Transversal keynote address at the 28<sup>th</sup> International Congress of Applied Psychology (ICAP), Paris, France, July 8-13, 2014.
- Hagger, M. S.** (2014). Self-control and self-regulation in exercise and physical activity: Research on mechanisms and applications. Keynote address at the 7<sup>th</sup> Asian-South Pacific Association of Sport Psychology International Congress, National Olympics Memorial Youth Center, Tokyo, Japan, August 7-10, 2014.
- Hagger, M. S.** (2014). Theory-based interventions, behaviour Change techniques, mediators, and mechanisms: Contributing to knowledge. Paper presented at the 13th International Congress of Behavioral Medicine, Groningen, the Netherlands, August 20-23, 2014.
- Hagger M. S.**, \*Caudwell, K. M., Protogerou, C., Anagnosopolou, F. & Chatzisarantis, N. L. D. (2013). Motivational and social-cognitive influences on pre-drinking: A cross-national study on undergraduates. Paper presented at the Australian Society of Behavioural Health and Medicine (ASBHM) conference 2014, Auckland, New Zealand, February 12-14, 2014.
- Hagger, M. S.**, Mullan, B., Todd, J. & Chatzisarantis, N. L. D. (2014). Experimental methods in health psychology in Australia: implications for applied research. Paper presented at the 5th French National Association of Sport Psychology International Congress of Sport Psychology, Nice, France, May 12-14, 2014.
- Hagger, M. S.** & Wong, G. G. (2014). Effect of a smartphone-delivered intervention using imagery and self-control training on alcohol consumption and binge drinking: An experimental study. Paper presented at the 28<sup>th</sup> Annual Conference of the European Health Psychology Society 2014, Innsbruck, Austria, August 26-30, 2014.
- \*Keatley, D. A., Carragher, N., Chikritzhs, T., Daube, M. & **Hagger, M. S.** (2014). Minimum pricing for alcohol: What does the Western Australian public think? Paper presented at the Australian Society of Behavioural Health and Medicine (ASBHM) conference 2014, Auckland, New Zealand, February 12-14, 2014.
- \*Keatley, D. A., \*Caudwell, K. M., Heym, N. & **Hagger, M. S.** (2014). The predictive validity of implicit measures in health behaviours and well-being. Paper presented at the 28<sup>th</sup> Annual Conference of the European Health Psychology Society 2014, Innsbruck, Austria, August 26-30, 2014.
- \*Keatley, D. A., Clarke, D. D. & **Hagger, M. S.** (2014). The role of implicit motivation in health behaviours. Paper presented at the Australian Society of Behavioural Health and Medicine (ASBHM) conference 2014, Auckland, New Zealand, February 12-14, 2014.
- \*Keatley, D. A. & **Hagger, M. S.** (2014). Minimum price policies for alcohol: What do UK and Western Australian people think? Paper presented at the 28<sup>th</sup> Annual Conference of the European Health Psychology Society 2014, Innsbruck, Austria, August 26-30, 2014.
- Luszczynska, A. & **Hagger, M. S.** (2014). Developing theory-based interventions for health behavior Change. Workshop presented at the Australian Society of Behavioural Health and Medicine (ASBHM) conference 2014, Auckland, New Zealand, February 12-14, 2014.



Luszczynska, A. & **Hagger, M. S.** (2014). Self-efficacy or planning? Effects of a Change in cognitions on adolescents' behavior and body fat. Paper presented at the 28<sup>th</sup> Annual Conference of the European Health Psychology Society 2014, Innsbruck, Austria, August 26-30, 2014.

## **2015**

\*Caudwell, K. & **Hagger, M. S.** (2015). Predicting pre-drinking alcohol consumption and related harm among university undergraduates: A dual-systems approach. Paper presented at the Australasian Society for Behavioural Health and Medicine (ASBHM) 12th Annual Scientific Conference, February 11-13, 2015, Perth, Western Australia.

\*Chan, D. K. C. & **Hagger, M. S.** (2015). Is self-control predictive to athletes' anti-doping behavioural responses? Paper presented at the 14th European Congress of Sport Psychology (FEPSAC), Bern, Switzerland, July 14-19, 2015.

\*Chan, D. K. C., Ivarsson, A., Stenling, A., Yang, S. X., Chatzisarantis, N. L. D. & **Hagger, M. S.** (2015). Consistency tendency interferes factor correlations in sport and exercise psychology research? A randomised controlled cross-over trial. Paper presented at the 14th European Congress of Sport Psychology (FEPSAC), Bern, Switzerland, July 14-19, 2015.

\*Chan, D. K. C., Yang, S. X., Pan, L., Chen, M. & **Hagger, M. S.** (2015). A longitudinal study of the common-sense model of illnesses among haematology patients in China. Paper presented at the 29<sup>th</sup> Annual Conference of the European Health Psychology Society 2015, Limassol, Cyprus, September 1-5, 2015.

\*Fenner, A., Howie, E., Davis, M., **Hagger, M. S.** & Straker, L. (2015). The effects of Curtin University's Activity, Food, and Attitudes Program, on psychological outcomes in overweight and obese adolescents and their parents: One-year follow up. Paper presented at the Australasian Society for Behavioural Health and Medicine (ASBHM) 12th Annual Scientific Conference, February 11-13, 2015, Perth, Western Australia.

**Hagger, M. S.** (2015). The multiple pathways by which self-control predicts health behaviour. Paper presented at the 2015 Australian Psychological Society College of Health Psychologists Conference, April 10-11, 2015, Coogee Beach, Sydney, Australia.

**Hagger, M. S.** (2015). The role of willpower and self-control in exercise and physical activity. Paper presented at the 6<sup>th</sup> National Sports Institute (ISN) International Sports Science and Sports Medicine Conference 2015, Putrajaya, Kuala Lumpur, Malaysia, April 20-23, 2015.

**Hagger, M. S.** (2015). Can models of motivation and social cognition used to predict exercise behaviour be rejected?. Paper presented at the 14th European Congress of Sport Psychology (FEPSAC), Bern, Switzerland, July 14-19, 2015.

**Hagger, M. S.** (2015). Attitudes and beliefs of the general public towards a minimum price policy for alcohol in Western Australia: A qualitative study. Paper presented at the Australasian Professional Society on Alcohol and other Drugs (APSAD) Annual Scientific Alcohol and Drug Conference 2015, November 8-11, 2015, Perth, Western Australia.

**Hagger, M. S.** & Hardcastle, S. J. (2015). Interpersonal style should be included in taxonomies of behaviour Change techniques. Paper presented at the Australasian Society for Behavioural Health and Medicine (ASBHM) 12th Annual Scientific Conference, February 11-13, 2015, Perth, Western Australia.

**Hagger, M. S.**, Koch, S. & Orbell, S. (2015). Coping as mediators of illness representations in the common sense model: A meta-analysis. Paper presented at the 29th Annual Conference of the European Health Psychology Society 2015, Limassol, Cyprus, September 1-5, 2015.

Hamilton, K., **Hagger, M. S.**, Henderson, J. (2015). A qualitative investigation exploring how health-promoting behaviours are discussed in general practice. Paper presented at the 29th Annual Conference of the European Health Psychology Society 2015, Limassol, Cyprus, September 1-5, 2015.

Hamilton, K., Pearson, M., & Peden, A. (2015). Stop there's water on the road! Developing theory-based messages to prevent people driving through flooded waterways. Paper presentation at the World Conference on Drowning Prevention, Penang, Malaysia, November 4-6, 2015.

- \*Hattar, A., **Hagger, M. S.**, & Pal, S. (2015). Weight-loss intervention using implementation intentions and mental imagery: A randomised control trial study protocol. Paper presented at the Australasian Society for Behavioural Health and Medicine (ASBHM) 12th Annual Scientific Conference, February 11-13, 2015, Perth, Western Australia.
- \*Kamarova, S., Chatzisarantis, N. L. D. & **Hagger, M. S.** (2015). Self-improvement goals: Overpowering effect of social comparisons on happiness and competence evaluations. Paper presented at the Australasian Society for Behavioural Health and Medicine (ASBHM) 12th Annual Scientific Conference, February 11-13, 2015, Perth, Western Australia.
- \*Meslot, C., Gauchet, A., **Hagger, M. S.** & Allenet, B. (2015). Implementation intention and mental imagery to improve physical activity. Paper presented at the 29th Annual Conference of the European Health Psychology Society 2015, Limassol, Cyprus, September 1-5, 2015.
- Nurmi, J., Haukkala, A., Araujo-Soares, V., **Hagger, M. S.** & Hankonen, N. (2015). Why do youth high in self-control exercise more? Motivation quality and self-regulatory skills as mediators. Paper presented at the 29th Annual Conference of the European Health Psychology Society 2015, Limassol, Cyprus, September 1-5, 2015.
- Orbell, S., \*Henderson, C. J. & **Hagger, M. S.** (2015). Illness cognition in seasonal context. Paper presented at the 29th Annual Conference of the European Health Psychology Society 2015, Limassol, Cyprus, September 1-5, 2015.
- Sainbury, K., Kothe, E., Mullan, B., **Hagger, M. S.** & Hamilton, K. (2015). Effective behaviour Change techniques in health behaviour Change interventions: A review of meta-analyses. Paper presented at the 29th Annual Conference of the European Health Psychology Society 2015, Limassol, Cyprus, September 1-5, 2015.

## **2016**

- Brown, D., Morrissey, D., **Hagger, M. S.**, Hamilton, K. (2016). Testing a multi-phase, multi-theory model of health behaviour: Exploring fruit and vegetable consumption in long-haul drivers. Paper presented at the International Congress of Behavioral Medicine, Melbourne, Australia, December 7-10, 2016.
- \*Chan, D. K. C., Ivarsson, A., Stenling, A. & **Hagger, M. S.** (2016). Inter-item distance Changes the predictive power of motivation on health behavior? A randomised controlled trial. Paper presented at the International Congress of Behavioral Medicine, Melbourne, Australia, December 7-10, 2016.
- Hagger, M. S.** (2016). On nomological validity: Testing theory stipulated networks of relations among constructs in social cognitive models applied to health behavior. Invited presentation at the Social Personality and Health Preconference, Society for Personality and Social Psychology (SPSP) 17<sup>th</sup> Annual Convention, San Diego, USA, January 28, 2016.
- Hagger, M. S.** (2016). Theoretical integration in exercise psychology: Toward comprehensive frameworks for physical activity behaviour. Keynote address presented at the Italian Association of Sport Psychology (AIPS) XXI National Congress 2016, May 27-29, 2016.
- Hagger, M. S.** (2016). Using meta-analytic path analysis to test the nomological validity and processes of social cognitive theories in health behavior research. Paper presented at the 31<sup>st</sup> International Congress of Psychology, Yokohama, Japan, July 24-29, 2016.
- Hagger, M. S.** (2016). Predicting and understanding people's self-regulation of social and health behaviour. Keynote address presented at the Pedaforum Congress, Jyväskylä, Finland, August 17-18, 2016.
- Hagger, M. S.** (2016). How exercise professionals can Change physical activity behaviour by promoting self-regulation. Keynote address presented at the European Network of Young Specialists in Sport Psychology Conference, Warsaw, Poland, October 21-22, 2016.
- Hagger, M. S.** (2016). How theories from psychology and behavioural science can inform the development of effective interventions to promote health behaviour. Keynote address presented at the Finnish National Conference on Health Psychology, Helsinki, Finland, October 25-26, 2016.

- Hagger, M. S.**, \*Chan, D. K. C., Protogerou, C., & Chatzisarantis, N. L. D. (2016). Theoretical Integration in social psychological theories applied to health behaviour: Rationale, advantages, and examples. Paper presented at the Asian Congress of Health Psychology 2016, Yokohama, Japan, July 23-24, 2016.
- Hagger, M. S.** & Chatzisarantis, N. L. D. (2016). Multiple high-powered registered replications of the resource-depletion effect. Oral presentation at the Society for Personality and Social Psychology (SPSP) 17<sup>th</sup> Annual Convention, San Diego, USA, January 28-30, 2016.
- Hagger, M. S.** & Chatzisarantis, N. L. D. (2016). An integrated behavior Change model for physical activity. Paper presented at the International Congress of Behavioral Medicine, Melbourne, Australia, December 7-10, 2016.
- Hagger, M. S.**, Pang, J., & Watts, G. F. (2016). Predicting familial hypercholesterolemia patients' quality of life and self-assessed health: Illness beliefs, beliefs about medication, and health literacy. Paper presented at the European Atherosclerosis Society Congress, Innsbruck, Austria, May 29-June 1, 2016.
- Hamilton, K., Peden, A., \*Keech, J., & **Hagger, M. S.** (2016). Driving through floodwater: exploring driver decisions through the lived experience. Paper presented at the 30th Conference of the European Health Psychology Society and British Psychological Society Division of Health Psychology, August 23-27, 2016, Aberdeen, Scotland.
- \*Hattar, A., Pal, S. & **Hagger, M. S.** (2016). A health action process approach predicting physical activity-related outcomes within an overweight and obese adult sample. Paper presented at the Society for Personality and Social Psychology (SPSP) 17<sup>th</sup> Annual Convention, San Diego, USA, January 28-30, 2016.
- \*Keech, J., O'Callaghan, F., **Hagger, M. S.**, & **Hamilton, K.** (2016). Stress mindset and stress-related outcomes: A model of deliberative and implicit influences on behavioural mediators. Paper presented at the International Congress of Behavioral Medicine, Melbourne, Australia, December 7-10, 2016.
- Kwasnicka, D., Vandelanotte, C., Rebar, A., Gardner, B., Short, C., Duncan, M. & **Hagger, M. S.** (2016). Comparing motivational, self-regulatory and habitual processes in a computer-tailored physical activity intervention in hospital employees: The PATHS randomised controlled trial. Paper presented at the European Health Psychology Society and British Psychological Society Division of Health Psychology Annual Conference 2016, Aberdeen, UK, August 23-27, 2016.
- Kwasnicka, D., Vandelanotte, C., Gardner, B., Rebar, A., & **Hagger, M. S.** (2016). Comparing self-regulatory and automatic processes in a computer-tailored physical activity intervention in frontline healthcare professionals. Paper presented at the International Congress of Behavioral Medicine, Melbourne, Australia, December 7-10, 2016.
- Teixeira, P. J., Silva, M. N., Marques, M. M., Carraça, E. V., La Guardia, J. G., Williams, G. C., Patrick, H., Markland, D., Ntoumanis, N., Reeve, J. M., Sebire, S. J., Lonsdale, C., Standage, M., Haerens, L., Michie, S., Ryan, R. M. & **Hagger, M. S.** (2016). Identifying self-determination theory-based techniques aimed at promoting autonomy, competence, and relatedness in health contexts. Paper presented at the 6<sup>th</sup> International Conference on Self-Determination Theory, June 1-3, Victoria BC, Canada.
- Zhang, C. Q., Chung, P. K., \*Chan, D. K. C., & **Hagger M. S.**, Liu, J.D., Si, G. Wearing facemask to prevent influenza in Hong Kong elderly people: A qualitative investigation. Paper presented at the International Congress of Behavioral Medicine, Melbourne, Australia, December 7-10, 2016.

## **2017**

- \*Chan, D. K. C., Standage, M., Lonsdale, C., & **Hagger, M. S.** (2017). The trans-contextual model and learning safety in sport. Paper presented at the International Society of Sport Psychology 14<sup>th</sup> World Congress 2017, Sevilla, Spain, July 10-14, 2017.
- \*Chan, D. K.-C., & **Hagger, M. S.** (2017). Implicit doping attitude and awareness of unintentional doping. Paper presented at the International Society of Sport Psychology 14<sup>th</sup> World Congress 2017, Sevilla, Spain, July 10-14, 2017.
- Conroy, D., & **Hagger, M. S.** (2017). Imagery interventions in health behaviour: A meta-analysis. Paper presented at the 31st Conference of the European Health Psychology Society: Innovative ideas in Health Psychology, Padova, Italy, August 31-September 2, 2017.

- Hagger, M. S.** (2017). Lessons learned from the ego-depletion replication and suggestions for future research. Paper presented at the 18th General Meeting of the European Association of Social Psychology, Granada, Spain, July 5-8, 2017.
- Hagger, M. S.** (2017). Attitudes and physical activity. Paper presented at the Attitudes Conference, Annenberg Public Policy Center of the University of Pennsylvania, May 17-19, 2017.
- Hagger, M. S., & Chatzisarantis, N. L. D.** (2017). A pre-registered multi-lab replication of the ego-depletion effect: Implications for the replication “crisis” and health psychology. Paper presented at the 31st Conference of the European Health Psychology Society: Innovative ideas in Health Psychology, Padova, Italy, August 31-September 2, 2017.
- Hagger, M. S., & Chatzisarantis, N. L. D.** (2017). The trans-contextual model. Paper presented at the International Society of Sport Psychology 14<sup>th</sup> World Congress 2017, Sevilla, Spain, July 10-14, 2017.
- Hagger, M. S., Koch, S., Chatzisarantis, N. L. D., & Orbell, S.** (2017). Meta-analysis of the common sense model of illness self-regulation. Paper presented at the Finnish National Conference on Health Psychology, Helsinki, Finland, October 31-November 1, 2017.
- Hagger, M. S., Pang, J., Hardcastle, S. J., & Watts, G. F.** (2017). Health literacy in familial hypercholesterolemia patients: A cross-national study. Paper presented at the Cardiovascular Society of Australia and New Zealand Annual Scientific Meeting, Perth, Australia, August 10-13, 2017.
- Hamilton, K., Kirkpatrick, A., Rebar, A., & **Hagger, M. S.** (2017). Child sun safety: Application of an integrated behaviour Change model. Paper presented at the Australian Psychological Society College of Health Psychologists/ Australasian Society for Behavioural Health and Medicine (ASBHM) Conference, Surfer's Paradise, Gold Coast, Australia, July 13-15, 2017.
- Hamilton, K., \*Keech, J., Peden, A., & **Hagger, M. S.** (2017). Investigating the correlates of alcohol use and aquatic injury and drowning: a systematic review. Paper presented at the World Conference on Drowning Prevention, October, 17-19, 2017, Vancouver, Canada.
- Hamilton, K., Peden, A., \*Keech, J., & **Hagger, M. S.** (2017). \*Changing people's attitudes and beliefs toward driving through floodwaters: evaluation of a video infographic. Paper presented at the World Conference on Drowning Prevention, October, 17-19, 2017, Vancouver, Canada.
- Hamilton, K., Peden, A., \*Keech, J., Shelby, P., & **Hagger, M. S.** (2017). To drive or not to drive: understanding people's behavioural decision making in vehicles around floodwater. Paper presented at the World Conference on Drowning Prevention, October, 17-19, 2017, Vancouver, Canada.
- \*Kamarova, S., Chatzisarantis, N. L. D., Kawabata, M., & **Hagger, M. S.** (2017). School-based intervention programs in promoting leisure-time physical activity: Applying the theory of planned behaviour. Paper presented at the International Society of Sport Psychology 14<sup>th</sup> World Congress 2017, Sevilla, Spain, July 10-14, 2017.
- Kwasnicka, D., Vandelanotte, C., Rebar, A., Gardner, B., Short, C., Duncan, M., Crook, D., & **Hagger, M. S.** (2017). Applying motivational, self-regulatory and habit-development techniques in a computer-tailored physical activity intervention in healthcare professionals. Paper presented at the 31st Conference of the European Health Psychology Society: Innovative ideas in Health Psychology, Padova, Italy, August 31-September 2, 2017.
- Kwasnicka, D., Rebar, A., Vandelanotte, C., Short, C., Duncan, M., & **Hagger, M. S.** (2017). Data-prompted interviews exploring the self-regulatory and automatic components of a physical activity intervention for healthcare professionals. Paper presented at the Australian Psychological Society College of Health Psychologists/ Australasian Society for Behavioural Health and Medicine (ASBHM) Conference, Surfer's Paradise, Gold Coast, Australia, July 13-15, 2017.
- Mallia, L., Lucidi, F., Zelli, A., & **Hagger, M. S.** (2017). Predicting moral attitudes and behaviour in young team sport athletes: A self-determination theory perspective. Paper presented at the International Society of Sport Psychology 14<sup>th</sup> World Congress 2017, Sevilla, Spain, July 10-14, 2017.

\*Polet, J., Lintunen, T., & **Hagger, M. S.** (2017). Meta-analysis and path analysis of the reasoned action approach to understand pa and health behaviour: The effect of past behaviour. Paper presented at the International Society of Sport Psychology 14<sup>th</sup> World Congress 2017, Sevilla, Spain, July 10-14, 2017.

## **2018**

Brown, D., J., **Hagger, M. S.**, & Hamilton, K. (2018). Exploring a laypersons understanding of health-habit formation: A network diagram approach. Poster presented at the 32<sup>nd</sup> Conference of the European Health Psychology Society, Galway, Ireland, August 21-25, 2018.

Brown, D., J., **Hagger, M. S.**, & Hamilton, K. (2018). Testing a three-phase integrated model of health behaviour for binge drinking and dental flossing. Paper presented at the 32<sup>nd</sup> Conference of the European Health Psychology Society, Galway, Ireland, August 21-25, 2018.

\*Chan, D. K. C., Lee, A. S. Y., Standage, M., Lonsdale, C., & **Hagger, M. S.** (2018). Students' motivation and beliefs in sport injury prevention: A qualitative investigation of the trans-contextual model. Paper presented at the Society of Behavioural Medicine Annual Meeting, New Orleans, USA, April 11-14, 2018.

Galli, F., Lucidi, F., Chirico, A., Mallia, L., & **Hagger, M. S.** (2018). A trans-behavioral model of motivation in academic context. Poster presented at the 32<sup>nd</sup> Conference of the European Health Psychology Society, Galway, Ireland, August 21-25, 2018.

**Hagger, M. S.** (2018). Health behaviour, health promotion, and the transition to parenthood: Insights from research in health psychology and behaviour Change. Paper presented at the International Workshop of the Israel Science Foundation, Pathways and Barriers to the Transition to Parenthood: Existential concerns regarding fertility, pregnancy, and early parenthood, Bar-Ilan University, Tel-Aviv, Israel, March 12-14, 2018.

**Hagger, M. S.** (2018). In favor: Interventions based on behavioural theory work in the real world. Paper presented at the International Society of Behavioural Nutrition and Physical Activity 2018 Annual Meeting, Hong Kong, June 3-6, 2018.

**Hagger, M. S.** (2018). Developing a way to describe psychology theories applied in health behavior research: A process diagram approach. Master lecture presented at the 29<sup>th</sup> International Congress of Applied Psychology, Palais des congrès, Montréal, Québec, Canada, June 26-30, 2018.

**Hagger, M. S.** (2018). Two processes by which trait self-control relates to behaviour. Invited lecture presented at the 2018 Dresden Symposium "Volition and Self-Control: From Metaphors to Mechanisms", University of Dresden, Collaborative Research Centre on "Volition and Cognitive Control", Dresden, Germany, August 29-31, 2018.

**Hagger, M. S.** (2018). Testing the theory of planned behavior and reasoned action approach: a meta-analytic structural equation modeling approach. Invited lecture presented at the Identifying the Determinants of (Non-)Replicability: The Theory of Planned Behavior meeting, Trier, Germany, October 17-19, 2018.

**Hagger, M. S.**, Hardcastle, S. J., Hu, M., Kwok, S., Lin, J., Nawawi, H. M., Pang, J., Santos, R. D., Soran, H., Su, T.-C., Tomlinson, B., & Watts, G. F. (2018). Health literacy in familial hypercholesterolemia: A cross-national study. Poster presented at the XVIIIth International Symposium on Atherosclerosis, Toronto, Canada, June 9-12, 2018.

**Hagger, M. S.**, & Orbell, S. (2018). Self-regulation in sickness and in health. State-of-the-art presentation presented at the 32<sup>nd</sup> Conference of the European Health Psychology Society, Galway, Ireland, August 21-25, 2018.

Hamilton, K., Gibbs, I., \*Keech, J. J., & **Hagger, M. S.** (2018). Predicting heavy episodic drinking in young Australian university students: a dual process approach. Paper presented at the Society of Behavioural Medicine Annual Meeting, New Orleans, USA, April 11-14, 2018.

Hamilton, K., Trost, N., \*Keech, J. J., \*Chan, D. K. C., & **Hagger, M. S.**, (2018). Predicting sugar consumption: application of an integrated dual process, dual-phase model. Paper presented at the 32<sup>nd</sup> Conference of the European Health Psychology Society, Galway, Ireland, August 21-25, 2018.

**Hagger, M. S.**, Zhang, C. Q., Protogerou, C., Girelli, L., Mallia, L., & Lucidi, F. (2018). Past behavior and self-reported habit and behavioral automaticity in social cognitive models: meta-analysis and test of a process model. Paper presented at the Society of Behavioural Medicine Annual Meeting, New Orleans, USA, April 11-14, 2018.

\*Keech, J. J., **Hagger, M. S.**, Orbell, S., & Hamilton, K. (2018). Development and validation of a new measure of stress mindset: The stress control mindset measure (SCMM). Poster presented at the Society of Behavioural Medicine Annual Meeting, New Orleans, USA, April 11-14, 2018.

Zhang, C. Q., Schwarzer, R., Zhang, R., & **Hagger, M. S.** (2018). A meta-analysis of the health action process approach and health behaviors. Paper presented at the Society of Behavioural Medicine Annual Meeting, New Orleans, USA, April 11-14, 2018.

## **2019**

Brown, D., **Hagger, M. S.**, & Hamilton, K. (2019). A qualitative investigation of habit formation in the Australian population. Paper presented at the Australian Psychological Society College of Health Psychologists Annual Conference, April 26-27, 2019, Adelaide, Australia.

Brown, D., **Hagger, M. S.**, & Hamilton, K. (2019). Understanding the role of counter-intentional habits in children's nutrition behaviors. Paper presented at the Australian Psychological Society College of Health Psychologists Annual Conference, April 26-27, 2019, Adelaide, Australia.

Brown, D., **Hagger, M. S.**, & Hamilton, K. (2019). A Qualitative investigation of the use and characterisation of "habit" by lay-people. Paper presented at the 33rd Annual Conference of the European Health Psychology Society, September 3-7, 2019, Dubrovnik, Croatia.

\*Chan, D. K. C., Zhang, L., Lee, A. S. Y., Leung, K., & **Hagger, M. S.** (2019). Sport injury prevention and the reciprocal relationships between self-determination theory and the theory of planned behaviour. Paper presented at the 15th European Congress of Sport & Exercise Psychology, July 15-20, 2019, Muenster, Germany.

\*Chan, D. K. C., Lee, A. S. Y., Leung, K., Tang, T. C. W., & **Hagger, M. S.** (2019). Swimming and the reciprocal relationships between autonomous motivation and social cognitive variables. Paper presented at the 15th European Congress of Sport & Exercise Psychology, July 15-20, 2019, Muenster, Germany.

**Hagger, M. S.**, Hassandra, M., Laukkanen, A., \*Polet, J., Hankonen, N., Hirvensalo, M., & Lintunen, T. (2019). Theoretical basis of the PETALS intervention program: The trans-contextual model. Paper presented at the 15th European Congress of Sport & Exercise Psychology, July 15-20, 2019, Muenster, Germany.

**Hagger, M. S.**, Smith, S. R., \*Keech, J. J., \*Moyers, S. A., & Hamilton, K. (2021). Applying an integrated social cognition model to predict social distancing intention and behavior during the COVID-19 pandemic. Paper presented at the 42nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Virtual Conference, April 12-16, 2021.

**Hagger, M. S.** & Weed, M. (2019). Do interventions based on behavioral theory work in the real world? Panel discussion presented at the 40th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, April 6-9, 2019, Washington DC, USA.

Hamilton, K., & **Hagger, M. S.** (2019). Social cognitive mediators of socioeconomic and demographic correlates of health behavior. Paper presented at the 33rd Annual Conference of the European Health Psychology Society, September 3-7, 2019, Dubrovnik, Croatia.

Hamilton, K., Demant, D., Peden, A. E., & **Hagger, M. S.** (2019). A systematic review of human behaviour in and around floodwater. Paper presented at the 40th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, April 6-9, 2019, Washington DC, USA.

Hamilton, K., Brown, D., & **Hagger, M. S.** (2019). Testing an integrated model of nutrition behavior in a sample of Australian children. Paper presented at the 40th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, April 6-9, 2019, Washington DC, USA.

- Hankonen, N., Knittle, K., Heino, M., Marques, M. M., Beattie, M., Stenius, M., Ehbrecht, F., Hagger, M. S., Hardeman, W. (2019). What can individuals do to manage their motivation and behaviour? An integrative classification and toolkit of self-enactable techniques. Paper presented at the 7<sup>th</sup> Self-Determination Theory Conference, May 21-24, 2019, Amsterdam, the Netherlands.
- Hassandra, M., Laukkanen, A., Lintunen, T., \*Polet, J., Hankonen, N., Hirvensalo, M., & **Hagger, M. S.** (2019). Description of the development of the autonomy-supportive PE teacher training program (PETALS). Paper presented at the 15th European Congress of Sport & Exercise Psychology, July 15-20, 2019, Muenster, Germany.
- \*Keech, J., **Hagger, M. S.**, O'Callaghan, F. V., & Hamilton, K. (2019). The impact of stress mindsets on physical and psychological wellbeing: Testing a stress health beliefs model in police officers using a Bayesian path analysis. Paper presented at the Australian Psychological Society College of Health Psychologists Annual Conference, April 26-27, 2019, Adelaide, Australia.
- \*Keech, J., **Hagger, M. S.**, O'Callaghan, F. V., & Hamilton, K. (2019). Examining the buffering effect of stress mindsets on the relationship between self-regulatory styles, health behaviours, and psychological health. Paper presented at the Australian Psychological Society College of Health Psychologists Annual Conference, April 26-27, 2019, Adelaide, Australia.
- Laukkanen, A., Hassandra, M., \*Polet, J., Kaaja, E., Rantalainen, M., **Hagger, M. S.**, & Lintunen, T. (2019). Implementation of the PETALS intervention teacher training program. Paper presented at the 15th European Congress of Sport & Exercise Psychology, July 15-20, 2019, Muenster, Germany.
- Lintunen, T., Hassandra, M., Laukkanen, A., \*Polet, J., Hankonen, N., Hirvensalo, M., & **Hagger, M. S.** (2019). Acceptability of the PETALS PE teacher training programme to promote autonomous motivation toward physical activity. Paper presented at the 15th European Congress of Sport & Exercise Psychology, July 15-20, 2019, Muenster, Germany.
- Marques, M. M., Teixeira, P. J., Silva, M. N., & **Hagger, M. S.** (2019). Specifying the active components of self-determination theory-based Change interventions in health contexts: an expert consensus study. Paper presented at the 7<sup>th</sup> Self-Determination Theory Conference, May 21-24, 2019, Amsterdam, the Netherlands.
- Olson, J., Ireland, M., March, S., Biddle, S. J. H., & **Hagger, M. S.** (2019). Physical activity in inner-regional Australia: Does social and environmental context impact conscious and non-conscious processes? Paper presented at the Australian Society of Behavioural Health and Medicine Conference, February 13-15, 2019, Christchurch, New Zealand.
- \*Phipps, D., **Hagger, M. S.**, & Hamilton, K. (2019). A meta-analysis of implicit and explicit attitudes in children and adolescents. Paper presented at the Australian Psychological Society College of Health Psychologists Annual Conference, April 26-27, 2019, Adelaide, Australia.
- \*Polet, J., **Hagger, M. S.**, Lintunen, T. (2019). Predicting Change in autonomous motivation, intention and behaviour for leisure time physical activity using trans-contextual model. Paper presented at the 7<sup>th</sup> Self-Determination Theory Conference, May 21-24, 2019, Amsterdam, the Netherlands.
- \*Polet, J., **Hagger, M. S.**, Lintunen, T., & Hansen, M. (2019). Predicting Change in out-of-school physical activity using the trans-contextual model. Paper presented at the 15th European Congress of Sport & Exercise Psychology, July 15-20, 2019, Muenster, Germany.

## **2020**

- Hagger, M. S.** (2020). Social cognitive models of health behaviors related to COVID-19 behaviors. Paper presented at the American Psychosomatic Society Virtual Meeting, December 3-4, 2020.
- Hamilton, K., \*Keech, J. J., Peden, A. E., & **Hagger, M. S.** (2020). An e-health intervention to Change driver behaviour during floods using an implementation imagery approach. Paper presented at the 34th Annual Conference of the European Health Psychology Society, August 25–29, 2020, Bratislava, Slovakia.

\*Keech, J. J. Zhu, S., **Hagger, M. S.**, Hamilton, K. (2020). Examining cross-lagged associations between stress mindset, psychological health, and health behaviors. Paper presented at the 16th International Congress of Behavioral Medicine, August 19-22, 2020, Glasgow, Scotland.

## **2021**

**Hagger, M. S.**, Smith, S. R., \*Keech, J. J., \*Moyers, S. A., & Hamilton, K. (2021). Applying an integrated social cognition model to predict social distancing intention and behavior during the COVID-19 pandemic. Paper presented at the 42nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine Virtual Conference, April 12-16, 2021.

Idziak P., Palacz-Poborczyk, I., Januszewicz, A., Naughton, F., Luszczynska, A., Qusted, E., **Hagger M. S.**, Pagoto S. L., Robinson, S., & Kwasnicka, D. (2021, August 23 – 27). Using Intervention Mapping to improve weight loss intervention content. Paper presented at the 35th annual conference of the European Health Psychology Society, August 23-27, 2021.

\*Moyers, S. A., & **Hagger, M. S.** (2021). Physical activity and sense of coherence: A meta-analysis. Paper presented at the 42nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine Virtual Conference, April 12-16, 2021.

Palacz-Poborczyk I., Idziak P., Kwasnicka D., Luszczynska A., Naughton F., **Hagger M.S.**, Qusted E., Pagoto S., Chamberlain K. (2021) What does it mean to choose health? A photo elicitation study. Paper presented at the 35th annual conference of the European Health Psychology Society, August 23-27, 2021.

Zhu, S., \*Keech, J. J., **Hagger, M. S.** Tsang, H., & Hamilton, K. (2021). An e-health intervention to Change driver behaviour during floods using an implementation imagery approach. Paper presented at the Virtual Biennial Meeting of the Society for Research in Child Development, April 7-9, 2021.

## **2022**

\*Balla, J.. & **Hagger, M. S.** (2022). Predicting physical activity in adolescents: Test of an integrated model. Paper presented at the 102<sup>nd</sup> Annual Convention of the Western Psychological Society, Portland, OR, April 28-May 1, 2022.

**Hagger, M. S.** (2022). Why is it so hard to change? The science behind behavior change,. Keynote address presented at the Nordic Conference of Behavior Change, Helsinki and online, March 24, 2022.

**Hagger, M. S.** (2022). Promoting out-of-school time physical activity using a theory-based intervention delivered in physical education. Invited presentation to be presented the Science, Sport, and Medicine IX conference, Tartu, Estonia, September 8-10, 2022.

**Hagger, M. S.** (2022). Promoting out-of-school time physical activity using a theory-based intervention delivered in physical education. Keynote presentation to be presented the German Association for Behavioral Medicine (Deutsche Gesellschaft für Verhaltensmedizin) conference, Salzburg and online, September 29-October 1, 2022.

**Hagger, M. S.**, Smith, S. R., \*Keech, J. J., \*Moyers, S. A., & Hamilton, K. (2021). Correlates of COVID-19 vaccination intentions and booster vaccination intentions. Paper presented at the 43rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Baltimore, MD, April 6-9, 2022.

\*McAnally, K. & **Hagger, M. S.** (2022). Health literacy, social cognition constructs, and health behaviors and outcomes: A meta-analysis. Paper presented at the Society for Personality and Social Psychology Annual Convention 2022, San Francisco, CA, February 16-19, 2022.

## **CONFERENCE SYMPOSIA**

Biddle, S. J. H., **Hagger, M. S.**, Schwarzer, R. & Luszczynska, A. (2016). Challenges and future directions in research on determinants of physical activity. Symposium presented at the International Congress of Behavioral Medicine, Melbourne, Australia, December 7-10, 2016. Participants: Stuart J. H. Biddle (Victoria University, Australia), Martin S. Hagger (Curtin University, Australia), Ralf Schwarzer (Australian Catholic University, Australia) and Luszczynska, A. (University of Colorado, Colorado Springs, USA).



- Cabral, P., La Greca, A. M., Baker, A. C., Wallander, J. & **Hagger, M. S.** (2016). Relationships and health across adolescence: Insights from longitudinal research. Symposium presented at the International Congress of Behavioral Medicine, Melbourne, Australia, December 7-10, 2016. Participants: Annette La Greca (University of Miami, USA), Patricia Cabral (University of California, Merced, USA), Ashley C. Baker (University of California, Merced, USA), Jan Wallander (University of California, Merced, USA), and Martin S. Hagger (Curtin University, Australia). Discussant: Martin S. Hagger (Curtin University, Australia).
- \*Chan, D. K. C., & **Hagger, M. S.** (2017). The premises, evidence, and application of the Trans-Contextual Model in multiple physical activity and health contexts. Symposium presented at the International Society of Sport Psychology 14<sup>th</sup> World Congress 2017, Sevilla, Spain, July 10-14, 2017.
- Crutzen, R., Peters, G.-J. Y., **Hagger, M. S.**, Heino, M., & Johnston, M. (2017). The replication crisis in (health) psychology: reflections and solutions. Symposium presented at the 31st Conference of the European Health Psychology Society: Innovative ideas in Health Psychology, Padova, Italy, August 31-September 2, 2017.
- Hagger, M. S.** (1999). Advances in physical self-perception research: Theory development and diverse applications. Symposium presented at the 10<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Prague, Czech Republic: Charles University. Participants: Chow, E.W. (University of Loughborough), I. Tomas (University of Valencia), Georgiadis, M. (University of Loughborough), Fox, K. (University of Exeter).
- Hagger, M. S.** (2003). Promoting and enhancing physical activity in young people: Motivational and educational issues. Symposium presented at the 11<sup>th</sup> European Congress of Sport Psychology (FEPSAC), University of Copenhagen, Copenhagen, Denmark, July 22-27, 2003. Participants: Chatzisarantis, N. (Brunel University), Lindwall, M. (Stockholm University), Weed, M. (University of Loughborough).
- Hagger, M. S.** (2003). Advances in illness representation research: Theory development and diverse applications. Symposium presented at the 2003 British Psychological Society Division of Health Psychology Conference, Staffordshire University, Stafford, UK, September 3-5, 2003. Participants: Horne, R., (University of Brighton), O'Sullivan, I. (University of Essex), Norman, P. (University of Sheffield), Rees, G. (University of Stirling) and Weinman, J. (King's College London).
- Hagger, M. S.** (2003). International research on the self-regulation model in health and illness I: Recent theoretical advances. Symposium presented at the 2003 European Society of Health Psychology Conference, Kipriotis Conference Centre, Kos, Greece, September 24-27, 2003. Participants: Horne, R., (University of Brighton), Moss-Morris, R. (University of Auckland), Heijmans, M. (Netherlands Institute of Health Services Research), Orbell, S. (University of Essex) and Weinman, J. (King's College London).
- Hagger, M. S.** (2003). International research on the self-regulation model in health and illness I: Advanced applications of the self-regulation model to clinical populations. Symposium presented at the 2003 European Society of Health Psychology Conference, Kipriotis Conference Centre, Kos, Greece, September 24-27, 2003. Participants: (Leiden University Medical Centre), Mitchell, N. (University of Sheffield), Rutter, C. (King's College London), Scharloo, M. (Leiden University Medical Centre) and Weinman, J. (King's College London).
- Hagger, M. S.** (2006). Advances in illness perceptions research and practice. Symposium presented at the British Psychological Society Annual Conference, Cardiff, March 31 – April 1, 2006. Participants: Howard Leventhal (Rutgers the State University of New Jersey, USA), John Weinman (King's College, London, UK), Rob Horne (University of Brighton, UK), and Martin S. Hagger (University of Nottingham, UK).
- Hagger, M. S.** (2006). What can self-determination theory contribute to understanding motivation in sport and exercise? Symposium presented at the British Psychological Society Division of Sport and Exercise Psychology Inaugural Conference 2008, BPS Offices, London, UK, December 11-12, 2008. Participants: Nikos L. D. Chatzisarantis (Plymouth University, UK), Martyn Standage (University of Bath, UK), Nikos Ntoumanis (National Institute of Education, Singapore), and Martin S. Hagger (University of Nottingham, UK).
- Hagger, M. S.** (2006). Individual differences and social processes in health-related outcomes and behaviour. Symposium presented at the Joint European Health Psychology Society and British Psychological Society Division of Health Psychology Annual Conference 2008, University of Bath, Bath, UK, September 9-11, 2008. Participants: Peter Bibby (University of Nottingham, UK), Nikos L. D. Chatzisarantis (National Institute of Education, Singapore), Claire

Lawrence (University of Nottingham, UK), Eamonn Ferguson (University of Nottingham, UK), Sarah McLachlan (University of Nottingham, UK), and Martin S. Hagger (University of Nottingham, UK).

- Hagger, M. S.** (2009). Intrinsic motivation and self-determination in health and well-being. Symposium presented at the British Psychological Annual Conference, Brighton, UK, April 1-3, 2009. Participants: Nikos Ntoumanis (University of Birmingham, UK), Martyn Standage (University of Bath, UK), Maarten Vansteenkiste (Katholieke Universiteit Leuven, Belgium), Martin S. Hagger (University of Nottingham, UK), Discussant: Richard Ryan (University of Rochester, USA).
- Hagger, M. S.** (2009). Theoretical integration in health psychology: Unifying ideas and complimentary explanations. Symposium presented at the 23<sup>rd</sup> Annual Conference of the European Health Psychology Society 2009, Pisa, Italy, September 23-26, 2009. Participants: Nikos Ntoumanis (University of Birmingham, UK), Christopher J. Armitage (University of Sheffield, UK), Jana M. Richert (Freie Universität Berlin, Germany), Martin S. Hagger (University of Nottingham, UK), Discussant: Falko F. Sniehotta (University of Aberdeen, UK).
- Hagger, M. S.** (2010). Developing and integrating knowledge in the social sciences of sport & exercise: Interrogating 'normal science'. Symposium presented at the 15th Annual Congress of European College of Sport Science, Antalya, Turkey, July 23-27, 2010. Participants: Jenny Page (University of Chichester, UK), Mike Weed (Canterbury Christ Church University, UK), Martin S. Hagger (University of Nottingham, UK).
- Hagger, M. S.** (2010). Theory-based interventions to promote physical activity in young people. Symposium presented at the III International Conference of Physical Education and Sports Science (ICPESS 2010), National Institute of Education, Singapore, May 25-28, 2010. Participants: Stuart J. H. Biddle (Loughborough University, UK), Nikos L. D. Chatzisarantis (National Institute of Education, Singapore), John C. K. Wang (National Institute of Education, Singapore), Martin S. Hagger (University of Nottingham, UK). Discussant: Richard M. Ryan (Rochester University, USA).
- Hagger, M. S.** (2014). The value of using laboratory and field research to better understand mechanisms in health behaviour. Symposium presented at the 28th International Congress of Applied Psychology (ICAP), Paris, France, July 8-13, 2014. Participants: Rik Crutzen (Maastricht University, the Netherlands), Greg Descamps (University of Bordeaux, France), Sonia Lippke (Jacobs University, Germany) and Martin S. Hagger (Curtin University, Australia). Discussant: Blair T. Johnson (University of Connecticut, USA).
- Hagger, M. S.** (2014). Back to basics, forward to application: A continuum of knowledge generation in behavioural medicine. Symposium presented at the 13th International Congress of Behavioral Medicine, Groningen, the Netherlands, August 20-23, 2014. Participants: Nikos L. D. Chazisarantis (Curtin University, Australia), Barbara Mullan (Curtin University, Australia), Mike Weed (Canterbury Christ Church University, UK), and Martin S. Hagger (Curtin University, Australia).
- Hagger, M. S. & \*Chan, D. K. C.** (2016). Integrated theory-informed research as a means to develop an evidence base for the development of effective health behaviour-Change interventions. Symposium presented at the 31<sup>st</sup> International Congress of Psychology, Yokohama, Japan, July 24-29, 2016. Participants: Derwin K. C. .
- Hagger, M. S., \*Chan, D. K. C., & Weed, M. E.** (2018). Debate symposium: Interventions based on behavioural theory work in the real world. Symposium presented at the International Society of Behavioural Nutrition and Physical Activity 2018 Annual Meeting, June 3-6, 2018. Participants: Martin S. Hagger (Curtin University, Australia and University of Jyväskylä, Finland), Mike Weed (Canterbury Christ Church University, UK), Derwin K. C. \*Chan (University of Hong Kong, Hong Kong).
- Hamilton, K., (Chair) & **Hagger, M. S.** (Discussant) (2018). Applications of integrated social cognitive theories in predicting and \*Changing health behavior. Paper presented at the Society of Behavioural Medicine Annual Meeting, New Orleans, USA, April 11-14, 2018. Participants: Derwin K. C. \*Chan (University of Hong Kong, Hong Kong), Chun-Qing Zhang (Hong Kong Baptist University, Hong Kong), Kyra Hamilton (Griffith University, Australia), Ryan Rhodes (University of Victoria, Canada), & Martin S. Hagger (Curtin University, Australia and University of Jyväskylä, Finland).
- Ioanna, C., Coyne, J., Ozakinci, G. & **Hagger, M. S.** (2013). Improving the credibility of health psychology intervention research: problems and solutions. Symposium presented at the 27<sup>th</sup> Annual Conference of the European Health Psychology Society 2013, Bordeaux, France, July 16-20, 2013. Participants: Ioanna Cristea (Babeş-Bolyai

University, Romania), James C. Coyne, (University of Pennsylvania, USA), Gozde Ozakinci (University of St. Andrews, UK), Martin S. Hagger (Curtin University, Australia).

- Kroese, F., de Wit, J. B. F. & **Hagger, M. S.** (2015). Alternative views on how self-control shapes health behavior. Symposium presented at the 29th Annual Conference of the European Health Psychology Society 2015, Limassol, Cyprus, September 1-5, 2015. Participants: Tracy Cheung (Utrecht University, the Netherlands), Marlene Gillebaart (Utrecht University, the Netherlands), Flor Kroese (Utrecht University, the Netherlands), John B. F. de Wit (University of New South Wales, Australia): Discussant: Martin S. Hagger (Curtin University, Australia).
- Lintunen, T., & **Hagger, M. S.** (2017). The increasing motivation for physical activity (IMPAct) Project: Theory development and intervention strategies. Symposium presented at the International Society of Sport Psychology 14th World Congress 2017, Sevilla, Spain, July 10-14, 2017.
- Lintunen, T., Hassandra, M., Laukkanen, A., \*Polet, J., & **Hagger, M. S.** (2019). Basis, design, development and acceptability of the physical education teacher autonomy support training to promote leisure-time physical activity in students (PETALS) intervention. Symposium presented at the 15th European Congress of Sport & Exercise Psychology, July 15-20, 2019, Muenster, Germany.
- Zerhouni, O., & **Hagger, M. S.** (2017). Ego-depletion: Where do we go from here? Symposium presented at the 18th General Meeting of the European Association of Social Psychology, Granada, Spain, July 5-8, 2017. Participants: Karolin Gieseler (University of Saarland, Germany), Marleen Gillebaart (Utrecht University, the Netherlands), Martin S. Hagger (Curtin University, Australia and University of Jyväskylä, Finland), Oulmann Zerhouni (University of Paris, West, France).
- Hagger, M. S.**, Smith, S. R., Keech, J. J., & Hamilton, K. (2022). Concerns, beliefs, and behavior during the COVID-19 pandemic. Symposium presented at the 43rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Baltimore, MD, April 6-9, 2022. Participants: Martin S. Hagger (University of California, Merced, USA and University of Jyväskylä, Finland), Kyra Hamilton (Griffith University, Australia)

## **PUBLIC ENGAGEMENT ACTIVITIES/WEBINARS**

- Hagger, M. S.** (September 15, 2011). The cost of alcohol: The advocacy for a minimum price per unit of alcohol in the UK. Invited presentation to the British Science Association Festival, Science Media Centre, Bradford, UK.
- Hagger, M. S.** (September 16, 2011). The cost of alcohol: The advocacy for a minimum price per unit of alcohol in the UK. Invited presentation at the Alcohol Research UK Launch Event, Royal Society of Arts, London, UK.
- Hagger, M. S.** (November 22, 2013). The science of health behaviour. Inaugural speech at the Health Psychology and Behavioural Medicine (HPBM) Research Group Launch and Networking Meeting, Hyatt Regency, Perth, Australia.
- Hagger, M. S.** (October 29, 2014). Developments on people's beliefs about minimum pricing for alcohol and causes of binge drinking. Invited presentation to the Behavioural Research in Alcohol Breakfast Networking Meeting, Matilda Bay, Perth, Australia.
- Hagger, M. S.**, Chater, A., Gillibrand, R., & Hallas, C. (June 25, 2021). Inspiring Health Psychology Careers via Personal Stories. Online careers webinar presented at the British Psychological Society Division of Health Psychology Northern Ireland.

## **INVITED RESEARCH SEMINARS/PRESENTATIONS**

### **2001**

- Hagger, M. S.** (2001, September 25). Illness cognitions in health related research: A meta-analysis of the common sense model and relationships with coping and outcome behaviours. Invited presentation to Psychology Unit, Thomas Guys House, Guy's Hospital, London, UK.
- Hagger, M. S.** (2001, October 25). A meta-analytical review of the self-regulation model of illness representations. Invited presentation to Department of Psychology, Keynes College, University of Kent at Canterbury, Canterbury, UK.

## **2002**

**Hagger, M. S.** (2002, May 29). I'd rather be watching TV: Analysing children's decision-making in a physical activity context. Invited presentation to Department of Sports Sciences, St. Mary's University College, Waldegrave Road, Twickenham, UK.

**Hagger, M. S.** & Orbell, S. (2002, October 31). A meta-analytic review of the common sense model of illness representations. Invited presentation as part of the Department of Psychology Internal Research Seminar Series, University of Essex, Colchester, UK.

## **2003**

**Hagger, M. S.** (2003, February 27). Young people's decisions regarding their leisure-time physical activity behaviour: Results of a (reasoned) research programme. Invited presentation to Health Behaviour Unit, University College London, London, UK.

**Hagger, M. S.** (2003, October 23). How people cope with illness: Cognitive representations and self-regulation. Invited presentation to the Department of Psychology, University of Hull, Hull, UK.

**Hagger, M. S.** (2002, October 31). 'The best laid plans': Results of a (reasoned) research programme into the psychological influences on physical activity. Invited presentation to the Sport and Exercise Psychology Group, Department of Biological Sciences, University of Essex, Colchester, UK.

## **2004**

**Hagger, M. S.** (2004, 14<sup>th</sup> April). Promoting self-esteem in young athletes. Invited presentation at the BPS Sport and Exercise Psychology Division Satellite Workshop "Psychology of Sports Coaching", Imperial College, London.

**Hagger, M. S.** & \*Rentzelas, P. (2004, November 10). When it's all right to go your own way": Cross-cultural differences in the evaluation of group members behaviour and the importance of norms group. Invited presentation as part of the Department of Psychology Internal Research Seminar Series, University of Essex, Colchester, UK.

## **2005**

**Hagger, M. S.** (2005, April 29). The importance of social psychology to health psychology. Invited presentation to the British Academy Health Psychology Workshop, University Miguel Hernandez, Alicante, Spain.

## **2006**

**Hagger, M. S.** (2006, February 24). Self-regulation and physical activity in young people. Invited presentation to Department of Psychology, Glasgow Caledonian University, Glasgow, Scotland, UK.

**Hagger, M. S.** (2006, October 18). An integrated approach to self-regulation and health behaviour across contexts: The trans contextual model of motivation. Invited presentation to the College of Life and Natural Sciences, Psychology, University of Derby, Derby, UK.

## **2007**

**Hagger, M. S.** (2007, February 7). An integrated approach to self-regulation and health behaviour across contexts: The trans contextual model of motivation. Invited presentation to Department of Sport and Exercise Sciences, University of Sunderland, Sunderland, UK.

**Hagger, M. S.** (2007, February 15). An integrated approach to self-regulation and physical activity behaviour across contexts: The trans contextual model of motivation. Invited presentation to School of Sport and Health Sciences, Loughborough University, Loughborough, UK.

**Hagger, M. S.** (2007, March 9). An integrated approach to self-regulation and health behaviour across contexts: The trans contextual model of motivation. Invited presentation to School of Sport, Exercise and Rehabilitation Sciences, University of Birmingham, Birmingham, UK.

**Hagger, M. S.** (2007, May 10). An integrated approach to self-regulation and health behaviour across contexts: The trans contextual model of motivation. Invited presentation to Faculty of Sport Sciences and Physical Education, Coimbra University, Coimbra, Portugal.

**Hagger, M. S.** (2007, October 17). An integrated approach to self-regulation and health behaviour across contexts: The trans contextual model of motivation. Invited presentation to the Health Lifestyle Interventions Research Centre, Coventry University, Coventry, UK.

## **2009**

**Hagger, M. S.** (2009, January 22). "Less is more, more or less" Theoretical integration in health psychology: Eliminating redundancy and complimentary explanations. Invited presentation to the School of Psychology, Staffordshire University, Stafford, UK.

**Hagger, M. S., Stiff, C., Wood, C. & Chatzisarantis, N. L. D.** (2009, February 17). The nature of ego-energy: Effects of choice on self-control. Invited presentation as part of the School of Psychology Internal Research Seminar Series, University of Nottingham, Nottingham, UK.

**Hagger, M. S.** (2009, February 19). "Less is more, more or less" Theoretical integration in health psychology: Eliminating redundancy and complimentary explanations. Invited presentation to the Department of Psychology, University of Roehampton, London, UK.

## **2010**

**Hagger, M. S.** (2010, October 13). "Less is more, more or less" Theoretical integration in health psychology: Implications for physical activity and exercise. Invited presentation to the School of Sport Science, Exercise and Health, University of Western Australia, Western Australia.

**Hagger, M. S.** (2010, November 3). "Less is more, more or less" Theoretical integration in health psychology: Implications for physical activity and exercise. Invited presentation to the School of Sport and Exercise Sciences, Northumbria University, Newcastle-upon-Tyne, UK.

**Hagger, M. S., Stiff, C., Wood, C. & Chatzisarantis, N. L. D.** (2010, November 9). Ego-depletion and self-control: A meta-analysis. Invited presentation to the Faculty of Science, School of Life Sciences, the Open University, Milton Keynes, UK.

**Hagger, M. S.** (2010, December 6). \*Changing behaviour: Self-control and self-regulation. Invited presentation to the Psychology and the Digital Economy, Horizon Digital Economy Research, Jubilee Campus, University of Nottingham, Nottingham, UK.

## **2011**

**Hagger, M. S.** (2011, April 1). "Less is more, more or less" Theoretical integration in health psychology: Implications for physical activity and exercise. Invited presentation to the Department of Sport and Exercise Sciences, University of Chichester, Chichester, UK.

## **2012**

**Hagger, M. S.** (2012, March 27). Motivating children in and out of school: Research findings and practical implications. Invited presentation to the Motivation in Educational Research (MERL) Annual Seminar 2012, National Institute of Education, Singapore.

**Hagger, M. S.** (2012, April 11). Self-control resource depletion: Research on mechanisms and applications in health and social psychology. Invited presentation to the SHARP research lab, Department of Psychology, University of Connecticut, Storrs, Connecticut USA.

**Hagger, M. S.** (2012, April 19). Self-control resource depletion: Research on mechanisms and applications in health psychology. Invited presentation to the School of Sport and Service Management, Chelsea School, University of Brighton, Eastbourne, UK.

**Hagger, M. S.** (2012, August 16). The mental games: Inside the mind of an Olympic athlete. Public even organized by Curtin University for National Science Week 2012, Curtin University, Perth, Western Australia.

**Hagger, M. S.** (2012, October 4). Self-control resource depletion: Research on mechanisms and applications in health and social psychology. Invited presentation to the School of Psychology, University of Sydney, Sydney, New South Wales, Australia.

## **2013**

**Hagger, M. S.** (2013, January 31). Self-control resource depletion: Research on mechanisms and applications in health psychology. Invited presentation to the Graylands Neuroscience Unit, Department of Health, Perth, Western Australia.

**Hagger, M. S.** (2013, March 17). Willpower, self-control, and health behaviour. Invited presentation to the School of Applied Psychology, Griffith University, Mt. Gravatt, Brisbane, Queensland, Australia.

**Hagger, M. S.** (2013, December 1). ARC grant writing: Best practice and tips for a winning project. Invited presentation to the School of Biomedical Sciences Research Retreat, Curtin University, Como, Perth, Western Australia.

## **2014**

**Hagger, M. S.** (2014, March 3). Implicit and explicit influences on health behaviour. Invited presentation to the Faculty of Health Sciences and Medicine, Bond University, Robina, Queensland, Australia.

**Hagger, M. S.** (2014, March 20). Willpower, self-control, ego-depletion, and health. Invited presentation to the School of Psychology, Queensland University of Technology, Brisbane, Queensland, Australia.

**Hagger, M. S.** (2014, March 21). Willpower, self-control, and ego-depletion: Mechanisms, processes and outcomes. Invited presentation to the School of Psychology, University of Queensland, Brisbane, Queensland, Australia.

**Hagger, M. S.** (2014, March 12). Self-regulation, self-control, motivation, and health behaviour: from theory to intervention. Invited presentation as part of the Faculty of Health Sciences Professorial Research Seminar Series, Curtin University, Perth, Western Australia.

**Hagger, M. S.** (2014, April 17). Beliefs and perceptions of the introduction of plain packaging for cigarettes in Australia: Preliminary results. Invited presentation as part of the School of Psychology and Speech Pathology Internal Research Seminar Series, Curtin University, Perth, Western Australia.

**Hagger, M. S.** (2014, September 12). Self-control and self-regulation in exercise and physical activity: Processes and applications. Invited presentation to the School of Human, Health, and Social Sciences, Central Queensland University, Rockhampton, Queensland, Australia.

**Hagger, M. S.** (2014, October 10). Self-control resource depletion: Research on mechanisms and applications in health psychology. Invited presentation as part of the School of Psychology and Speech Pathology Internal Research Seminar Series, Curtin University, Perth, Western Australia.

**Hagger, M. S.** (2014, November 20). Implicit and explicit influences on health behaviour. Invited presentation to the Laboratoire Sport et Environnement Social, University of Grenoble, Grenoble, France.

**Hagger, M. S.** (2014, November 25). From intentions to behaviour: Converting good intentions into action. Invited presentation to the Laboratoire Interuniversitaire de Psychologie, University of Grenoble, Université Pierre Mendès, Grenoble, France.

**Hagger, M. S.** (2014, November 28). Theory based Interventions in health behaviour. Invited presentation to the Laboratoire Interuniversitaire de Psychologie, University of Grenoble, Université Pierre Mendès, Grenoble, France.

**Hagger, M. S.** (2014, December 1). Self-control and health behaviour: From theory to intervention. Invited presentation to the Department of Psychology, University of Lyon, Lyon, France.

**Hagger, M. S.** (2014, December 9). Self-control and ego-depletion: Predictions, processes and behaviour. Invited presentation to the University of Zürich, Psychologisches Institut, Angewandte Psychologie: Life-Management, Zurich, Switzerland.

**Hagger, M. S.** (2014, December 10). Meta-analysis workshop. Workshop at the University of Zürich, Psychologisches Institut, Angewandte Psychologie: Life-Management, Zurich, Switzerland.

## **2015**

**Hagger, M. S.** (2015, March 18). Motivation and learning climate in physical education: Motivational theory and cross-cultural issues. Invited presentation to the Faculty of Psychology and Health, University of Malaysia Sabah, Kota Kinabalu, Sabah, Malaysia.

**Hagger, M. S.** (2015, June 8). Self-control and ego-depletion: Predictions, models, processes and behaviour. Invited presentation to the Self-Regulation Laboratory, Department of Psychology, Utrecht University, Utrecht, the Netherlands.

**Hagger, M. S.** (2015, June 9). Using motivation and planning together to Change health behaviour. Invited presentation to Public Health Conference, Utrecht University, Utrecht, the Netherlands.

**Hagger, M. S.** (2015, September 18). Theoretical integration and application of psychosocial theories in sport, exercise and health contexts. Invited presentation to the Department of Health and Physical Education, Education University of Hong Kong, Hong Kong.

**Hagger, M. S.** (2015, September 19). Tips on how to do a systematic review and meta-analysis study and tips on how to write and publish at top journals in psychology. Workshop presented to the Department of Health and Physical Education, Education University of Hong Kong, Hong Kong.

**Hagger, M. S.** (2015, September 22). Self-control and self-regulation in the fields of sport, exercise, and health psychology. Public seminar presented at the Education University of Hong Kong, Hong Kong.

**Hagger, M. S.** (2015, October 21). APS workshop on scientific writing. Workshop presented to the Australian Psychological Society Queensland Branch, College of Health Psychologists Training Event, Griffith University, Brisbane, Australia.

**Hagger, M. S.** (2015, November 12). Behavioural solutions to health problems-Curtin's health psychology and behavioural medicine research group. Invited presentation to the Curtin-St John of God Subiaco Hospital Research Retreat, Perth, Western Australia.

## **2016**

**Hagger, M. S.** (2016, May 17). Predicting health behaviour and facilitating health behaviour Change using integrated theoretical models. Invited presentation to the Department of Psychology, University of Perugia, Perugia, Italy.

**Hagger, M. S.** (2016, June 28). Theoretical integration in health and social psychology. Invited presentation to the Department of Psychology and Social Science, University of Rome "La Sapienza", Rome, Italy.

**Hagger, M. S.** (2016, June 29). Promoting physical activity in young people: Using theories of motivation to inform practice. Invited presentation to the Department of Sport Science, University of Verona, Verona, Italy.

**Hagger, M. S.** (2016, August 3). Is the ego-depletion effect real? Lessons from a multi-lab registered replication report. Invited presentation to the School of Psychology, University of Exeter, Exeter, UK.

**Hagger, M. S. & Smith, J.** (2016, August 1-13). Using theory to inform behaviour Change interventions. Invited Workstream for the European Association of Social Psychology Summer School, School of Psychology, University of Exeter, Exeter, UK.

**Hagger, M. S.** (2016, September 2). Self-determination theory and in health behaviour: Controversies and solutions. Invited presentation to the Finnish Network of Self-Determination Theory, University of Helsinki, Helsinki, Finland.

## **2017**

- Hagger, M. S.** (2017, March 16). Using theories from psychology and behavioral science to inform the development of effective interventions to promote health behavior Change. Invited presentation to the Departments of Psychological Sciences and Public Health, University of California, Merced, USA.
- Hagger, M. S.** (2017, March 24). Using theories from psychology and behavioral science to inform the development of effective interventions to promote health behavior Change. Invited presentation to the School of Public Health, University of Hong Kong, Hong Kong.
- Hagger, M. S.** (2017, March 30). Applying psychosocial theories in health and educational contexts. Invited symposium in the Department of Physical Education, Hong Kong Baptist University, Hong Kong.
- Hagger, M. S.** (2017, April 20). How theories from psychology and behavioural science can inform the development of effective interventions to promote health behaviour: Application of an integrated model of behavior Change. Invited presentation to the Faculty of Social Sciences, Hong Kong Baptist University, Hong Kong.
- Hagger, M. S.** (2017, April 25). The multi-lab replication of the ego-depletion effect: Summary, impact and implications for the replication “crisis”. Invited presentation to the Department of Psychology, University of Hong Kong, Hong Kong.
- Hagger, M. S.** (2017, June 5). Using psychological theory to inform the development of effective behavioural interventions to promote behaviour Change in health contexts. Invited presentation to the Department of Psychology, Education University of Hong Kong, Hong Kong.
- Hagger, M. S.** (2017, October 15). Ego-depletion: Replicability and mechanisms. Invited presentation to the Department of Psychology, Lund University, Lund, Sweden.
- Hagger, M. S.** (2017, November 21). The ego-depletion effect: Results and implications of a multi-lab pre-registered replication. Invited presentation to the Department of Psychology, University of Essex, Colchester, UK.
- Hagger, M. S.** (2017, November 27). Ego-depletion: Updates on replication and mechanisms, and implications for health behaviour. Invited presentation to the School of Social Sciences, Birmingham City University, Birmingham, UK.
- Hagger, M. S. & \*Chan, D. K. C.** (2017, November 28). Promoting physical activity more effectively: Theory and interventions. Invited presentation to the School of Sport, Exercise and Health Sciences, Loughborough University, Loughborough, UK.
- Hagger, M. S.** (2017, November 29). Developing effective theory-based interventions to promote behaviour Change in health contexts: An integrated approach. Invited presentation to the Faculty of Medicine & Health Sciences, University of Nottingham, Nottingham, UK.
- Hagger, M. S.** (2017, November 30). Using psychological theory to inform the development of effective behavioural interventions to promote behaviour Change in health contexts. Invited presentation to the Division of Psychology, School of Life Sciences and Education, Staffordshire University, Stoke-on-Trent, UK.

## **2018**

- Hagger, M. S.** (2018, February 20). Using psychological theory to promote health behaviour Change. Invited presentation to the Physically Active and Lifestyles (PALS) Research Group, University of Southern Queensland, Springfield Campus, Springfield, QLD, Australia.
- Hagger, M. S.** (2018, February 22). Ego-depletion and self-control: Replication, mechanisms, and implications for health behaviour. Invited presentation as part of the USQ ‘Research Giants’ seminar series, University of Southern Queensland, Toowoomba Campus, Toowoomba, QLD, Australia.
- Hagger, M. S.** (2018, March 15). The Importance of self-control in determining behaviour: Theory, mechanisms and implications for practice. Invited presentation at Bar-Ilan University, Tel-Aviv, Israel.



**Hagger, M. S.** (2018, April 6). APS workshop on \*Changing health behaviour using imagery and mental simulations. Workshop presented to the Australian Psychological Society Queensland Branch, College of Health Psychologists Training Event, Griffith University, Brisbane, Australia.

## **2019**

**Hagger, M. S.** (2019, April 17). APS workshop on scientific writing and publishing. Workshop presented to the Australian Psychological Society, College of Health Psychologists, Griffith University, Brisbane, Australia.

**Hagger, M. S.** (2019, April 24). APS workshop on scientific writing and publishing. Workshop presented to the Australian Psychological Society, College of Health Psychologists, University of Adelaide, Adelaide, Australia.

## **2021**

**Hagger, M. S.** (2021, May 28). Using theory to design behavior Change interventions. Invited presentation presented to the School of Applied Psychology, Griffith University, Brisbane, Australia.

**Hagger, M. S.** (2021, June 9). Ego-depletion: Lessons learned from replications. Invited presentation presented to the Department of Psychology, University of Gothenburg, Sweden.

## **2022**

**Hagger, M. S.** (2022, January 26). Theories, techniques, and taxonomies: An overview of research on developing efficacious and efficient behavior change interventions. Invited presentation presented as part of the UCLA health psychology/behavioral medicine seminar series, Health Psychology Program, Department of Psychology, UCLA.

**Hagger, M. S.** (2022, March 31). Ego-depletion and self-control: definitions, mechanisms, replications...and some lessons learned. Invited presentation presented as part of the Social/Personality Psychology brownbag series, Department of Psychology, University of California, Riverside.

**Hagger, M. S.** (2022, April 11). Determinants, dual-processes, and developing interventions using theory to change behavior. Invited presentation presented to the Department of Health Sciences, School of Health and Human Sciences, Indiana University at Indianapolis (IUPUI).

**Hagger, M. S.** (2022, May 23). Promoting behavior change: Different theory- and evidence-based strategies that might be effective for groups at different stages of behavior uptake. Invited presentation as part of the BC-Well/Brain seminar on behavior change, Faculty of Sport and Health Sciences, University of Jyväskylä, Finland.