

so loud the coming  
louder the exit  
even louder the living  
why the frenzy  
why the stampede  
aren't we mortals mere ?



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*Routes 2 Roots*  
Presents

# RHYTHM OF ELEMENTS

An Collection of Paintings

by  
**Balesh Jindal**



## Rhythm of Elements

My show is about the harmony between the five elements of nature and the human body and soul. Air, Water, Fire, Earth and Space are present all around us, and in every form. These elements are represented in the human body, and create a rhythm that is perfectly marvellous. Even a tiny glimpse of synchrony with these elements creates true joy.

I have depicted Earth as a stable factor; whether within us or around us, it is a constant form of beauty. Air is life giving, and can turn into wind swaying us at times and bringing in change. Fire takes on a literal and figurative form. In one work I have depicted fire as a purifying force that stands testimony to Sita's purity. Water is sustenance giving force to the human body and is the fluidity, which churns all human ideas. It constantly provides a veil of mist that turns any harsh reality into a dream. Ether is my favourite element, for it is almost indefinable and intangible. Like a feeling or a touch of blessing, or perhaps even a nostalgic scent, it gives us wonder and hope. Ether contains all that is incalculable and inexplicable. It is ether that gives space for the other elements to explore and harmonise.

In the backdrop of these elements is Krishna, the protagonist and muse for my works. Krishna symbolises the ideal man or woman. He is a lover, a child, a strategist, a leader, a thinker and a friend. He lives a righteous way of life, yet falters at times. In times of a lack of ideals, Krishna is an ideal idol.

Balesh Jindal



Rhythm of Elements - Acrylic on Paper, 28"x22"

## Prof Niren Sen Gupta

"If a painter wishes to see beauty that enraptures him, he has the power to create it. If he wishes to see things that are grotesque – or are laughable, or truly pathetic, he is lord and master of them. . . . what ever lies in the universe – in essence or imagination – he has first in his mind and then in this hand."

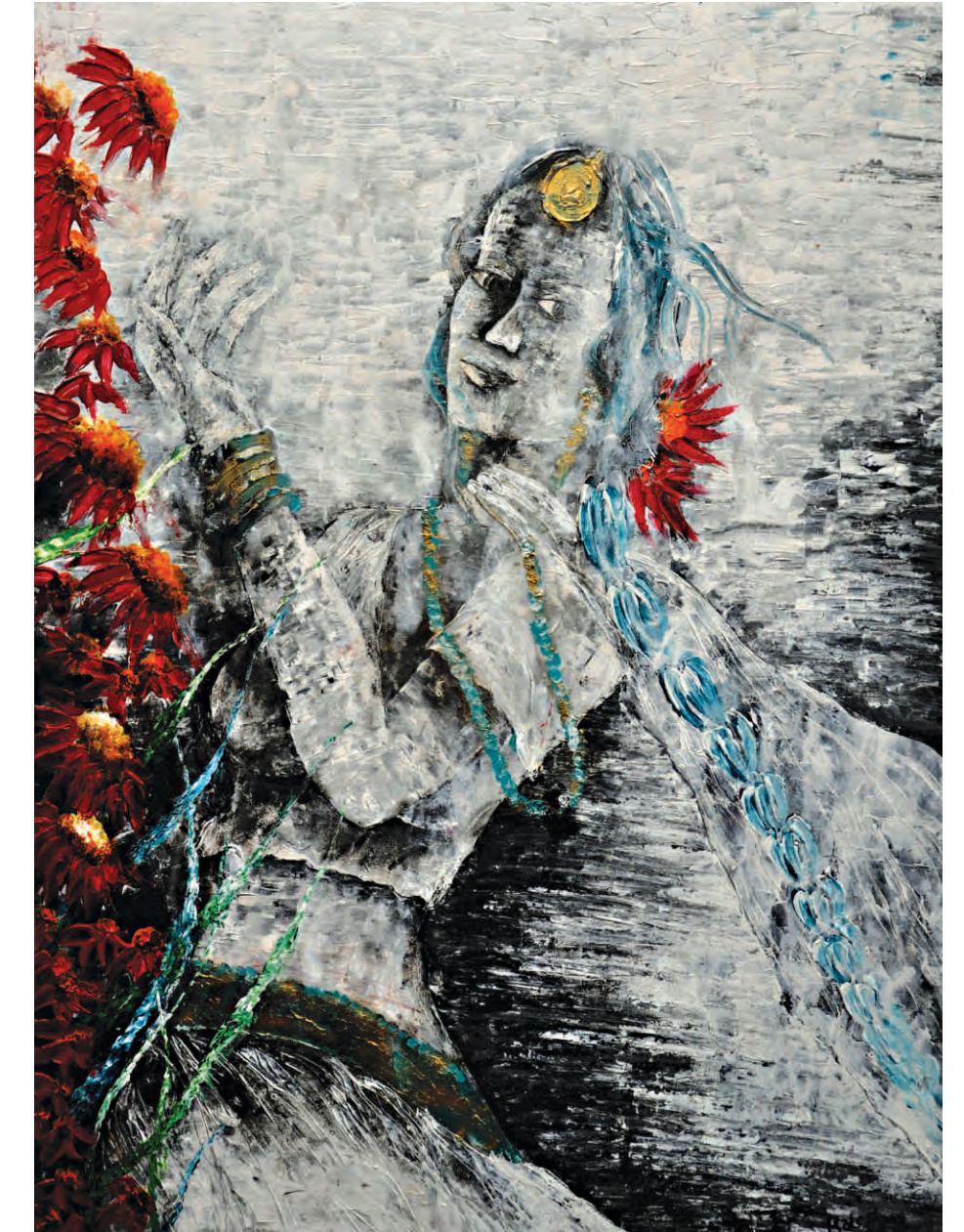
Leonardo Da Vinci

Though four hundred years have passed, Da Vinci's view holds true, every time we look at Dr Balesh Jindal's work. As an artist, she is a purebred modernist. Since, she is not a formally trained artist, she has not heard of artistic limitations like tenets of imagery that must be followed, chromatic restraints and other such phrases. Calling her self-taught will be a misnomer. She observes and absorbs the surroundings. When painting her mind takes a short break to let her heart direct the hand; the hand that has no will of its own. Close observation reveals that that her works are all there, with an underlying message, symbolism, love for colour and space. Bold lines, the constant interplay between the line and colour illuminate the canvas.

Her new series 'Rhythm of Elements' are bold and powerful and her art takes you on a profoundly personal journey.

I wish her many pleasant surprises through her own journey in life.

Prof. Niren Sen Gupta  
Prof. of Art  
Delhi College of Art





Rhythm of Elements - Acrylic on Paper, 28"x22"



Rhythm of Elements - Acrylic on Canvas, 48"x38"



Rhythm of Elements - Acrylic on Canvas, 62"x48"

एक हल्की सी हवा  
एक नन्ही सी बूँद  
आई मेरे  
आँगन में  
मन कहे  
उड़ जाऊँ  
मैं भी उस  
हवा के साथ  
उन बादलों के  
ऊपर क्या है  
देख लूँ  
आज की शाम

Languid memories  
some glorious, some not so  
glorious  
sunshine in bursts of  
reds and yellows  
evenings bathed in  
misty blues  
sunkissed winter afternoons  
sleepy summer days  
all these bring memories of that moment  
I spent with you.

Rhythm of Elements - Acrylic on Canvas, 60"x48"



Rhythm of Elements - Acrylic on Canvas, 60"x48"





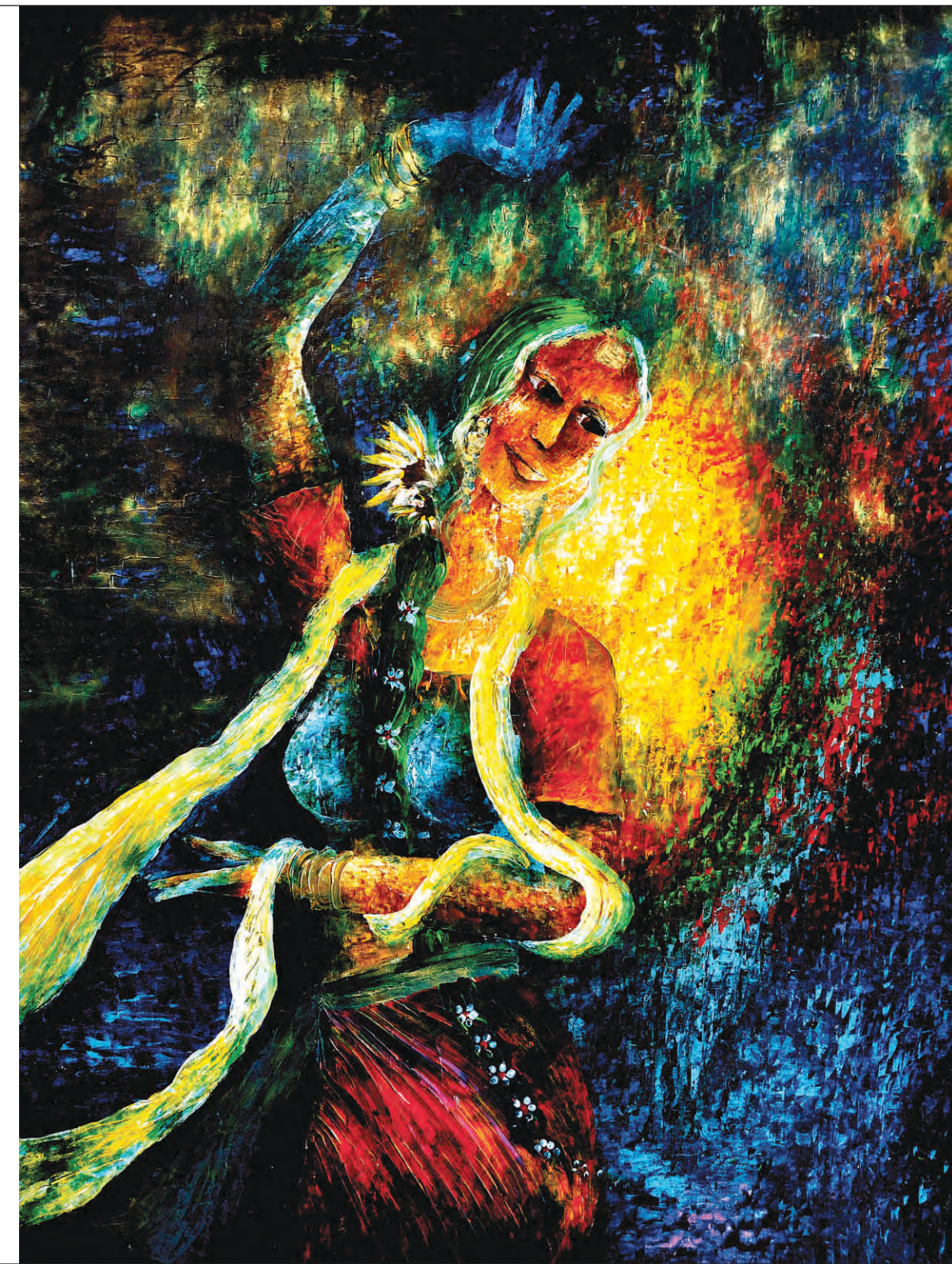
Rhythm of Elements - Acrylic on Canvas, 48"x38"

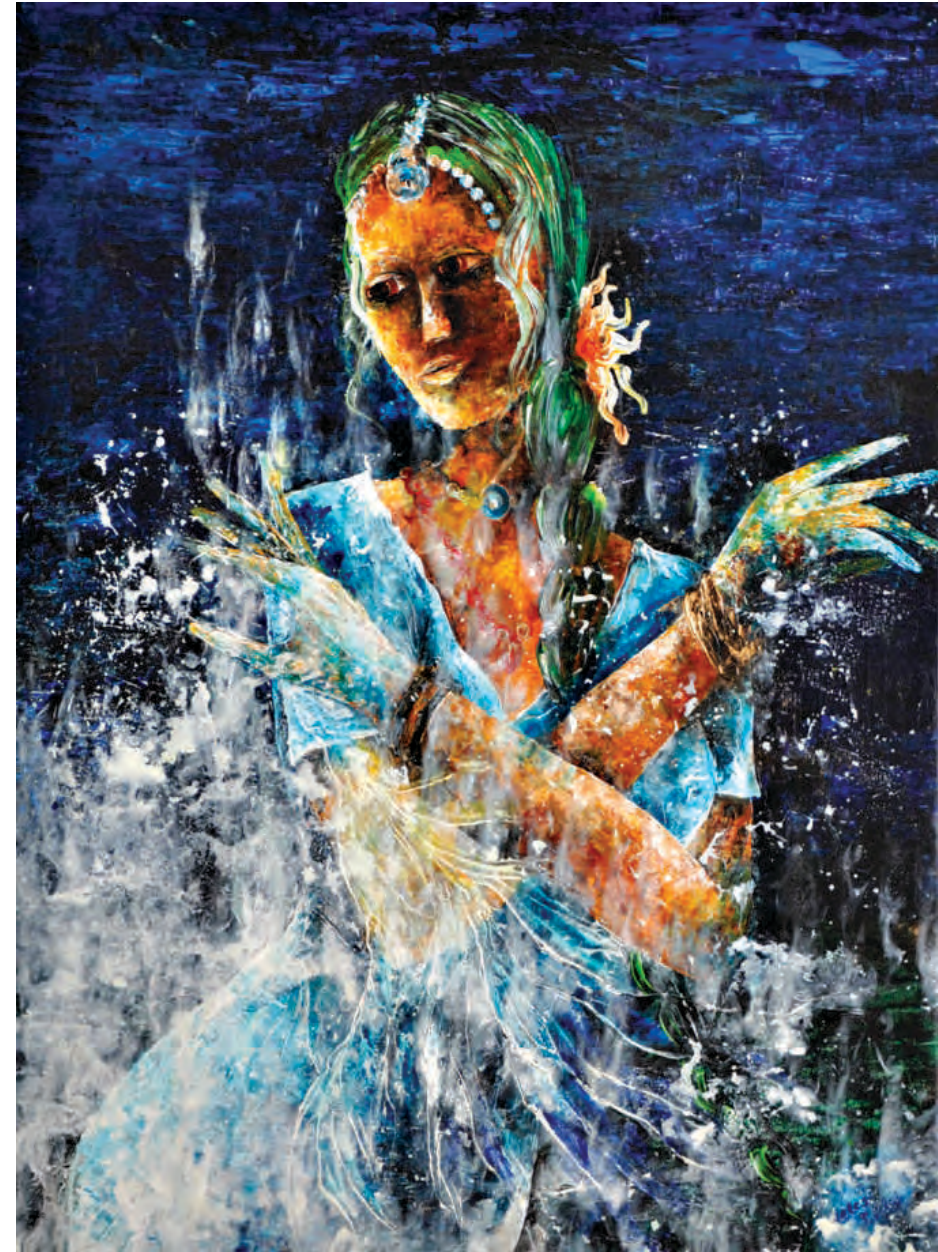


Rhythm of Elements - Acrylic on Canvas, 48"x38"

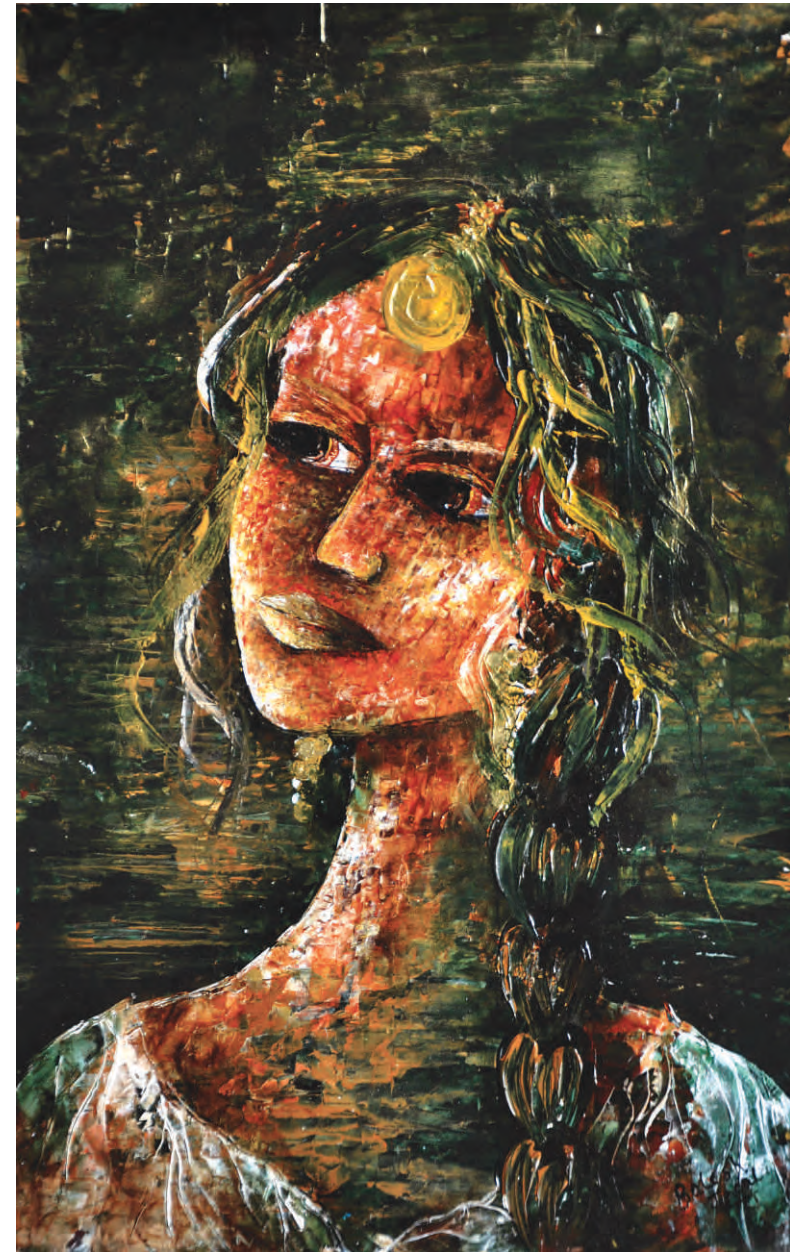
थिरक थिरक कर  
बहक बहक कर  
नाचो आज  
मेरे आँगन में  
छम छम गूँजे  
साज़ तुम्हारा  
नाच लूँ मैं भी  
थोड़ा सा  
आज

Rhythm of Elements - Acrylic on Canvas, 60"x48"





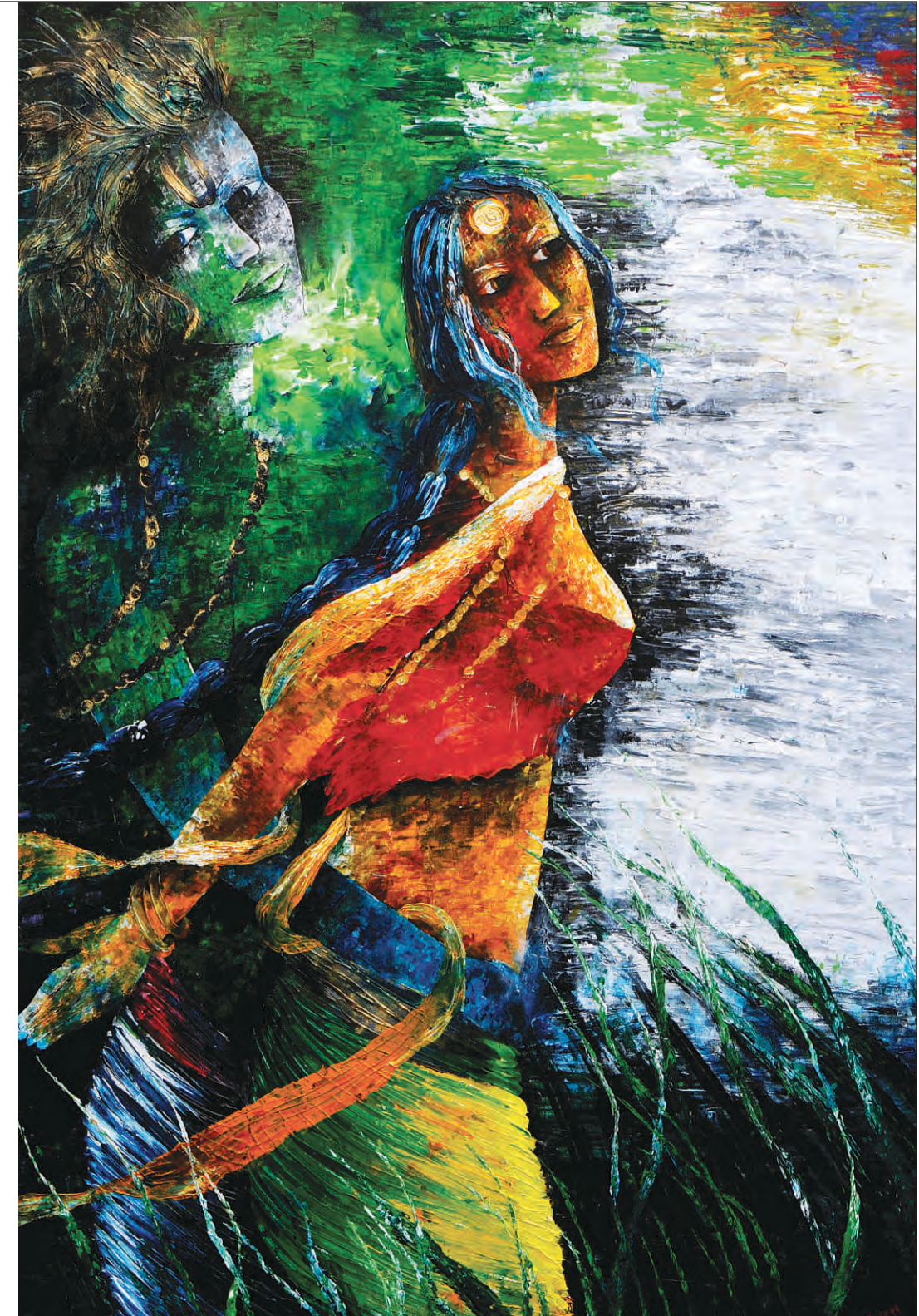
Rhythm of Elements - Acrylic on Canvas, 32"x42"



Rhythm of Elements - Acrylic on Paper, 22"x14"

इतना करीब हम आ गए,  
करीब आते ही गए  
दरया के दो किनारों में  
थोड़ा फासला तो रहे  
बिना फासले के तो माचिस में  
चिंगारी ही नहीं  
यही सोच दो कदम  
पीछे हम हट गए  
बिना कुछ कहे

Rhythm of Elements - Acrylic on Canvas, 60"x48"





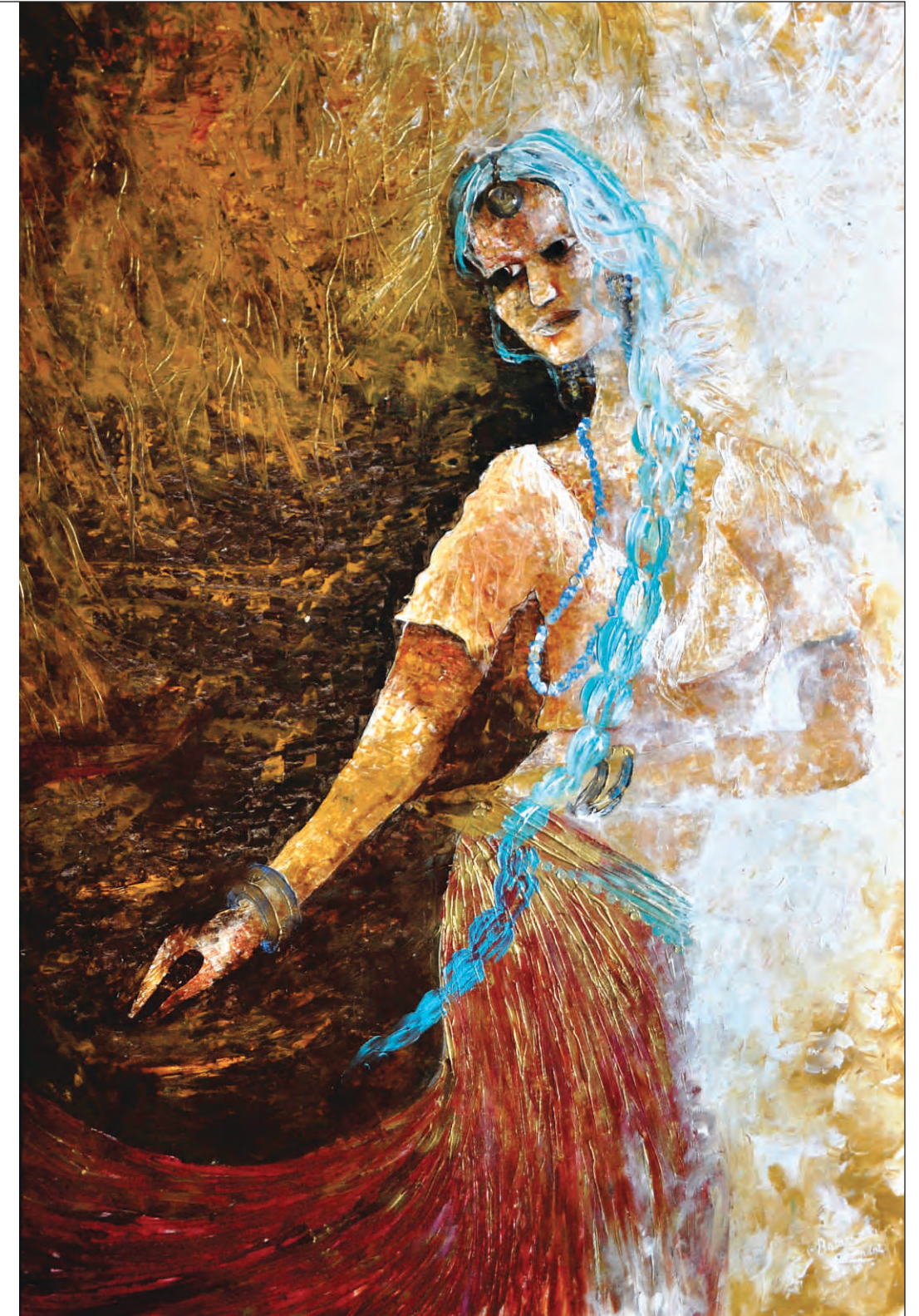
Rhythm of Elements - Acrylic on Paper, 28"x22"



Rhythm of Elements - Acrylic on Canvas, 28"x22"

घिर आये  
बदल आज  
उमड़ आये  
कुछ अनकहे  
सवाल आज  
किस से पूछूँ  
उनके जवाब  
या चुप ही रहूँ

Rhythm of Elements - Acrylic on Canvas, 60"x48"



Rhythm of Elements - Acrylic on Canvas, 48"x38" each



मन कहे  
उड़ चलू  
कहीं इन  
बादलों में  
भर लूँ ये  
मोती सी बूँदें  
अपने हाथों में  
क्यों बरस रही ये भटकी सी  
मेरे भूले ख्वाबों  
की तरह



Rhythm of Elements - Acrylic on Canvas, 22"x14" each

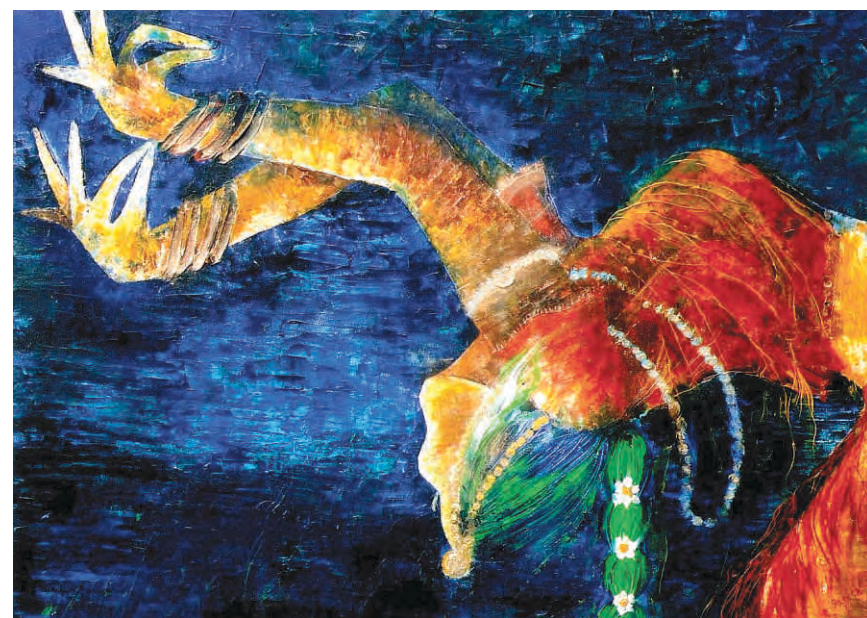




Rhythm of Elements - Acrylic on Canvas, 28"x22"



Rhythm of Elements - Acrylic on Canvas, 60"x48"



Rhythm of Elements - Acrylic on Canvas, 42"x32"



Rhythm of Elements - Acrylic on Canvas, 22"x14" each

हाँ  
में तैयार  
हूँ  
रोज़ एक  
नई  
अग्नि परीक्षा  
के लिए

## Exhibitions

- ★ Solo show Nehru centre London 2013
- ★ Group show in South Africa sponsored by ICCR in Pretoria Johannesburg Durban
- ★ Solo show preview 'As You Like It' sponsored by Miele Dec. 2011
- ★ Group Show Sheraton Hotel Organised by Kalptaru Society 2011
- ★ Solo show Indo German Chamber of Commerce 2009
- ★ 'Stree' Group show at Art Mall 2011
- ★ Group Show sponsored by Seagrams India ' Wine Art' Mystiq Art Gallery 2010
- ★ All India Art Competition Art Mall 2010
- ★ 'Stree' Women's Art Show Art Mall New Delhi 2010
- ★ Group show Mumbai Cricket Club titled 'Cheers' 2010
- ★ Group Show PHD chamber of commerce 2010 Kalptaru Society
- ★ Solo Show ' As You Ilke It' Azad Bhavan Sponsored by ICCR
- ★ Group show Luxurion Hyat Regency Mumbai 2009 .Mystiq Art Gallery
- ★ Group Show NEHRU CENTRE Mumbai 2009 Mystiq Art Gallery
- ★ "ONCE UPON A TIME" A solo Show INDIA HABITAT CENTRE 2009
- ★ All India Contemporary Art Competition Art Mall Delhi 2009
- ★ "Summer Scent" Gita Art Gallery 2009
- ★ All India Women's Art Show Art Mall 2009
- ★ "Spring Of Our Discontent" Mystiq Art Gallery Solo Show 2009
- ★ Dhoomimal Art Gallery Epicenter Gurgaon 2008
- ★ "Twenty Twenty" Group Show Mystiq Art Gallery 2008
- ★ Visual Arts Gallery Group Show 2008
- ★ Alliance Française Group Show 2008
- ★ Shanta Art Gallery " Midsummers Night Dream" solo show 2008
- ★ Art Mall Women's Day Art show 2008
- ★ Open Palm Court Group show 2008
- ★ Art wall Radisson Hotel organized by Nayan Art Gallery 2007
- ★ " Strokes " Chinmaya Mission organized by Aniha Art Gallery 2007
- ★ Open Palm Court Gallery "Relative Identities' Solo Exhibition 2007
- ★ Aniha Art Gallery Delhi Gymkhanna Club Group show 2007
- ★ Collectors Stop Group show 2006
- ★ Kalptaru Society Exhibition Vasant Continental Hotel Group show 2006
- ★ Open Palm Court Gallery Group show 2006
- ★ Visual Arts Gallery India Habitat Center Group show 2003
- ★ Geeta Art Gallery Oberoi and Marriot Hotel 1996 1997

## About Routes 2 Roots

Routes 2 Roots is a Delhi-based Non-Profit Organization, constantly striving to bridge the socio-cultural distance between India and the world through music and art thereby becoming cultural diplomats to the world. 8 Years since its inception our shows and exhibitions have traveled to more than 20 cities in India and to 12 international cities in Russia, China, United Kingdom, Sri Lanka, Pakistan and South Africa. Routes 2 Roots are a member of World Association of NGOs and FICCI SAARC Forum. We host Exhibitions, Cultural Performing Arts, DVD/CD releases, Student Exchange Programs and Oral Histories Exchange Programs in India and abroad. Routes 2 Roots cultural diplomacy has a global scope and features work and presentation from all regions of the world.

Routes 2 Roots has been working closely with Indian Council for Cultural Relations and Ministry of Culture and has to its credit various international festivals held on country to country reciprocal basis like celebrations of 60 years of diplomatic ties with India and China, in China, celebrations of 65 years of diplomatic relation between India and Russia in Moscow and St. Petersburg, festival of India in South Africa and presentation of Honorary Doctorate to the Indian superstar Mr. Shah Rukh Khan in UK. In a short span of 8 years Routes 2 Roots has developed into a large international cultural organisation capable of hosting large domestic and international projects. The programs hosted by Routes2Roots have been honoured by the visit of world leaders including the President of India, Prime Minister of Sri Lanka and Pakistan and various other Ministers, Ambassadors and have got wide coverage from the electronic and print media. Routes 2 Roots works with public, private, and non profit institutions to design implement and develop programs globally to share best practices, strengthen mutual understanding and build lasting relationships. Routes 2 Roots also curates and hosts exhibitions by renowned and upcoming artists to project Artists impressions on canvas which does not recognise boundaries.

## About Balesh Jindal

Balesh is a doctor by profession, yet she has been painting for the past twenty years. Balesh has had many group and Solo shows in Delhi and many cities of India and abroad. Her paintings adorn the walls of numerous prominent art collectors within the country and abroad. She generally refrains from titling her paintings because she finds that a word, or phrase, can never truly articulate the emotion; she does, however, accompany her paintings with a verse. Balesh has honed her skills with the palette knife. Her works have a very rich texture and luminosity as her work combines the art of painting and sculpture on paper and canvas. Her works have a romance in them that is difficult to describe yet can be felt as one views her works and gets transported to the imaginary world of story telling. The obvious question is why would a doctor feel the need to paint. The answer would be 'Why Not 'It is most natural for a doctor to feel the need to express herself when one is inundated with so much suffering, so much misery, so much observation of the human race. Watching the best of people fall to the lowest depths and the worst of them rise to saintly levels of goodness. The mind is numbed by questions and doubts and then all one can do is turn to art.

Why figurative? I have been asked over and over again. People, and the way they live and behave is my profession and my passion and as Jean Paul Sartre said

'Everything has been figured out,  
Except how to live!'

Balesh Jindal

